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State/Territory Name: North Carolina

State Plan Amendment (SPA) #: 20-0009

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 7500 Security Boulevard, Mail Stop S2-26-12 Baltimore, Maryland 21244-1850



August 18, 2020

Mr. Dave Richard
Deputy Secretary, North Carolina Medicaid
Division of Health Benefits
NC Department of Health and Human Services
1985 Umstead Drive
2501 Mail Service Center
Raleigh, North Carolina 27699-2501

Re: North Carolina State Plan Amendment (SPA) 20-0009

Dear Mr. Richard:

We have reviewed the proposed amendment to add section 7.4 Medicaid Disaster Relief for the COVID-19 National Emergency to your Medicaid state plan, as submitted under transmittal number (TN) 20-0009. This amendment proposes to implement temporary policies, which are different from those policies and procedures otherwise applied under your Medicaid state plan, during the period of the Presidential and Secretarial emergency declarations related to the COVID-19 outbreak (or any renewals thereof).

On March 13, 2020, the President of the United States issued a proclamation that the COVID-19 outbreak in the United States constitutes a national emergency by the authorities vested in him by the Constitution and the laws of the United States, including sections 201 and 301 of the National Emergencies Act (50 U.S.C. 1601 et seq.), and consistent with section 1135 of the Social Security Act (Act). On March 13, 2020, pursuant to section 1135(b) of the Act, the Secretary of the United States Department of Health and Human Services invoked his authority to waive or modify certain requirements of titles XVIII, XIX, and XXI of the Act as a result of the consequences of the COVID-19 pandemic, to the extent necessary, as determined by the Centers for Medicare & Medicaid Services (CMS), to ensure that sufficient health care items and services are available to meet the needs of individuals enrolled in the respective programs and to ensure that health care providers that furnish such items and services in good faith, but are unable to comply with one or more of such requirements as a result of the COVID-19 pandemic, may be reimbursed for such items and services and exempted from sanctions for such noncompliance, absent any determination of fraud or abuse. This authority took effect as of 6PM Eastern Standard Time on March 15, 2020, with a retroactive effective date of March 1, 2020. The emergency period will terminate, and this state plan provision will no longer be in effect, upon termination of the public health emergency, including any extensions.

Pursuant to section 1135(b)(5) of the Act, for the period of the public health emergency, CMS is modifying the requirement at 42 C.F.R. 430.20 that the state submit SPAs related to the COVID-19 public health emergency by the final day of the quarter, to obtain a SPA effective date during

the quarter, enabling SPAs submitted after the last day of the quarter to have an effective date in a previous quarter, but no earlier than the effective date of the public health emergency.

The State of North Carolina requested a waiver of public notice requirements applicable to the SPA submission process. Pursuant to section 1135(b)(1)(C) of the Act, CMS is also waiving public notice requirements applicable to the SPA submission process. Public notice for SPAs is required under 42 C.F.R. §447.205 for changes in statewide methods and standards for setting Medicaid payment rates, 42 C.F.R. §447.57 for changes to premiums and cost sharing, and 42 C.F.R. §440.386 for changes to Alternative Benefit Plans (ABPs). Pursuant to section 1135(b)(1)(C) of the Act, CMS is approving the state's request to waive these notice requirements otherwise applicable to SPA submissions.

The State of North Carolina also requested a waiver to modify the tribal consultation timeline applicable to this SPA submission process. Pursuant to section 1135(b)(5) of the Act, CMS is also allowing states to modify the timeframes associated with tribal consultation required under section 1902(a)(73) of the Act, including shortening the number of days before submission or conducting consultation after submission of the SPA.

These waivers or modifications of the requirements related to SPA submission timelines, public notice, and tribal consultation apply only with respect to SPAs that meet the following criteria: (1) the SPA provides or increases beneficiary access to items and services related to COVID-19 (such as by waiving or eliminating cost sharing, increasing payment rates or amending ABPs to add services or providers); (2) the SPA does not restrict or limit payment or services or otherwise burden beneficiaries and providers; and (3) the SPA is temporary, with a specified sunset date that is not later than the last day of the declared COVID-19 public health emergency (or any extension thereof). We nonetheless encourage states to make all relevant information about the SPA available to the public so they are aware of the changes.

We conducted our review of your submittal according to the statutory requirements at section 1902(a) of the Act and implementing regulations. This letter is to inform you that North Carolina's Medicaid SPA Transmittal Number 20-0009 is approved effective March 1, 2020. Please note that the effective dates for certain payment provisions described in Sections E.2 and E.4 are either April 1, 2020 or March 10, 2020. This SPA approval is in addition to the North Carolina Disaster Relief SPA approved on May 18, 2020, and does not supersede anything approved in that SPA.

Enclosed is a copy of the CMS-179 summary form and the approved state plan pages.

