



NC Department of Health and Human Services

Money Follows the Person

Welcome to the MFP Lunch and Learn

January 14, 2019

Today's Presentation

- **Part 1 – Background of MFP**
- **Part 2 – Where are we now**

Why Do Transitions Matter

The Human Reasons

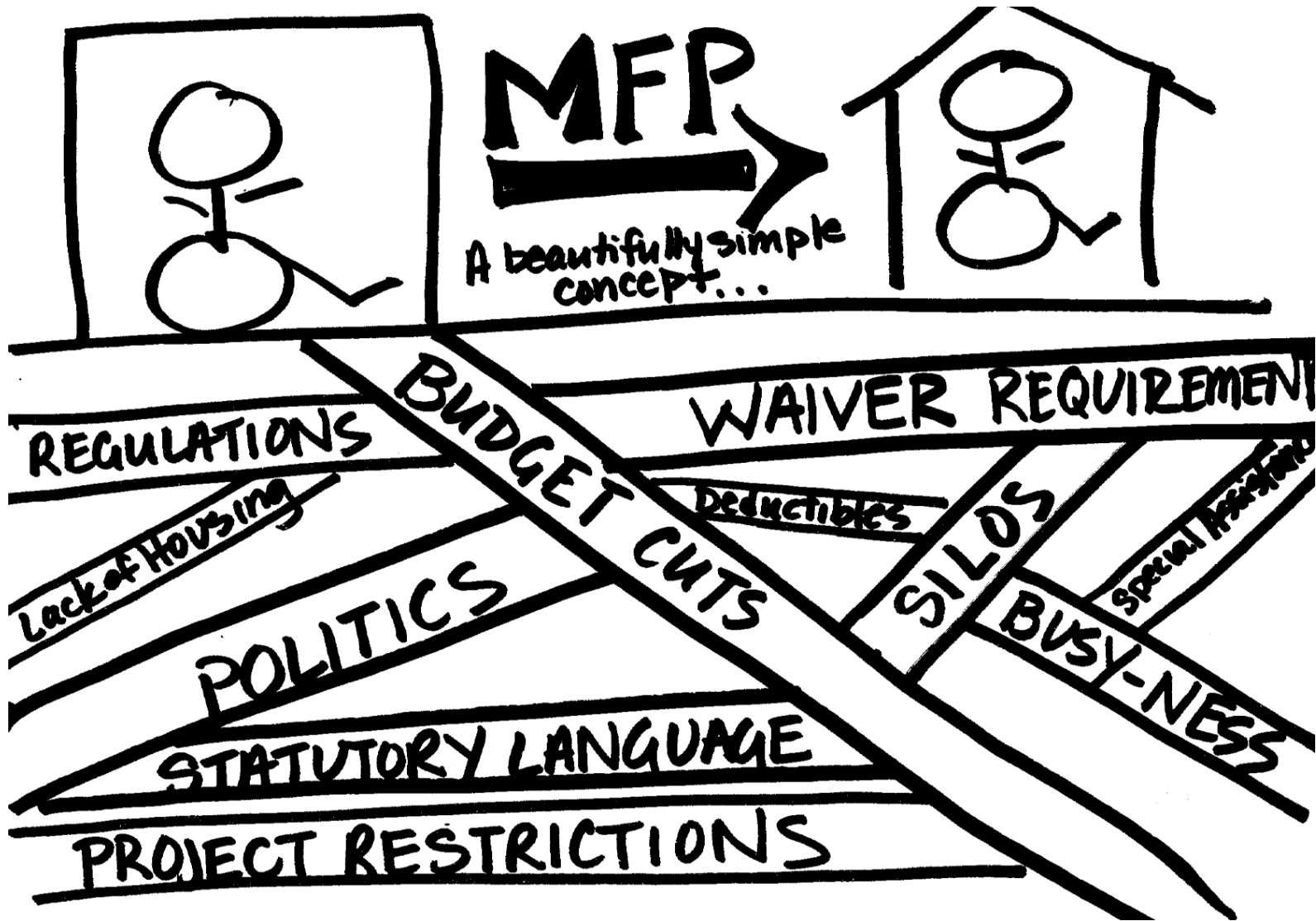


What is MFP?

A simple concept



An opportunity to support people to transition into their homes and communities.

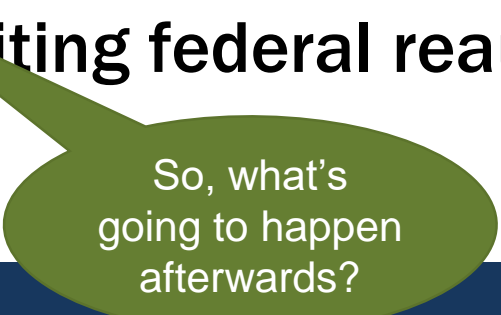


NC MFP: Two Primary Purposes


- 1. Support the transition process**
- 2. Promote systems change:**
 - Increase Home and Community based Services**
 - Eliminate Barriers**
 - Continued Provision of Services**
 - Quality Improvement**

NC MFP: A Quick Refresher on our History

- A Public Initiative and a Community Effort
- Grass-roots advocacy + Medicaid management
- 2005: Federal MFP legislation
- 2006: NC application to have MFP Demonstration Project
- 2009: Transition services begin
- 2010: Federal MFP legislation extended
- 2018: Federal legislation attempted to renew MFP
- 2019: NC MFP continues transition activities, but awaiting federal reauthorization!



So, what's going to happen afterwards?



To date, NC MFP has supported over 1000 transitions!

MFP
is still be
here on
January 1,
2019



NC MFP Where are We Now

- Last Congressional appropriation made in 2016, authorizing CMS and participating states to utilize federal grant funds through September, 2020.
- ***CMS requires that states complete MFP-grant sponsored transition activity by December, 2018, with follow along allowed through 2019.**
- NC MFP began its sustainability planning in 2015 and updated in 2018. Plan can be found on our website. NC Medicaid transformation is here!
- NC MFP funds a number of activities through grant funding:
 - Transition Coordination Network
 - Start Up Funds and other Demonstration Services
 - State Staff Positions
 - LCA Network
- MFP also has STATE dollars (not federal grant dollars) known as Rebalancing Funds. These dollars accrue based on savings the State achieves through an enhanced federal match applied to services used by MFP participants.

What will 2019 Look Like for MFP?

What's Continuing for 2019

- All Demonstration Services
 - Pre-Transition Case Management Services
 - Transition Coordination
 - Transition Partnerships will remain the same
 - TYSR/SCCB
 - \$3,000
 - Supplemental Environmental Support Service (the over and above fund)

Stakeholder involvement activities

- **Monthly lunch and learn webinars**
- **Outreach committee**
- **MFP/TBI workgroup**
- **MFP/MCO monthly workgroup**
- **Transitions Institute**
- **Quarterly MFP Roundtable Meetings**
 - **Feb. 22 – Winston-Salem**

MFP 2019 Updates

- Applications update
- See the website for the latest application to be used for all applicants beginning 1/2019
- <https://files.nc.gov/ncdma/REVISED-2018-MFP-Application.pdf>

Local Contact Agency Function

- As required by CMS at intake and each quarter, nursing facilities are required to ask residents if they would like to know about community-based living options. If the residents answers “YES”, a follow-up contact is required by an agency to explain those options.
- This function will be managed by MFP until mid-2019 with our AAA network partners
- Future LCA work will be part of a Comprehensive Independent Assessment Entity (CIAE).

Systems Change

- CAP/DA Waiver Posted for Public Comment through Monday, February 4, 2019
- Visit the website to review the document and provide your feedback:
- https://files.nc.gov/ncdma/documents/Providers/Programs_Services/CAPDA/DRAFT_NC-1915c-HCBS-Waiver.pdf

Sustainability Analysis

- **Working on Recommendations from Mercer's Sustainability Analysis**
 - <https://files.nc.gov/ncdma/NC-Sustainability-Analysis-Report-2018.pdf>
- **Follow up on the 58 Sustainability Analysis recommendations**
- <https://files.nc.gov/ncdma/MFP-Sustainability-Analysis-Recommendations-2018.pdf>

2019: What We Know

- 2018: Transitions as Usual
 - DMA strategy for LCA Network Finalized
 - LCA/DAAS contracts were extended to December, 2018.
 - MFP grant dollars continue to serve as primary funding
- 2019: Transitions to continue, but funding source begins to shift.
 - TYSR/SCCB Funds will continue at current level
 - Transition Coordination will continue using CAP/DA, PACE, and Innovations
 - Pre-Transition Case Management will continue
 - Supplemental Environmental Support Service continues
 - LCA Function to become part of the CIAE
 - LCA function to be continued with MFP through 6/2019 (est.)

2019: What We Know

- 2019: Transitions to continue, but funding source begins to shift.
 - MFP will continue to be a priority for:
 - Targeted/Key Housing
 - CAP/DA Waiver Slots and PACE
 - Innovations Waiver Slots
 - MFP will continue its current activities
 - Stakeholder engagement
 - Innovation through Rebalancing fund activities

2019: What We Do Not Know Yet

- The exact date of the new Innovations Waiver launch (est. April 2019)
- The exact date of the new CAP/DA Waiver launch (est. March 2019)
- The exact date of the launch of the CIAE
 - MFP will oversee the function of the LCA through mid 2019 (est.)

The Ultimate Direction of NC MFP Activity

- The NC Medicaid program is shifting from a fee-for-service model to a managed care model.
- NC submitted an application to do so to CMS, under 1115 Waiver authority which CMS approved October 2018, effective 1/1/19 through 10/31/24.
- Over the next several years most (not all) Medicaid-funded services will be managed by prepaid health plans (PHPs).
- These PHPs are also responsible for coordinating the services and care of Medicaid beneficiaries.

