# Fact Sheet Community Alternatives Program for Children (CAP/C) Attendant Nurse Care

### A Medicaid Home and Community-Based Service

The Community Alternatives Program for Children (CAP/C) is for children ages 0 to 20 years old who have physical health conditions. These health conditions are ongoing and severe. The goal of the program is to reduce unplanned urgent, or emergency care and extended hospital stays. This is done through services and supports.

#### **ATTENDANT NURSE CARE (ANC)**

- Is a self-managed service for CAP/C. Self-management of services is known as consumer direction.
- Allows a parent/primary caregiver to choose a nurse to care for their child who needs skilled nursing care and write the care plan.
- Can be used with other services such as private duty nursing (PDN) to cover the care needs of a CAP/C child.
  - ANC and PDN hours cannot be more than the approved number of nurse hours.
- Requires the nurse to be a Registered nurse (RN) or Licensed practical nurse (LPN) supervised by an RN.

#### **CONSUMER DIRECTION (CD)**

Allows a child or their legally responsible person to be the employer to hire and train a nurse of their choice, and create the schedule for the nurse to report to work. CAP/C calls this person the employer of record (EOR). The EOR is in charge of managing care and setting the pay rate for the nurse. A financial management company is assigned to pay the nurse for the hours worked.

#### **ENROLLMENT REQUIREMENTS**

- Consumer direction and ANC eligibility requirements must be met.
- The CAP/C child must require:
  - Hands-on nursing interventions at least every 2 or 3 hours during the day.
- The child or legally responsible person and the EOR must complete:
  - A consumer direction training course and receive a certificate.
  - A consumer direction self-assessment with results that show the ability and willingness to direct care.

All ANC consumer direction forms that help in understanding the CAP/C child's care needs.

#### HIRING REQUIREMENTS

- The nurse must have an active license as an RN or LPN with no violations with the Board of Nursing.
- If an LPN is hired an RN must also be hired to provide supervision.
  - The RN is hired to support the LPN in making decisions and carrying out the care plan. The supervising RN is not hired to provide hands-on care to the CAP/C child.
  - Supervision visits may be 1 time per month or 1 time every 3 months. The schedule is based on the assessed needs of the LPN.
  - The supervising RN and their rate of pay must be listed on the plan of care. The RN's rate of pay is set by the EOR.
- An ANC nurse cannot be hired to work at school. PDN hours can be used at school.
- A parent or legally responsible person can be hired when they:
  - · Meet the hiring requirements.
  - Have at least 1 of 5 extraordinary conditions.
    - The 5 extraordinary conditions are listed in the CAP/C waiver.
  - Work as their child's ANC nurse for no more than 40 hours per week.

#### REQUIRED DOCUMENTS

- CAP/C Skilled Declaration Form
  - Mediciad form completed by the beneficiary or legally responsible person and primary physician or designated staff.
- 2. CAP/C Skilled Level of Care Plan
  - Medicaid form completed by the beneficiary or legally responsible person.
- 3. Medication Administration Record
  - Created and monitored by the EOR and completed by the hired RN or LPN
- 4. Treatment Administration Record
  - Created and monitored by the EOR and completed by the hired RN or LPN
- 5. Competency Validation Form
  - Medicaid form completed by the EOR.
- 6. Nurse License Verification
  - Completed by the financial management company and confirmed by the EOR and case manager
- 7. LPN supervision plan, if applicable
  - Completed by the supervising RN and EOR.
  - Unique for each beneficiary.

- 8. Statement of Agreement from Providers Acknowledging Transition to Consumer Direction.
  - · Completed by a multiple disciplinary team discussion and
  - · Documented in the e-CAP system

Copies or samples of documents 1, 2, 3, 4, and 5 are attached behind this page.

# CAP/C Skilled Declaration Form

# This form is intended to be completed by the primary physician of the CAP/C waiver participant.

The legally responsible party of the Community Alternatives Program for Children (CAP/C) waiver participant is seeking approval to direct the care of this their child using the consumer-directed option through the CAP/C Home and Community-Based Services (HCBS) waiver. Consumer-directed care is a service option that permits the legally responsible party of a CAP/C waiver participant to create a care plan to direct and control the care of their child by recruiting and hiring a qualified professional (registered nurse or licensed practical nurse).

Dear Physiciar	١,
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The child listed below reports having skilled needs that may require the oversight of a licensed professional. Please complete this form to assist with the development of a CAP/C care plan for this child.

Child's Name:
Date of Birth:
Mediciad or Patient ID Number:
Primary Diagnosis:
Height:
Weight:
Please respond to the questions listed below.
Is the child ventilator dependent? ☐ Yes ☐ No If yes, Type: Hours per day:
Does the child have seizures? ☐ Yes ☐ No If yes, Type: Frequency of seizures:
Frequency of seizure interventions: Date of last seizure and intervention:
Are emergency medications prescribed? $\ \square$ Yes $\ \square$ No $\ $ If yes, attached a list of the medications
Are IV medications or TPN prescribed? $\ \square$ Yes $\ \square$ No $\ $ If yes, attached a list of the medications
Is tracheostomy care required for this child? $\ \square$ Yes $\ \square$ No
Is this child oxygen dependent? $\ \square$ Yes $\ \square$ No
If yes, Liter per minute: Hours per day:
Continuous ☐ Yes ☐ No, prescribed rate:

Adjusted? $\square$ Yes $\square$ No, Frequency:	Maintain 02 SAT %	
Date of last physician assessment:		
Changes in child's condition from last exa	mination, □ Yes □ No	
If yes, describe the changes:		
Any special care needs (ex: ostomy, G-Tube, if yes, describe:	or wound care) that require specific attention $\ \square$ Yes	□ No;
Is the child ordered to receive therapies (PT, 0 if yes, describe:	OT, ST, RT) □ Yes □ No;	
Print Physician's Name:		
Print Physician's Address:	Telephone number:	
Physician's Signature or Stamp: X	Date:	