Please contact Charles Friedrich at (404) 562-7404 or by email at Charles.Friedrich@cms.hhs.gov if you have any questions about this approval. We appreciate the efforts of you and your staff in responding to the needs of the residents of the State of North Carolina and the health care community.

Sincerely,

Alissa Mooney DeBoy, Director Disabled and Elderly Health Programs Group, on behalf of Anne Marie Costello, Acting Director Center for Medicaid & CHIP Services

Secretary 15. DATE SUBMITTED: May 27, 2020 FOR REGIONAL OFFICE USE ONLY 17. DATE RECEIVED: 5/27/20 PLAN APPROVED – ONE COPY ATTACHED 19. EFFECTIVE DATE OF APPROVED MATERIAL: 3/01/20 20. SIGNATURE OF REGIONAL OFFICIAL: 21. TYPED NAME: Alissa Mooney DeBoy 22. TITLE: Director, DEHPG, on behalf of Acting Director, CMCS 23. REMARKS:

Pen-n-Ink concurrence received from NC to remove unneeded language from Section D-Benefits of the template; as well as adding effective dates and clarifying language to Section E-Payments.

14. TITLE:

Section 7 – General Provisions 7.4. Medicaid Disaster Relief for the COVID-19 National Emergency

On March 13, 2020, the President of the United States issued a proclamation that the COVID-19 outbreak in the United States constitutes a national emergency by the authorities vested in him by the Constitution and the laws of the United States, including sections 201 and 301 of the National Emergencies Act (50 U.S.C. 1601 et seq.), and consistent with section 1135 of the Social Security Act (Act). On March 13, 2020, pursuant to section 1135(b) of the Act, the Secretary of the United States Department of Health and Human Services invoked his authority to waive or modify certain requirements of titles XVIII, XIX, and XXI of the Act as a result of the consequences COVID-19 pandemic, to the extent necessary, as determined by the Centers for Medicare & Medicaid Services (CMS), to ensure that sufficient health care items and services are available to meet the needs of individuals enrolled in the respective programs and to ensure that health care providers that furnish such items and services in good faith, but are unable to comply with one or more of such requirements as a result of the COVID-19 pandemic, may be reimbursed for such items and services and exempted from sanctions for such noncompliance, absent any determination of fraud or abuse. This authority took effect as of 6PM Eastern Standard Time on March 15, 2020, with a retroactive effective date of March 1, 2020. The emergency period will terminate, and waivers will no longer be available, upon termination of the public health emergency, including any extensions.

The State Medicaid agency (agency) seeks to implement the policies and procedures described below, which are different than the policies and procedures otherwise applied under the Medicaid state plan, during the period of the Presidential and Secretarial emergency declarations related to the COVID-19 outbreak (or any renewals thereof), or for any shorter period described below:

Effective April 1, 2020, an additional 10% (additional to a previous COVID SPA that granted a 5% increase) rate increase for Skilled Nursing Facilities, PCS providers (Adult Care Homes and In-Home), Home Health Providers, Veteran Home Nursing Facilities, and the Tsali Tribal Skilled Nursing Facility.

For Dates of Service March 10, 2020 to March 31, 2020, inclusive, telephone services billable under G0071 by an FQHC/RHC will be paid at an amount equal to the FQHC/RHC PPS rate.

NOTE: States may not elect a period longer than the Presidential or Secretarial emergency declaration (or any renewal thereof). States may not propose changes on this template that restrict or limit payment, services, or eligibility, or otherwise burden beneficiaries and providers.

Request for Waivers under Section 1135

X The agency seeks the following under section	1135(b)(1)(C) and/or section 1135(b)(5) of the Act:
<u> </u>	s – the agency requests modification of the March 31, 2020, to obtain a SPA effective date during oursuant to 42 CFR 430.20.
	the agency requests waiver of public notice be applicable to this SPA submission. These
TN:20-0009 Supersedes TN:NEW	Approval Date: 08/18/20 Effective Date: 03/01/20

This SPA is in addition to the NC Disaster Relief SPA #1 approved on 5/18/20, and does not supersede anything approved in that SPA.

