NC Medicaid

Pregnancy <u>Management Program</u> Medical Home

DRAFT

To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP. Table of Contents

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This clinical coverage policy has an effective date of December 1, 2020; however, until the end of the public health emergency, the temporary coverage and reimbursement flexibilities enabled by NC Medicaid through a series of COVID-19 Special Medicaid Bulletins will remain in effect.

Related Clinical Coverage Policies

Refer to <u>https://medicaid.ncdhhs.gov/</u> for the related coverage policies listed below: 1E-5 *Obstetrics* 1K-7, *Prior Approval for Imaging Procedures* 1E-7, *Family Planning Services*

1E-4, *Fetal Surveillance*

1-H, Telehealth, Virtual Patient Communications, and Remote Patient Monitoring

1.0 Description of the Procedure, Product, or Service

The Pregnancy Medical Home (PMH) Management Program (PMP) (formerly Pregnancy Medical Home - PMH) is a care program with a set of mandatory standards and clinical initiatives aimed at improving the quality of pregnancy care, improving maternal and infant outcomes and reducing health care costs. services are defined as pregnancy, and perinatal care for Medicaid beneficiaries.

managed care services to provide obstetric care to a pregnant Medicaid beneficiary with the goal of improving the quality of maternity care, improving birth outcomes, and providing continuity of care. The PMPH seeks to engage the participation of any provider that is eligible to bill NC Medicaid (Medicaid) for obstetric services. Unlike the PMH program, there is no enrollment requirement for the PMP. All providers eligible to bill NC Medicaid (Medicaid) for obstetric services are considered participating PMP providers. Case Management services are provided for a pregnant Medicaid beneficiary who is determined to be high-risk and qualify for services.

A key feature of the PMP is the continued use of the standardized screening tool to identify and refer women at risk for an adverse birth outcome to the Care Management for High-Risk Pregnant Women (CMHRP) program, a more intense set of care management services that will be is coordinated and provided by Local Health Departments (LHDs). Together, these two programs will work to improve the overall health of women and newborns across the state.

Similar to today, all PMP providers will be required to ensure appropriate coordination with LHD care managers for the sub-set of their practice population who receive CMHRP services.

To allow the **PMHPMP** to stay abreast of PMPH beneficiary medical needs, <u>LHD care managers</u> NC Medicaid's designated vendor shall provide the PMPH alerts, including: emergency department (ED) visits, visits to a specialist, missed appointments, and etc.

1.1 High-Risk Pregnancy Definition

A pregnancy that threatens the health or life of the beneficiary or fetus, often requiring specialized care.

Note: Refer to Subsection 3.2.2b(e) Risk Factors Related to High-Risk Pregnancy

Note: The qualified **PMH PMP** provider shall adhere to documented guidelines in clinical coverage policy 1E-5 *Obstetrics*, at <u>https://medicaid.ncdhhs.gov/</u>.

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2.0 Eligibility Requirements

2.1 Provisions

2.1.1 General

(*The term "General" found throughout this policy applies to all Medicaid and NCHC policies*)

- a. An eligible beneficiary shall be enrolled in either:
 - 1. the NC Medicaid Program (Medicaid is NC Medicaid program, unless context clearly indicates otherwise); or
 - 2. the NC Health Choice (*NCHC is NC Health Choice program, unless context clearly indicates otherwise*) Program on the date of service and shall meet the criteria in **Section 3.0 of this policy**.
- b. Provider(s) shall verify each Medicaid or NCHC beneficiary's eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.
- d. Following is only one of the eligibility and other requirements for participation in the NCHC Program under GS 108A-70.21(a): Children must be between the ages of 6 through 18.

2.1.2 Specific

(*The term "Specific" found throughout this policy only applies to this policy*) a. <u>Medicaid</u>

None Apply.

b. <u>NCHC</u>

NC Health Choice (NCHC) shall not cover **PMH PMP**. A NCHC beneficiary, ages 6 through 18 years of age, who becomes pregnant shall be transitioned to another appropriate Medicaid eligibility category that includes pregnancy coverage, if eligible.

2.1.3 Regular Medicaid

Refer to clinical coverage policy 1E-5, *Obstetrics* at <u>https://medicaid.ncdhhs.gov/</u>.

2.1.4 Medicaid for Pregnant Women

Refer to clinical coverage policy 1E-5, *Obstetrics* at <u>https://medicaid.ncdhhs.gov/</u>. Prior approval for an MPW beneficiary as documented in **Subsection 5.1** in clinical coverage policy 1E-5, *Obstetrics* at <u>https://medicaid.ncdhhs.gov/</u> is effective for the <u>PMHPMP</u>.

