

# Community Alternatives Program for Children

## WAIVER SERVICE REFERENCE GUIDE

### Department of Health and Human Services



#### Training/Education/Consultative Services

Provides training, orientation and treatment regiments regarding the nature of the illness or disability and its impact on the child and their family/caregivers. This service enhances decision-making and the ability to care for your child.

Services are provided by community colleges, universities, counselors, or an organization with a training or class curriculum approved by the Division of Medical Assistance (DMA). Beneficiaries are eligible to receive up to \$500 per fiscal year (July 1 – June 30).

#### Community Transition

Assists in transitioning beneficiaries from an institutional setting to their home. Funds are allocated to pay the necessary, one-time expenses for the beneficiary to establish a basic living arrangement including:

- Equipment
- Essential furnishings and household products
- Up to a one month supply of medication if needed

Beneficiaries are eligible to receive up to \$2,500 over the cycle of the CAP (5 years). Visit the DMA website for more information <https://ncdma.s3.amazonaws.com/s3fs-public/documents/files/3K-1.pdf>

#### Case Management

Directs and manages beneficiary's special health care, social, environmental, financial and emotional needs to maintain continual community integration. There are two types of case management:

- Case management provides supportive services to the beneficiary and takes the lead in directing the beneficiary's care
- Care advisor provides consulting services to empower the family to take lead in directing services.

For more information visit:

<https://ncdma.s3.amazonaws.com/s3fs-public/documents/files/3K-1.pdf>

#### Participant Goods and Services

Provides equipment or supplies that help assure the health, safety and well-being of the beneficiary when the caregiver does not have the funds to purchase the medically necessary item or service. Beneficiaries are eligible to receive up to \$800 annually (July 1 – June 30) for this service.

#### Financial Management

This service is provided if the caregiver is directing the beneficiary's care under Consumer-Directed Care. The service ensures that consumer-directed funds outlined in the service plan are managed and distributed as intended. An approved financial manager performs financial intermediary (FI) services to reimburse the personal assistant(s) and designated providers. The FI will perform tasks such as: deducting required taxes and insurance prior to issuing reimbursement or paychecks, maintaining separate accounts on each child's services and produces expenditure reports as required by the state Medicaid agency. For a full list of tasks and other information, visit the DMA website <https://ncdma.s3.amazonaws.com/s3fs-public/documents/files/3K-1.pdf>

#### Specialized Medical Equipment and Supplies

Provides an adaptive tricycle and vehicular transport vest for the beneficiary based on an assessment of need. This service also includes performance assessments by the case management entity to determine the type of equipment needed, training to the caregiver and beneficiary in the operation and maintenance of the equipment and use. The service also includes the repair of the equipment as long as the repair does not exceed the cost of purchasing new equipment.

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#### **In-Home Aide Service**

Offers hands-on assistance with at least two extensive activities of daily living. This service is provided by a Nurse Aide I.

A Nurse Aide I may be hired through:

- Home health agencies
- In-home aide company
- Consumer direction, the beneficiary or caregiver may hire their own worker.

#### **Pediatric Nurse Aide**

Delivers hands-on care to beneficiaries who require extensive assistance with three activities of daily living, which are performed by a Nurse Aide I or Nurse Aide II. A Nurse Aide I or II may be hired through a home health agency, an in-home aide company, or you may hire your own under consumer-direction.

#### **Respite Service**

Provides short-term support for caregivers or beneficiaries. It can be used as day, evening or overnight care to meet a range of the beneficiary's needs, such as caregiver relief. Respite care may be provided in your home or in a facility licensed to provide the level of care the beneficiary requires (such as a nursing facility or hospital). Up to 720 hours/fiscal year can be used.

This service may be utilized as much or as little as needed within a given month, if the approved allotment is not exceeded by the end of the fiscal year.

Please visit the DMA website for more information: <https://ncdma.s3.amazonaws.com/s3fs-public/documents/files/3K-1.pdf>

#### **Home Accessibility and Adaptation**

Physical adaptations or minor modifications, as identified during an assessment, to enhance a beneficiary's mobility, safety and independence in their home.

Home modifications are available to a primary private residence where the beneficiary resides and is owned by the beneficiary or the family. If the modification is portable, they may be available for rented residences. The cost of home accessibility and adaptation services are included in a combined home and vehicle modification budget of \$28,000 per beneficiary per the cycle of the CAP, which is renewed every 5 years.

#### **Vehicle Modification**

A service which enables increased independence and physical safety through safe transport. Vehicle modifications are adaptations, alterations, installation, service, controls, repairs or maintenance to an unmodified automobile or van that is the beneficiary's primary means of transportation. The vehicle must be owned by the CAP beneficiary or the primary caregiver and must be covered under an automobile insurance policy that provides coverage sufficient to replace the modification in the event of an accident. The cost of the vehicle modification is included in a combined home and vehicle modification budget of \$28,000 per beneficiary per the cycle of the CAP, which is renewed every 5 years.

#### **Assistive Technology**

Provides beneficiaries with access to devices that can increase, improve or help maintain functional capabilities for: computer use, daily living activities and mobility.

This service includes technical assistance, device training, assessment and evaluation and as necessary, the repair of devices.

The cost of assistive technology is included in a combined home and vehicle modification budget of \$28,000 per beneficiary per the cycle of the CAP, which is renewed every 5 years.