

**To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP.**

**Table of Contents**

1.0 Description of the Procedure, Product, or Service..... 1  
1.1 Definitions ..... 1

2.0 Eligibility Requirements ..... 2  
2.1 Provisions..... 2  
2.1.1 General..... 2  
2.1.2 Specific ..... 2  
2.2 Special Provisions..... 2  
2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age ..... 2

3.0 When the Procedure, Product, or Service Is Covered..... 3  
3.1 General Criteria Covered ..... 3  
3.2 Specific Criteria Covered..... 3  
3.2.1 Specific criteria covered by Medicaid ..... 3  
3.2.2 Medicaid Additional Criteria Covered..... 4

4.0 When the Procedure, Product, or Service Is Not Covered..... 4  
4.1 General Criteria Not Covered ..... 4  
4.2 Specific Criteria Not Covered..... 4  
4.2.1 Specific Criteria Not Covered by Medicaid..... 4  
4.2.2 Medicaid Additional Criteria Not Covered..... 4

5.0 Requirements for and Limitations on Coverage ..... 4  
5.1 Prior Approval ..... 4  
5.2 Prior Approval Requirements ..... 5  
5.2.1 Prior Approval for Beneficiaries over 1 Year of Age..... 5  
5.2.2 Prior Approval for Beneficiaries 1 Year of Age or Younger.... **Error! Bookmark not defined.**  
5.3 Lifetime Limit..... **Error! Bookmark not defined.**

6.0 Provider(s) Eligible to Bill for the Procedure, Product, or Service ..... 5  
6.1 Provider Qualifications and Occupational Licensing Entity Regulations..... 5  
6.2 Provider Certifications..... 5

7.0 Additional Requirements ..... 5  
7.1 Compliance ..... 5

8.0 Policy Implementation/Revision Information..... 7

Attachment A: Claims-Related Information..... 10  
A. Claim Type ..... 10  
B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS) ..... 10

C.	Code(s).....	10
D.	Modifiers.....	11
E.	Billing Units.....	11
F.	Place of Service .....	11
G.	Co-payments .....	11
H.	Reimbursement .....	11

**Related Clinical Coverage Policies**

Refer to <https://medicaid.ncdhhs.gov/> for the related coverage policies listed below:  
4A, *Dental Services*

## **1.0 Description of the Procedure, Product, or Service**

Surgery of the lingual frenulum includes incision, excision, or surgical alteration of a short frenum to free the tongue and allow greater range of motion of the tongue.

### **1.1 Definitions**

#### **Ankyloglossia or Tongue-tied**

Identifies conditions ranging in severity from a malposition of the frenulum on the underside of the tongue to partial or total fusion of the tongue to the floor of the mouth. Normally the frenulum does not impede the movement of the tip of the tongue but when the frenulum is too short or attaches close to the tip of the tongue, it restricts the movement of the tongue and may cause difficulty with feeding in infants and speech development in children.

#### **Frenum**

This is a restraining structure consisting of connective tissue covered by a mucous membrane that attaches the cheek, lips and tongue to the associated dental mucosa.

#### **Frenectomy**

A surgical procedure that removes the lingual frenum of the tongue.

#### **Frenotomy**

This is a surgical procedure where the frenum is incised and not removed.

#### **Frenuloplasty**

This is a surgical revision of the lingual frenum with Z-plasty.

#### **Frenulectomy**

Methods of excising a frenum. This procedure involves a simple excision or removal of a wedge section of the frenum.

#### **Lingual frenectomy**

This is a common type of frenectomy procedure performed on individuals who have been diagnosed with ankyloglossia. In these individuals, the frenum attachment of the tongue is attached to the lower jaw in a position that prevents unrestricted movement of the tongue and typically affects speech.

## 2.0 Eligibility Requirements

### 2.1 Provisions

#### 2.1.1 General

*(The term “General” found throughout this policy applies to all Medicaid policies)*

- a. An eligible beneficiary shall be enrolled in the NC Medicaid Program *(Medicaid is NC Medicaid program, unless context clearly indicates otherwise)*.
- b. Provider(s) shall verify each Medicaid beneficiary’s eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.

#### 2.1.2 Specific

*(The term “Specific” found throughout this policy only applies to this policy)*

- a. **Medicaid**  
None Apply.

### 2.2 Special Provisions

#### 2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

- a. **42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]**

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary’s physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary’s right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

1. that is unsafe, ineffective, or experimental or investigational.
2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

**b. EPSDT and Prior Approval Requirements**

1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.
2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide*, and on the EPSDT provider page. The Web addresses are specified below.

*NCTracks Provider Claims and Billing Assistance Guide:*

<https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html>

EPSDT provider page: <https://medicaid.ncdhhs.gov/>

### 3.0 When the Procedure, Product, or Service Is Covered

*Note: Refer to Subsection 2.2 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.*

#### 3.1 General Criteria Covered

Medicaid shall cover the procedure, product, or service related to this policy when medically necessary, and:

- a. the procedure, product, or service is individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness or injury under treatment, and not in excess of the beneficiary's needs;
- b. the procedure, product, or service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the procedure, product, or service is furnished in a manner not primarily intended for the convenience of the beneficiary, the beneficiary's caretaker, or the provider.

#### 3.2 Specific Criteria Covered

##### 3.2.1 Specific criteria covered by Medicaid

Medicaid shall cover Surgery of the Lingual Frenulum when the beneficiary meets the following criteria:

- a. diagnosis of ankyloglossia;
- b. there is evidence of recession in the gingival tissues adjacent to the lower anterior teeth,

**OR**

- c. the tongue-tip cannot extend upward to the posterior alveolar ridge and/or molars, or the anterior alveolar ridge and/or incisors;  
**AND**
- d. there is significant dysfunction in feeding, speaking, or maintaining oral hygiene, as indicated by medical record or dental record documentation of one of the following:
  - 1. the type of feeding difficulty, beneficiary's height and weight (when ankyloglossia treatment is indicated due to an impact upon growth), and the results of other treatment measures attempted; or
  - 2. the severity of the articulation disorder, as determined by a formal speech/language evaluation; or
  - 3. the oral hygiene issues involved, and the results of other treatment measures attempted.

### **3.2.2 Medicaid Additional Criteria Covered**

None Apply.

## **4.0 When the Procedure, Product, or Service Is Not Covered**

*Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.*

### **4.1 General Criteria Not Covered**

Medicaid shall not cover the procedure, product, or service related to this policy when:

- a. the beneficiary does not meet the eligibility requirements listed in **Section 2.0**;
- b. the beneficiary does not meet the criteria listed in **Section 3.0**;
- c. the procedure, product, or service duplicates another provider's procedure, product, or service; or
- d. the procedure, product, or service is experimental, investigational, or part of a clinical trial.

### **4.2 Specific Criteria Not Covered**

#### **4.2.1 Specific Criteria Not Covered by Medicaid**

None Apply.

#### **4.2.2 Medicaid Additional Criteria Not Covered**

None Apply.

## **5.0 Requirements for and Limitations on Coverage**

*Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.*

### **5.1 Prior Approval**

Medicaid shall require prior approval for Surgery of the Lingual Frenulum. The provider shall obtain prior approval before rendering Surgery of the Lingual Frenulum.

**Note:** Prior approval is required for beneficiaries 2 years of age and older.

## 5.2 Prior Approval Requirements

### 5.2.1 Prior Approval

The provider(s) shall submit to the Department of Health and Human Services (DHHS) Utilization Review Contractor the following:

- a. the prior approval request;
- b. all health care records and any other records that support the beneficiary has met the specific criteria in **Subsection 3.2** of this policy; and

**Note:** For a Medicaid beneficiary under 21 years of age, information supporting that all EPSDT criteria are met and evidence-based literature supporting the request, if available.

### 5.2.2 Specific

Prior approval is not required for a beneficiary aged 1 year or younger when they meet criteria in **Section 3.2.1**. Prior approval is required for beneficiaries aged 2 years and older or beneficiaries aged 1 year and younger who do not meet criteria in **Section 3.2.1**

## 5.3 Additional Limitations or Requirements

None Apply

## 6.0 Provider(s) Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

### 6.1 Provider Qualifications and Occupational Licensing Entity Regulations

None Apply.

### 6.2 Provider Certifications

None Apply.

## 7.0 Additional Requirements

*Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.*

### 7.1 Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and

- b. All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s).



## 8.0 Policy Implementation/Revision Information

Original Effective Date: January 1, 1974

### Revision Information:

Date	Section Revised	Change
04/01/2004	Sections 1.0, 3.0, and 5.0	Added “stripping of tissues lingual to lower anterior teeth”
04/01/2004	Section 5.1	Exempted recipients ≤ 30 days of age from PA for 41010 or 41115 when 750.0 and 779.3 are on claim.
04/01/2004	Section 6.0	Added dentists
09/01/2005	Section 2.0	A special provision related to EPSDT was added.
12/01/2005	Subsection 2.2	The web address for DMA’s EPSDT policy instructions was added to this section.
11/01/2006	Sections 2.0 through 5.0	A special provision related to EPSDT was added.
05/01/2007	Sections 2 through 5	EPSDT information was revised to clarify exceptions to policy limitations for recipients under 21 years of age.
07/01/2007	Subsection 3.1	General coverage criteria were added to the policy.
07/01/2007	Subsection 3.2	The specific coverage criteria were revised.
07/01/2007	Subsection 4.1	The general coverage criteria were revised.
07/01/2007	Section 5.0	Prior approval requirements were clarified.
07/01/2007	Subsection 8.3	Dental codes were added to the policy.
07/01/2010	Throughout	Policy Conversion: Implementation of Session Law 2009-451, Section 10.32 “NC HEALTH CHOICE/PROCEDURES FOR CHANGING MEDICAL POLICY.”
03/12/2012	Throughout	Technical changes to merge Medicaid and NCHC current coverage into one policy.
07/01/2012	Subsection 5.1	Require PA for recipients over 1 year of age.
07/01/2012	Subsection 5.2	Exempted recipients 1 year of age or younger from PA for 41010 or 41115 when 750.0 is on the claim.
07/01/2012	Subsection 5.2	Removed diagnosis code 779.3 to describe condition of infant.
07/01/2012	Section 1.0	Added (otherwise known as ankyloglossia, tongue-tie, or high frenulum attachment)
07/01/2012	Subsection 1.1	Added Definition, Tongue-tie or ankyloglossia means a condition that restricts the tongue’s range of motion
07/01/2012	Subsection 5.2.2	Deleted “the” and added “a diagnosis of Tongue tie (Ankyloglossia)”
07/01/2012	Subsection 5.2.2	Added 3. surgical revision of frenum, eg, with Z-plasty (frenuloplasty)

07/01/2012	Subsection 5.2.2	c. Prior approval is not required for newborns with ankyloglossia and feeding difficulties while in the hospital after delivery and recipients 1 year of age or younger diagnosed with ankyloglossia and feeding difficulties while in the hospital for another unrelated procedure, as long as the procedure is performed prior to discharge from the hospital.
08/15/2012	Subsection 5.2.2	Replaced “infant” with “beneficiary.”
08/15/2012	Throughout	Replaced “recipient” with “beneficiary.”
10/01/2015	All Sections and Attachments	Updated policy template language and added ICD-10 codes to comply with federally mandated 10/1/2015 implementation where applicable.
03/15/2019	Table of Contents	Added, “To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after November 1, 2019, please contact your PHP.”
03/15/2019	All Sections and Attachments	Updated policy template language.
12/04/2019	Table of Contents	Updated policy template language, “To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP.”
12/04/2019	Attachment A	Added, “Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.
01/15/2023	Attachment A, Letter B	Table of ICD-10-CM Code(s) removed.
01/15/2023	Attachment A, Letter C	In the table, the HCPCS title was changed to Current Dental Terminology (CDT). Code D7960 was end-dated. D7961 and D7962 were added to the table.
4/15/2023	All Sections and Attachments	Updated policy template language due to North Carolina Health Choice Program’s move to Medicaid. Policy posted 8/15/2023 with an effective date of 4/1/2023.
12/15/2023		Fixed minor formatting issue posting and amended date not changed.
09/01/2024	Throughout the policy	Added “the” to the title of the policy.
09/01/2024	Section 1.0	Added a list of definitions created from definitions previously included in subsection 5.2.2
09/01/2024	Subsection 5.1	Added text to align with the revised Clinical Policy Development template. Age was clarified. Text “over 1 year of age” was changed to “2 years of age and older.”

09/01/2024	Subsection 5.2	Text “over 1 year of age” was changed to “2 years of age and older.” Text was changed to align with the Clinical Policy Development template.
09/01/2024	Subsection 5.2.2	Text with definitions was deleted and moved to Section 1.0. Text was updated to be more concise.
09/01/2024	Subsection 5.3	This section header was deleted with the text moved to Attachment A, Letter C.
09/01/2024	Attachment A, Letter C	Text “ <b>Note:</b> Surgery of the lingual frenulum is limited to once per lifetime.” was deleted from Subsection 5.3 and moved to this subsection.
09/01/2024	Attachment A, Letter F	“Office” was made more specific by adding “Physician’s Office or “Dental Office.”

## Attachment A: Claims-Related Information

Provider(s) shall comply with the, *NCTracks Provider Claims and Billing Assistance Guide*, Medicaid bulletins, fee schedules, NC Medicaid’s clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid.

### A. Claim Type

Professional (CMS-1500/837P transaction)

Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.

### B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)

Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service.

Dental providers should refer to clinical coverage policy 4A, *Dental Services*, on NC Medicaid's website at <https://medicaid.ncdhhs.gov/>, for the specific covered codes and billing guidelines.

### C. Code(s)

Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy.

If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

CPT Code(s)	Current Dental Terminology (CDT) Code(s)
41010	D7961
41115	D7962
41520	D7963

**Note:** Surgery of the lingual frenulum is limited to once per lifetime.

#### Unlisted Procedure or Service

**CPT:** The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

**HCPCS:** The provider(s) shall refer to and comply with the Instructions for Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service.

**D. Modifiers**

Provider(s) shall follow applicable modifier guidelines.

**E. Billing Units**

Provider(s) shall report the appropriate code(s) used which determines the billing unit(s).

**F. Place of Service**

Inpatient, Outpatient, Physician's Office or Dental Office.

**G. Co-payments**

For Medicaid refer to Medicaid State Plan:

<https://medicaid.ncdhhs.gov/meetings-notices/medicaid-state-plan-public-notices>

**H. Reimbursement**

Provider(s) shall bill their usual and customary charges.

For a schedule of rates, refer to: <https://medicaid.ncdhhs.gov/>