2.1.5 Undocumented Aliens

Refer to clinical coverage policy 1E-5, *Obstetrics* at <u>https://medicaid.ncdhhs.gov/</u>.

2.1.6 Presumptive Eligibility

Section 1920(b) of the Social Security Act allows for a pregnant woman who is determined by a qualified provider to be presumptively eligible for Medicaid to receive ambulatory antepartum care, including pharmacy, laboratory, and diagnostic tests, while her eligibility status is being determined.

The pregnant woman shall apply for Medicaid no later than the last day of the month following the month she is determined presumptively eligible. If the pregnant woman fails to apply for Medicaid within this time period, she is eligible only through the last calendar day of the month following the month she is determined presumptively eligible. If the pregnant woman applies for Medicaid within this time frame, she remains presumptively eligible for Medicaid until the local department of social services makes a determination on her application.

In the case of a woman who does not file an application by the last day of the month following the month during which the provider makes the determination, the presumptive eligibility period ends.

Note: Presumptive eligibility is limited to one presumptive eligibility period per pregnancy.

2.1.7 Retroactive Eligibility

Refer to *NCTracks Provider Claims and Billing Assistance Guide*: <u>https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html</u>

2.2 Special Provisions

2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

a. 42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary's physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary's right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

- 1. that is unsafe, ineffective, or experimental or investigational.
- 2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

b. EPSDT and Prior Approval Requirements

- 1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.
- 2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide,* and on the EPSDT provider page. The Web addresses are specified below.

NCTracks Provider Claims and Billing Assistance Guide: https://www.nctracks.nc.gov/content/public/providers/providermanuals.html

EPSDT provider page: https://medicaid.ncdhhs.gov/

- **2.2.2 EPSDT does not apply to NCHC beneficiaries**
- 2.2.3 Health Choice Special Provision for a Health Choice Beneficiary age 6 through 18 years of age

NC Medicaid shall deny the claim for coverage for an NCHC beneficiary who does not meet the criteria within **Section 3.0** of this policy. Only services included under the NCHC State Plan and the NC Medicaid clinical coverage policies, service definitions, or billing codes are covered for an NCHC beneficiary.

3.0 When the Procedure, Product, or Service Is Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

3.1 General Criteria Covered

Medicaid and NCHC shall cover the procedure, product, or service related to this policy when medically necessary, and:

- a. the procedure, product, or service is individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness or injury under treatment, and not in excess of the beneficiary's needs;
- b. the procedure, product, or service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the procedure, product, or service is furnished in a manner not primarily intended for the convenience of the beneficiary, the beneficiary's caretaker, or the provider.

3.1.1 Telehealth Services

As outlined in Attachment A, select services within this clinical coverage policy may be provided via telehealth. Services delivered via telehealth must follow the requirements and guidance set forth in Clinical Coverage Policy 1-H: Telehealth, Virtual Patient Communications, and Remote Patient Monitoring.

3.2 Specific Criteria Covered

3.2.1 Specific criteria covered by both Medicaid and NCHC None Apply.

3.2.2 Medicaid Additional Criteria Covered

3.2.2.1 Antepartum Care

Antepartum care shall be covered in accordance according to with clinical coverage policy #1E-5, *Obstetrics* at https://medicaid.ncdhhs.gov/.

3.2.2.2 Individual Antepartum Services

Refer to clinical coverage policy 1E-5, *Obstetrics* at <u>https://medicaid.ncdhhs.gov//</u>, for additional information on coverage of Evaluation and Management (E/M) services and individual antepartum care.

3.2.2.3 Counseling

Refer to clinical coverage policy 1E-5, *Obstetrics* at <u>https://medicaid.ncdhhs.gov/</u>, for information on counseling services.

3.2.2.4 Fetal Surveillance Testing

Refer to clinical coverage policy 1E-4 *Fetal Surveillance* at <u>https://medicaid.ncdhhs.gov/</u>, for information on fetal surveillance services.

Refer to clinical coverage policy 1K-7, *Prior Approval for Imaging Procedures* at <u>https://medicaid.nedhhs.gov//</u>, for information for obstetric ultrasounds and other imaging services.

3.2.2.5 Risk Factors Related to High-Risk Pregnancy

The **PMH PMP** model designates certain pregnancy risk factors as "priority" risk factors for the purposes of ensuring the beneficiary with these risk factors is assessed by a care manager. Refer to **Attachment B** for a list of current risk factors. This list does not represent a comprehensive list of indications for which a beneficiary would receive case management, nor is it the complete list of the risk screening for which **PMH PMP**'s are responsible.

3.2.2.6 Pregnancy Risk Screen and Care Management

The Pregnancy Management Program Medical Home provider shall complete risk screening on all pregnant Medicaid beneficiaries participating in a PMHPMP. The screening must be completed by a physician, nurse practitioner, certified nurse midwife, physician assistant or registered nurse. All pregnant Medicaid beneficiaries determined to be high-risk after screening shall receive case management in proportion to the level of their identified need as determined through assessment by a pregnancy care manager in the Care Management for High-Risk Pregnancy Program (CMHRP).

3.2.2.7 Pregnancy Care Management Services

- a. Pregnancy care management services must begin with the initial assessment and continue as long as the need exists during the pregnancy.
- b. Pregnancy care management services may begin in the postpartum period if not identified during the antepartum period. Pregnancy care management services shall end on the last day of the month in which the 60th postpartum day occurs.
- c. If the beneficiary is receiving case management services at the time of the referral, the new pregnancy care manager and the current care manager shall determine who shall be the lead care manager with the beneficiary during the pregnancy.
- b. Pregnancy care managers shall work in partnership with <u>PMH</u> <u>PMP</u> providers to ensure proper care of the beneficiary during the pregnancy.
- c. The pregnancy care manager shall refer an MPW beneficiary at the end of her postpartum Medicaid eligibility period to the Family Planning (FP) program.
- d. For a beneficiary with **full** regular Medicaid, the pregnancy care manager shall ensure that the beneficiary is referred back to her original provider of care prior to the pregnancy. If she does not have a health care provider, the pregnancy care manager shall assist in connecting the beneficiary to a primary care provider of her choice.

Note: Refer <u>https://medicaid.ncdhhs.gov/</u>, for information on other Medicaid services.

3.3 Package Services

Refer to clinical coverage policy 1E-5, *Obstetrics* at, for information on antepartum package, global obstetrics, and postpartum package services.

3.4 Referrals

Current Primary Care Provider (PCP) guidelines require a Carolina Access (CA) beneficiary to receive a referral before seeing a specialist. Guidelines for PMH <u>PMP</u> providers are as follows:

- Referrals to PMH <u>PMP</u> providers to initiate obstetric care shall only be necessary if the beneficiary is enrolled in CA.
- b. Prior approval requirements for an MPW beneficiary still apply.
- c. If a PCP and the PMH <u>PMP</u> is the same provider and the beneficiary becomes pregnant, no referral is necessary.
- d. If the PMH <u>PMP</u> and the PCP are different providers and the beneficiary is enrolled in CA, the beneficiary needs a referral from the PCP to be seen by the PMH <u>PMP</u>.
- e. If the beneficiary is not enrolled in CA, no referral is needed to initiate obstetric care at a PMH <u>PMP</u>.
- f. If the beneficiary is enrolled with a CA PCP, a referral is required from the PCP to see a specialist.
- g. If the beneficiary is not enrolled in CA, the beneficiary does not need a referral to see a specialist.

4.0 When the Procedure, Product, or Service Is Not Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

4.1 General Criteria Not Covered

Medicaid and NCHC shall not cover the procedure, product, or service related to this policy when:

- a. the beneficiary does not meet the eligibility requirements listed in Section 2.0;
- b. the beneficiary does not meet the criteria listed in Section 3.0;
- c. the procedure, product, or service duplicates another provider's procedure, product, or service; or
- d. the procedure, product, or service is experimental, investigational, or part of a clinical trial.

4.2 Specific Criteria Not Covered

4.2.1 Specific Criteria Not Covered by both Medicaid and NCHC None Apply.

4.2.2 Medicaid Additional Criteria Not Covered

None Apply.

4.2.3 NCHC Additional Criteria Not Covered

- a. NCGS § 108A-70.21(b) "Except as otherwise provided for eligibility, fees, deductibles, copayments, and other cost sharing charges, health benefits coverage provided to children eligible under the Program shall be equivalent to coverage provided for dependents under North Carolina Medicaid Program except for the following:
 - 1. No services for long-term care.
 - 2. No nonemergency medical transportation.
 - 3. No EPSDT.
 - 4. Dental services shall be provided on a restricted basis in accordance with criteria adopted by the Department to implement this subsection."

5.0 Requirements for and Limitations on Coverage

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

5.1 Prior Approval

Prior approval is not required.

5.2 Ultrasounds

PMPH providers are not required to obtain prior approval for any obstetrical ultrasound. Refer to **Attachment D** for a list of exempt ultrasound procedure codes.

Certain ultrasound procedures require medical necessity indication, such as a known or suspected fetal anatomic or genetic abnormality and can only be performed by specific providers. Refer to **Attachment A**, **HG** "**Reimbursement.**"

h. For all other high-tech imaging procedures, the PMH provider shall obtain prior approval before rendering the imaging procedure. Refer to clinical coverage policy F1K-7, Prior Approval for Imaging Procedures at <u>https://medicaid.nedhhs.gov/</u>, for information on obstetric ultrasounds and other imaging services.

5.3 **Program Requirements**

5.3.1 Pregnancy Risk Screening

- a. The pregnancy risk screening tool must be used to identify pregnant women in need of pregnancy care management services.
- b. Providers shall complete the pregnancy risk screening tool at the beneficiary's initial visit, and <u>at the visits closest to 28 weeks gestation and 36 weeks gestation</u>; and follow-up screening any time there is a maternal or fetal change in condition necessitating a new risk assessment.
- c. A Medicaid beneficiary with a priority risk factor present on the pregnancy risk screening tool shall be referred for pregnancy care management assessment. A copy of the pregnancy risk screening tool must be provided to the high-risk case management agency.
- d. A beneficiary shall be eligible to receive pregnancy care management services at any time during pregnancy or the postpartum period.

Note: The Pregnancy Risk Screening Tool can be found on the following web sites:

https://medicaid.ncdhhs.gov/providers/forms

Note: Refer to Attachment C for Requirements for PMP Providers

6.0 Providers Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid or NCHC qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and

c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

6.1 **Provider Qualifications and Occupational Licensing Entity Regulations**

Individual physicians or physician groups, <u>nurse practitioners, certified nurse midwives</u>, and physician assistants enrolled with Medicaid and providing obstetrical services in asone of the following:_

- a. General <u>Medicine</u>;/f
- b. <u>Family Medicine practice</u>;
- c. Obstetrics and Gynecology; or
- d. Multi-specialty.;
- e. <u>Federally Qualified Health Clinics (FQHC);</u>
- f. <u>Rural Health Clinics (RHC); or</u>
- g. Local Health Departments (LHD).
 - 1. Federally Qualified Health Clinics (FQHC);
 - 2. Rural Health Clinics (RHC);
 - 3. Nurse Practitioners;
 - 4. Certified Nurse Midwives;
 - 5. Physician Assistants

6.2 **Provider Certifications**

None Apply.

7.0 Additional Requirements

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

7.1 Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and
- All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s)

8.0 Policy Implementation/Revision Information

Original Effective Date: March 1, 2011

Revision Information:

Date	Section Revised	Change	
03/1/11	Throughout	Initial promulgation of new policy for	
		Pregnancy Medical Home	
03/9/11	Subsection 6.0.b.4	Removed reference to local health departments	
03/9/11	Attachment A: H	Removed reference to local health departments	
10/15/11	Subsection 3.2.6	Specified "registered" nurse	
10/15/11	Attachment A	Deleted Institutional Claim in Attachment A:	
		Claim Type	
10/15/11	Attachment E	Updated Risk Screening Tools	
3/1/12	Throughout	Technical changes to merge Medicaid and	
		NCHC current coverage into one policy.	
3/1/12	Subsection 6.1.1	Added Physician Assistants	
8/15/12	Throughout	Updated template language	
8/15/12	Subsection 5.3.1	Deleted Pregnancy Risk Screening Tool from	
		the policy. Added links to the website to access	
		the revised Pregnancy Risk Screening Tool	
8/15/12	Throughout	Replaced "recipient" with "beneficiary."	
10/01/2015	All Sections and	Updated policy template language and added	
	Attachments	ICD-10 codes to comply with federally	
		mandated 10/1/2015 implementation where	
		applicable.	
01/01/2016	Subsection 3.2.2, 5.2	Policy amended to correlate with changes to the	
		1K-7, Prior Approval for Imaging Services	
		policy.	
01/01/2016	Attachment D	Added ultrasound code exempt from prior	
		approval (PA) for Pregnancy Medical Home	
00/1 5/2010	T 11 00 0	providers.	
03/15/2019	Table of Contents	Added, "To all beneficiaries enrolled in a	
		Prepaid Health Plan (PHP): for questions about	
		benefits and services available on or after	
02/15/2010		November 1, 2019, please contact your PHP."	
03/15/2019	All Sections and	Updated policy template language.	
12/31/2019	Attachments Table of Contents	Undeted policy templets language "To all	
12/31/2019	rable of Contents	Updated policy template language, "To all beneficiaries enrolled in a Prepaid Health Plan	
		(PHP): for questions about benefits and services	
		available on or after implementation, please	
		contact your PHP."	
12/31/2019	Attachment A	Added, "Unless directed otherwise, Institutional	
		Claims must be billed according to the National	
		Uniform Billing Guidelines. All claims must	
		comply with National Coding Guidelines".	