# Consumer Direction Care Plan for CAP/C Participants at a Skilled Level of Care Consumer Direction Skilled Level Care Plan

Participant's Name: Care Plan Start Date: Care Plan Coverage Period: Name of Hired RN/LPN: **Primary Conditions:** Safety Measures: Precautions: Safety Measures: Precautions: Safety Measures: Precautions: Safety Measures: Precautions: Daily skilled needs/interventions and process to carry out tasks: Needs/Intervention: Process: Needs/Intervention: Process: Needs/Intervention: Process: List any medical devices used to treat or prevent exacerbation of a medical condition blow: Medications to be administered: Dose/frequency/Route Medication: Frequency: Route: Dose: Medication: Frequency: Route: Dose: Medication: Dose: Frequency: Route: Medication: Dose: Frequency: Route: Medication: Frequency: Route: Dose: Medication: Dose: Frequency: Route: Durable Medical Equipment (DME) and Supplies used: Restrictive Activities: ☐ Lifting ☐ PO Intake ☐ Weight Bearing ☐ Other: □Other: ☐ Other: ☐ Other: □ No Restrictions

**Functional Limitations:** 

$\square$ Amputation $\square$ Bowel/Bladder (incontinence) $\square$ Contracture $\square$ Dyspnea with minimal exerting	on
□ Legally Blind □ Endurance □ Paralysis □ Speech □Other, specify:	
Nutritional Requirements:	
List Allergies and what to do for allergic reactions:	
List Allergies and what to do for allergic reactions.	
Additional Information that is pertinent to care needs (Request the medication administration record	d and
treatment record from physician and attach to this care plan):	
Parent/Legally Responsible Person's Signature:	Date:

Medication Administration Record (MAR) for [ Beneficiary Name: MID: Date of Birth: Age: Medication Allergies: Medication, 5 6 7 Time 10 11 12 13 14 | 15 | 16 | 17 | 18 | 19 | 20 21 22 23 26 27 30 31 Side Effects Prescriber

Diagnosis:	Diet Type:	Food Allergies:	Special Instructions:	
Pharmacy:		Physician:		
Emergency Contact Name:		Emergency Contact Number	Emergency Contact Number:	
Emergency Interventions:				
Nurse Signature	Initial			
X				

X

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Treatment Administration Record (MAR) for [ 20 Beneficiary Name: MID: Date of Birth: Age: Medication Allergies: 5 6 7 Medication, Time 10 11 12 13 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 23 26 27 30 31 Side Effects Prescriber

Diagnosis:		Diet Type:	Food Allergies:	Special Instructions:
Pharmacy:			Physician:	
Emergency Contact Name:		Emergency Contact Numb	Emergency Contact Number:	
Emergency Interventions:				
	<u>,                                      </u>			
Nurse Signature	Initial			
X				

X

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## Task List and Employee Competency Validation

Training provided: ☐ Yes

□ No

Beneficiary name:
Name of individual acting as employer:
Name of direct care employee:
Directions to complete: Circle the skill that is needed to address the beneficiary's care needs. Provide instructions on how the employee(s) shall complete the task. Provide the appropriate response to indicate the employee's ability to complete the task. Complete for each employee.
Note: Tasks should align with needs identified in the comprehensive assessment.
Bathing
Instructions to employee:
Employee's ability to complete task:
Previous caregiver: ☐ Yes ☐ No
Health or personal care experience: $\square$ Yes $\square$ No
Training provided: ☐ Yes ☐ No
Toileting
Instructions to employee:
Employee's ability to complete task:
Previous caregiver: ☐ Yes ☐ No
Health or personal care experience: ☐ Yes ☐ No
Training provided: ☐ Yes ☐ No
Incontinence care
Instructions to employee:
Employee's ability to complete task:  Previous caregiver: □ Yes □ No
Health or personal care experience: ☐ Yes ☐ No

Dressing	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Personal hygiene	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Transfer/ambulation positioning	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Fall prevention	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Feeding/meal prep	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Vital signs/monitoring	
Instructions to employee:	

Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Therapy reinforcement	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
G-tube/J-tube care	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
IV fluids/site check	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Administration/monitoring of medication	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Coinura managament	
Seizure management	

Instructions to employee:

Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Apnea monitoring	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Catheter care	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Wound care	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Housekeeping	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Shopping	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	

Health or personal care experience: ☐ Yes	
Training provided: ☐ Yes ☐ No	
Meal Preparation	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Transportation	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Other	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: ☐ Yes	□ No
Training provided: ☐ Yes ☐ No	
Other	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	
Health or personal care experience: $\ \square$ Yes	□ No
Training provided: ☐ Yes ☐ No	
Other	
Instructions to employee:	
Employee's ability to complete task:	
Previous caregiver: ☐ Yes ☐ No	

Health or personal care experience:			□ Yes	□ No
Training provided:	☐ Yes	□ No		

### Task List and Employee Competency Validation Signature Page

My signature indicates that I have completed the task list and confirmed the skill set of the employee(s) that I intend to hire. I understand that an employee(s) is not required to be a licensed health care professional to provide my care needs. I have determined that my employee(s) has the competencies to complete the tasks required for my care and I take full responsibility of hiring, training, and supervising the employee(s) I hire and ensuring that he/she maintains the requirements needed to provide my care.

Individual acting as employer name:		
Beneficiary name:		
Individual acting as employer signature:	X	Date signed:
The care advisor's signature indication.	ates that he or she has revi	ewed the completed task list and
Care advisor name:		
Care advisor signature:	_	Date signed: