

# Community Alternatives Program Consumer Direction Lite Program

## A Medicaid Home and Community-Based Service

The Community Alternatives Program (CAP) is a Medicaid Home- and Community-Based Services (HCBS) Waiver authorized under section 1915(c) of the Social Security Act and complies with 42 CFR § 440.180, Home- and Community-Based waiver services. The Consumer Direction Lite program is a flexible service option created under Appendix K of the CAP waivers to mitigate risk to the waiver participant by assuring necessary personal care service are available to meet assessed needs during the public health emergency.

### WHO IS ELIGIBLE?

All Community Alternatives Program participants who no longer have access to their personal care-type services through their CAP waiver due to being sequestered, safer-at-home precautions or unavailability of workers as a result of the public health emergency.

### ELIGIBILITY REQUIREMENTS

- Must have been authorized to receive in-home aide, pediatric nurse aide, personal care assistant or congregate services
- An agreement to enroll in the Consumer Direction Lite program
- Consent to a background check that includes criminal and health care registry checks
- Completion of Test Your Knowledge Questionnaire
- Participation in identified trainings to build skills
- Rendering of services identified in the plan of care
- Paid caregiver must be over the age of 18

### HOW DOES IT WORK?

- The case manager will complete an assessment to determine eligibility requirements for a legally responsible person, live-in relative or non-live-in close kinship relative to become the paid caregiver.
- The case manager will provide the waiver participant a Consumer Direction Lite Toolkit.
- The waiver participant will use the Toolkit to begin the steps of enrolling in the Consumer Direction Lite program.
- The waiver participant will be assigned as Employer of Record for payroll purposes.
- The case manager will be assigned as personal representative to assist the waiver participant in developing and monitoring the plan of care.
- The legally responsible person, live-in relative or non-live-in close kinship relative will be provided an individualized 30-day COVID-19 Employee Agreement to act in the role of personal care assistant.
- The legally responsible person, live-in relative or non-live-in close kinship relative must participate, at a minimum, in monthly and quarterly monitoring telephone calls with the case manager.