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Date Section Revised Change		
12/01/2020	Related Coverage Policies	Added 1E-7, Family Planning Services, 1E-4 Fetal Surveillance, and 1-H, Telehealth, Virtual Patient Communications, and Remote Patient Monitoring.
	Section 1.0	Changed plural reference of "beneficiaries" to singular "beneficiary" in this section and throughout policy where appropriate.
12/01/2020	Subsection 1.1	Updated definition of high-risk pregnancy to align with that of 1E-5 Obstetrics policy to read "A pregnancy that threatens the health or life of the beneficiary or fetus, often requiring specialized care Changed language from " Note: Refer to Subsection 3.2.5 Risk Factors Related to High- Risk Pregnancy" to " Note: Refer to Subsection 3.2.2(e) Risk Factors Related to High-Risk Pregnancy."
12/01/2020	Added Subsection 3.1.1	As outlined in Attachment A, select services within this clinical coverage policy may be provided via telehealth. Services delivered via telehealth must follow the requirements and guidance set forth in Clinical Coverage Policy 1-H: Telehealth, Virtual Patient Communications, and Remote Patient Monitoring.
12/01/2020	<u>Subsection</u> <u>3.2.2(f)(1)(E)</u>	Removed the word "Waiver" from "Family Planning Waiver" and removed "W" from "FPW"
12/01/2020	Subsection 5.3.1(b)	Removed the requirement for follow up pregnancy risk rescreen by the 28 th week of pregnancy and updated to read "follow-up screening any time there is a maternal or fetal change in condition necessitating a new risk assessment.
12/01/2020	Subsection 5.3.1(d)	Updated link to Pregnancy Risk Screen form for DHB website and removed CCNC link.
12/01/2020	Section $6.1(c)(4)$	Added the word "Certified" to Nurse Midwives.
12/01/2020	Attachment A, Letter C	Added columns to pregnancy medical home codes indicating if the services were eligible for telehealth along with the following language: Note: Telehealth eligible services may be provided to new and established patients by the eligible providers listed within this policy
12/01/2020	Attachment A, Letter D	Added the following language for telehealth services: Telehealth Claims : Modifier GT must be appended to the CPT or HCPCS code to indicate that a service has been provided via interactive audio-visual communication. This

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Date Section Revised Change		
		modifier is not appropriate for virtual patient communications or remote patient monitoring
12/01/2020	Attachment A, Letter F	Added language indicating telehealth codes should be filed with the provider's usual place of service code(s)
12/01/2020	Attachment B	Added overweight and obesity, and young or old maternal age to list of Risk Factors Related to High Risk Pregnancy.
12/01/2020	Attachment A, Letter H	Added the following language for providers billing S0280 and S0281: PMH providers shall bill the pregnancy risk screen and the postpartum plan maintenance incentives if the initial prenatal visit and postpartum visit was conducted in person or via telehealth.
12/01/2020	Added beginning of Policy	Added the language "This clinical coverage policy has an effective date of November 15, 2020; however, until the end of the public health emergency, the temporary coverage and reimbursement flexibilities enabled by NC Medicaid through a series of COVID-19 Special Medicaid Bulletins will remain in effect."
	Policy Title	Changed title of policy from 1E-6: Pregnancy Medical Home to 1E-6: Pregnancy Management Program.
	Related Clinical Coverage Policies	Removed Clinical Coverage Policy 1K-7, Prior Approval for Imaging Procedures as Prior Approval no longer applicable.
	Section 1.0	Updated Description for program change from Pregnancy Medical Home (PMH) to Pregnancy Management Program (PMP) including that there is no longer an "opt in" enrollment process.
	All Sections and Attachments	Changed Pregnancy Medical Home to Pregnancy Management Program and changed the abbreviation PMH to PMP where necessary throughout policy. Specified policy applicable to Medicaid Direct beneficiaries where necessary.
	Subsection 3.2.2.4	Removed reference to Clinical Coverage Policy <u>1K-7, Prior Approval for Imaging Procedures as</u> Prior Approval no longer applicable.
	Subsection 3.2.2.6	Added Pregnancy Risk Screen to section heading.
	Section 5.3.1	Added Reference to Attachment C for Requirements for Pregnancy Management Program providers.
	Subsection 5.2 (a)	Removed section as Prior Approval no longer applicable.

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Date	Section Revised	Change
	Subsection 5.2 (b)	Changed Reference for Attachment A from
		section H to section G for Reimbursement.
	Subsection 5.2. (c)	Removed section as Prior Approval no longer applicable.
	Subsection 5.3.1 (b)	Updated requirement for prenatal risk screen to be performed at each initial prenatal visit, and at the visits closet to 28 weeks gestation and 36 weeks gestation and follow-up screening any time there is a maternal or fetal change in condition necessitating a new risk assessment.
	<u>Attachment A,</u> Letter G	Removed the following sentence:-HCPCS code S0281 will is not be reimbursed for miscarriage, spontaneous abortion, and terminations.
	Attachment C	Updated program requirements to match those of Pregnancy Management Program in the current May 12, 2021 Program Guide for Management of High-Risk Pregnancies and At- Risk Children in Managed Care. Add requirement that the Pregnancy Risk Screen be performed at each initial prenatal visit, and at the visits closest to 28 weeks gestation and 36 weeks gestation; or at any point when the beneficiaries biopsychosocial circumstances change.
	Attachment D	Updated Pregnancy Medical Home language to Pregnancy Management Program.

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Attachment A: Claims-Related Information

Provider(s) shall comply with the, *NCTracks Provider Claims and Billing Assistance Guide*, Medicaid bulletins, fee schedules, NC Medicaid's clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid and NCHC:

A. Claim Type

Professional (CMS-1500/837P transaction)

Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.

B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)

Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.

Refer to **Section B** of **Attachment A**: Claims-Related Information of clinical coverage policy 1E-5, *Obstetrics*, at <u>https://medicaid.ncdhhs.gov/</u>, for covered ICD-10-CM diagnosis code information.

C. Code(s)

Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy.

If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

The following table contains codes for the billing of the **PMH** PMP Pregnancy Risk Screening Tool and the **PMH** PMP Postpartum plan maintenance:

HCPCS	Guidelines	Telehealth Eligible Services
Code(s)		
S0280	Providers shall bill this code after the pregnancy	Yes
	risk screening tool has been completed.	
S0281	Providers shall bill this code after the postpartum	Yes
	visit is completed.	

Note: Telehealth eligible services may be provided to new and established patients by the eligible providers listed within this policy.

Refer to **Section C** of **Attachment A:** <u>Codes</u> <u>Claims Related Information</u>, of clinical coverage policy 1E-5, *Obstetrics*, at <u>https://medicaid.ncdhhs.gov/</u> for additional information on covered CPT codes.

Refer to **Attachment B:** Billing for Obstetrical Services, of clinical coverage policy 1E-5, *Obstetrics*, at <u>https://medicaid.ncdhhs.gov//</u>, for additional information on covered Evaluation and Management Services codes.

D. Modifiers

Non-Telehealth Claims: Providers shall follow applicable modifier guidelines.

Telehealth Claims: Modifier GT must be appended to the CPT or HCPCS code to indicate that a service has been provided via interactive audio-visual communication. This modifier is not appropriate for virtual patient communications or remote patient monitoring.

E. Billing Units

Provider(s) shall report the appropriate procedure code(s) used which determines the billing unit(s).

Refer to **Section E** of **Attachment A:** <u>Codes</u> <u>Claims-Related Information</u>, of clinical coverage policy 1E-5, *Obstetrics*, at <u>https://medicaid.ncdhhs.gov/</u>, for additional information on billing for multiple births.

F. Place of Service

Inpatient hospital, Outpatient hospital, Office.

Telehealth claims should must be filed with the provider's usual place of service code(s).

Co-payments For Medicaid refer to Medicaid State Plan: https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

For NCHC refer to NCHC State Plan: https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

G. Reimbursement

Provider(s) shall bill their usual and customary charges. For a schedule of rates, refer to: <u>https://medicaid.ncdhhs.gov/</u>

Any provider who bills global, package or individual pregnancy procedures within their scope of practice is considered a PMP provider and must follow the PMP program requirements outlined in **Attachment C.** eligible to participate in this program, as long as the provider agrees to the program requirements.

<u>PMP providers shall bill for prenatal</u> risk screening <u>incentives when the screen is performed at the</u> <u>initial prenatal visit, and at the visits closest to 28 weeks gestation and 36 weeks gestation, or at</u> any point when the beneficiary's biopsychosocial circumstances change.

The **PMH PMP** provider can only bill HCPCS codes S0280 <u>a maximum of three times</u>, and S0281 one time during the gestational period even if there are multiple births. Once billed, no other provider can bill these codes in the same gestational period.

The **PMH** <u>PMP</u> practice will be is reimbursed for S0280 and S0281 and not the individual physician with the exception of a sole proprietor.

The provider billing S0281 must be the same provider that bills the postpartum visit.

HCPCS code S0281 will is not be reimbursed for miscarriage, spontaneous abortion, and terminations.

PMH <u>PMP</u> providers shall bill the pregnancy risk screen and postpartum plan maintenance incentives if the **initial <u>risk screen</u> visit and postpartum visits <u>are</u> was conducted in person or via telehealth.**

CPT Procedure codes 76811 and 76812 require medical necessity indication, such as a known or suspected fetal anatomic or genetic abnormality and can only be performed by specific providers. The **PMH PMP** may refer a beneficiary to another provider or may perform these codes in office only if they meet the following:

- 1. OB ultrasound providers certified with the American Institute of Ultrasound in Medicine (AIUM) or an American College of Radiology (ACR) accredited practice; or
- 2. Providers with sub-specialty in Maternal Fetal Medicine (Perinatology) or Radiology.

With the exception of FQHC's and RHC's, one of the following procedure codes must be billed before code S0281 will be is reimbursed: 59400, 59410, 59430, 59510, or 59515.

Refer to Section C of Attachment A: <u>Codes</u> <u>Claims-Related Information</u>, of clinical coverage policy 1E-5, *Obstetrics*, at <u>https://medicaid.ncdhhs.gov/</u>, for information on obstetrical codes and instructions for **physicians** and **FQHC/RHC** provider billing for <u>PMHPMP</u>.

Attachment B: Risk Factors Related to High-Risk Pregnancy

Risk factors related to high-risk pregnancy may can include any of the following:

- a. History of preterm birth (less than 37 weeks);
- a. History of low birth weight (less than 2500g);
- b. Multiple gestation;
- c. Fetal complications;
- Chronic condition which may complicate pregnancy (e.g., diabetes, hypertension, Human Immunodeficiency Virus (HIV), Systemic Lupus Erythematosus (SLE), sickle cell, asthma, seizure disorder, renal disease, substance abuse diagnosis, mental illness);
- e. Overweight and obesity;
- f. Young or old maternal age Adolescents or elderly gravidas;
- g. Unsafe living environment (e.g., homelessness, inadequate housing, family violence, sexual abuse, /coercion, community violence);
- h. Substance use;
- i. Tobacco Nicotine use including such as tobacco and electronic cigarette use;
- j. Missing two or more prenatal appointments without rescheduling; or
- k. Inappropriate hospital utilization (Emergency Department/Labor & Delivery triage visit by pregnant patient with no prenatal care provider, antepartum hospitalization, two or more Emergency Department/Labor and Delivery triage visits by a patient with a prenatal care provider).

Note: This list does not represent a comprehensive list of indications for which a beneficiary would receive case management, nor is it the complete list of the risk screening for which **PMH**<u>PMP</u>s are responsible.