The Ultimate Direction of NC MFP Activity

- The timeline for implementation is staggered, with the folks MFP really focuses on (long-term nursing facility residents, CAP DA beneficiaries, and dually eligible beneficiaries) being integrated LAST.
- The timeline for the first group of beneficiaries will be around Nov. 2019.
 - The PHP applications have been received. Notice of awards will be announced in early 2019. Services by PHPs will begin in the Fall of 2019.

Approximate Timelines Related to NC Medicaid Managed Care

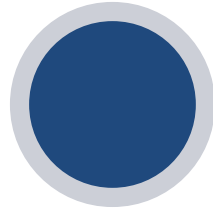


2019ish

PHPs go live, covering mostly moms and kids, but also other Medicaid beneficiaries who do NOT receive Medicare, including Medicaid-only PCS recipients and Medicaid-only short-term facility residents (under 90 days)

NOTE: **The “ish” matters:** All dates are estimates and contingent on other factors

Approximate Timelines Related to NC Medicaid Managed Care

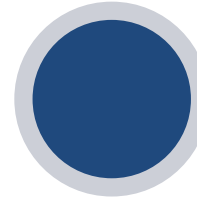


2021ish

Beneficiaries with significant behavioral health, I/DD, TBI support needs integrated (currently LME-MCO covered populations)

NOTE: **The “ish” matters:** All dates are estimates and contingent on other factors

Approximate Timelines Related to NC Medicaid Managed Care



2023ish

Beneficiaries who receive CAP DA or CAP C and long-term nursing facility residents are integrated.

NOTE: Dually eligible beneficiaries are also delayed until 2023. PHPs will be required to offer Duals options that coordinate with Medicare program.

NOTE: **The “ish” matters:** All dates are estimates and contingent on other factors

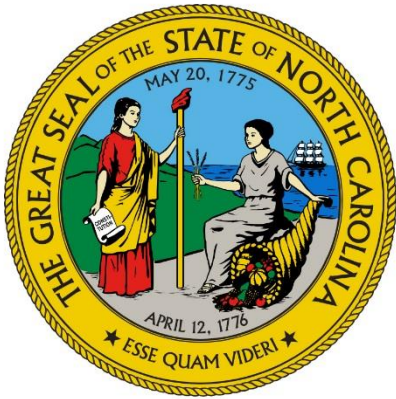
Resources about NC Medicaid's Future Program Design

- Please Visit the NC DHHS Website
 - <https://www.ncdhhs.gov/nc-medicaid-transformation>
- NC's Proposed Program Design for Medicaid Managed Care
 - https://files.nc.gov/ncdhhs/documents/files/MedicaidManagedCare_ProposedProgramDesign_REVFINAL_20170808.pdf
- Dually Eligible Advisory Committee Recommendations
 - <https://www.ncdhhs.gov/managed-care-strategy-dual-eligibles>
- Summary Overview (directed at Beneficiaries, helpful to all):
 - https://files.nc.gov/ncdhhs/ProgramDesign_BeneficiaryInfoSheet_FINAL_20170808.pdf

Questions

NC Department of Health and Human Services

MFP Lunch & Learn



Thanks for attending

Additional Resources Added Post-Webinar

- **PACE Program:**

<https://medicaid.ncdhhs.gov/providers/programs-services/long-term-care/program-of-all-inclusive-care-for-the-elderly>

- **CAP/DA Program:**

<https://medicaid.ncdhhs.gov/providers/programs-services/long-term-care/community-alternatives-program-for-disabled-adults>

- **CAP/C Program:**

<https://medicaid.ncdhhs.gov/providers/programs-services/long-term-care/community-alternatives-program-for-children>

Additional Resources Added Post-Webinar

- NC Innovations Waiver
- <https://medicaid.ncdhhs.gov/nc-innovations-waiver>
- MFP Quick Info:
https://files.nc.gov/ncdma/documents/Providers/Programs_Services/MFP/What%20is%20MFP_Official%20MFP%20Information%20Sheet.pdf
- Other Programs Under Medicaid:
<https://medicaid.ncdhhs.gov/providers/programs-services>

Upcoming Events

- **February 11: MFP Lunch and Learn Webinar (Community Inclusion) – Announcement to be sent by January 18**
- **February 22: MFP Roundtable (Winston-Salem) – Announcements to be released by the end of January**
- **Summer 2019: NC Community Transitions Institute – Details posted here: <https://files.nc.gov/ncdma/2019-Call-for-Applications-FINAL.pdf>, <https://files.nc.gov/ncdma/2019-Call-for-Applications-Flyer-FINAL.pdf>, <https://files.nc.gov/ncdma/2019-Call-for-Applications-FAQ-FINAL.pdf>**