Attachment C: Requirements for Pregnancy Management Program Providers

The Pregnancy Management Program provider shall agree to all of the following:

- a. Integrate the patient's plan of care with local CMHRP staff, which is inclusive of collaboration and communication, ensuring access to HIPAA compliant space for adequate patient and CMHRP staff engagement, access to patients' EMR and to foster the embedded care management model;
- Allow <u>Health Plan or Health Plan's</u> <u>NC Medicaid or NC Medicaid's</u> designated vendor access to medical records for auditing purposes to measure performance on specific quality indicators;
- Maintain or lower Commit to maintaining or lowering the rate of elective deliveries prior to (39) weeks gestation; Eliminate elective deliveries prior to 39 weeks gestation if not medically necessary;
- d. Offer and provide 17 alpha-hydroxyprogesterone caproate (17p) for the prevention of preterm birth to women with a history of spontaneous preterm birth who are currently pregnant with a singleton gestation. 17p will be is prescribed when the beneficiary is deemed an appropriate candidate at the physician's discretion for 17p intramuscular injection and consents to participate after being informed by the provider of the benefits and risks.
- e. Complete a the standardized risk screening tool at the initial prenatal visit and at the visits closest to 28 weeks gestation and 36 weeks gestation; and at any point when the beneficiaries biopsychosocial circumstances change; and on each pregnant Medicaid beneficiary and integrate the plan of care with local pregnancy care management; and
- f. Commit to Decrease the cesarean section rate among nulliparous women;
- g. Decrease the primary cesarean section delivery rate if the rate is over NC Medicaid'sthe Department's designated cesarean rate; (Note: NC Medicaid will sets the rate annually, which is will be at or below twenty percent (20 percent); and
- h. Ensure comprehensive post-partum visits occur within (56) days of delivery.
- i. Send all screening information and applicable medical record information for Members in the Care Management of High-Risk Pregnancies to the LHDs or other applicable local care management entities that are contracted for the provision of providing care management services for high-risk pregnancy within one business day of the provider completing the screening.

Attachment D: OB Ultrasound Codes Exempt from Prior Approval (PA) for Pregnancy Management Program <mark>edical Home</mark> Providers

Procedure Code	Description	
76801	Ultrasound, pregnant uterus, real time with image documentation, fetal and maternal	
/0001	evaluation, first trimester (< 14 weeks 0 days), transabdominal approach; single or first	
	gestation	
76802	Ultrasound, pregnant uterus, real time with image documentation, fetal and maternal	
10002	evaluation, first trimester (< 14 weeks 0 days), transabdominal approach; each additional	
76805	Ultrasound, pregnant uterus, real time with image documentation, fetal and maternal	
	evaluation, after first trimester (> or + 14 weeks 0 days), transabdominal approach; single or	
	first gestation	
76810	Ultrasound, pregnant uterus, real time with image documentation, fetal and maternal	
	evaluation, after first trimester (> or + 14 weeks 0 days), transabdominal approach; each	
	additional gestation	
76811	Ultrasound, pregnant uterus, real time with image documentation, fetal and maternal	
	evaluation plus detailed fetal anatomic examination, transabdominal approach; single or first	
	gestation	
76812	Ultrasound, pregnant uterus, real time with image documentation, fetal and maternal	
	evaluation plus detailed fetal anatomic examination, transabdominal approach; each	
	additional gestation	
76813	Ultrasound, pregnant uterus, real time with image documentation, first trimester fetal nuchal	
	translucency measurement, transabdominal or transvaginal approach; single or first gestation	
76814	Ultrasound, pregnant uterus, real time with image documentation, first trimester fetal nuchal	
	translucency measurement, transabdominal or transvaginal approach; each additional gestation	
76815	Ultrasound, pregnant uterus, real time with image documentation, limited (eg, fetal heart beat,	
7(01(placental location, fetal position and/or qualitative amniotic fluid volume), 1 or more fetuses	
76816	Ultrasound, pregnant uterus, real time with image documentation, follow-up (eg, reevaluation	
	of fetal size by measuring standard growth parameters and amniotic fluid volume, re- evaluation of organ system(s) suspected or confirmed to be abnormal on a 76801	
76817	Ultrasound, pregnant uterus, real time with image documentation, transvaginal	
76818	Fetal biophysical profile; with non-stress testing	
76819		
76820	Fetal biophysical profile; without non-stress testing	
76821	Doppler velocimetry, fetal; umbilical artery Doppler velocimetry, fetal; middle cerebral artery	
76825	Echocardiography, fetal, cardiovascular system, real time with image documentation (2D),	
70025	with or without M-mode recording;	
76826	Echocardiography, fetal, cardiovascular system, real time with image documentation (2D),	
70020	with or without M-mode recording; follow-up or repeat study	
76827	Doppler echocardiography, fetal, pulsed wave and/or continuous wave with spectral	
,	display; complete	
76828	Doppler echocardiography, fetal, pulsed wave and/or continuous wave with spectral	
	display; follow-up or repeat study	
93325	Doppler echocardiography color flow velocity mapping	