cXTribal consultation requirements – the agency requests modification of tribal consultation timelines specified in North Carolina Medicaid state plan, as described below: Medicaid will notify the Tribe of all SPA changes on or before submission to CMS and offer a telephonic meeting to discuss. Section A – Eligibility 1 The agency furnishes medical assistance to the following optional groups of individuals described in section 1902(a)(10)(A)(ii) or 1902(a)(10)(c) of the Act. This may include the new optional group described at section 1902(a)(10)(A)(ii)(XXIII) and 1902(ss) of the Act providing coverage for uninsured individuals. 2 The agency furnishes medical assistance to the following populations of individuals described in section 1902(a)(10)(A)(ii)(XX) of the Act and 42 CFR 435.218: a All individuals who are described in section 1905(a)(10)(A)(ii)(XX) Income standard: Or- b Individuals described in the following categorical populations in section 1905(a) of the Act: Income standard: Or- 3 The agency applies less restrictive financial methodologies to individuals excepted from financial methodologies based on modified adjusted gross income (MAGI) as follows. Less restrictive income methodologies: Less restrictive resource methodologies: 4 X_ The agency considers individuals who are evacuated from the state, who leave the state for medical reasons related to the disaster or public health emergency, or who are otherwise absent from the state due to the disaster or public health emergency and who intend to return to the state, to continue to be residents of the state under 42 CFR 435.403(j)(3). 5 The agency provides Medicaid coverage to the following individuals living in the state, who are non-residents: TN: 20-0009			requirements may include those specified in 42 CFR 440.386 (Alternative Benefit 42 CFR 447.57(c) (premiums and cost sharing), and 42 CFR 447.205 (public notice changes in statewide methods and standards for setting payment rates).	
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	5.			ate,
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This SPA is in addition to the NC Disaster Relief SPA #1 approved on 5/18/20, and does not supersede anything approved in that SPA.

or other telephone applications in affected areas.

c. _____ The simplified paper or online application is made available for use in call-centers

	 C – Premiums and Cost Sharing The agency suspends deductibles, copayments, coinsurance charges as follows: 	, and other cost sharing	
2.	The agency suspends enrollment fees, premiums and similar	ar charges for:	
	a All beneficiaries		
	b The following eligibility groups or categorical popu	lations:	
3.	The agency allows waiver of payment of the enrollment fed charges for undue hardship.	•	
Sectio	on D – Benefits		
Benef			
1.	 The agency adds the following optional benefits in its state descriptions, provider qualifications, and limitations on amount, or 		
	benefit):	variation of scope of the	
2.	X The agency makes the following adjustments to benefits of plan:	currently covered in the sta	ite
a)	Suspend the requirement that service levels must be re-assessed annually for personal care services. (Attachment 3.1-A.1 Page 20)		
b)			
c)	•		on-
	emergency medical transportation (NEMT). (Attachment 3.1-D Pa	ge 2)	
d)	Suspend the requirement for counties and the federally recognize made each month for NEMT. (Attachment 3.1-D Page 3)	ed tribe to audit 2% of the t	rips
e)	Suspend Mobile Crisis Management training requirements and all		
f)	licensed professional if Team Lead is sick/ unavailable. (Attachme Suspend Intensive In-Home training requirements and change the		ır
''	minimum. (Attachment 3.1-A.1 Page 7c.6a)	e z-nour minimum to 1-not	41
g)		cts within first month and 6	s in
87	month 2 and 3 (unless individual/family member becomes ill duri		
	services), suspend training requirements, allow supervision by an	_	
	provider if team lead is sick/unavailable, suspend 3-5 month dura	tion of service. (Attachmer	nt
	3.1-A.1 Pages 7c.7 - 7a)		
h)			ш
	sick/unavailable. Suspend requirement that associate licensed pr licensed within 30 months. Suspend maximum of 8 units for first		пу
1			
TN:	20-0009	Approval Date: 08/18/	
super	sedes TN:NEW	Effective Date: 03/01	/20

- beneficiaries transitioning to/from certain other services and allow for 40 units. (Attachment 3.1-A.1 Page 15a.6-6a)
- Suspend Assertive Community Treatment Team (ACTT) requirements for team composition if staff sick/unavailable. Suspend staff/bene ratio. Suspend fidelity to the model. (Attachment 3.1-A.1 Page 15a.7)
- j) Suspend minimum hours per day for Psychosocial Rehabilitation. Suspend staff ratio if telephonic not if facility. (Attachment 3.1-A.1 Pages 15a.3-3a)
- k) Suspend Partial Hospitalization minimum per day must have 10 hours per week. (Attachment 3.1-A.1 Page 7c.5)
- I) Suspend minimum hours per day to 1.5hrs/day, 3 days per week for Substance Abuse Intensive Outpatient Program. Suspend staff ratio. Suspend the requirement that CCS or LCAS are on site 50% of the hours they are open and instead be available telephonically. Suspend the requirement that services must be done in facility. Suspend Urinalysis Drug Screenings. (Attachment 3.1-A.1 Page 7c.8)
- m) For Substance Abuse Comprehensive Outpatient Treatment, reduce minimum to 2 hours per day, 5 days per week. Suspend Urinalysis Drug Screenings. (Attachment 3.1-A.1 Page 15a.10)
- n) For Substance Abuse Non-Medical Community Residential Treatment, suspend more than 30 days in 12 months. (Attachment 3.1-A.1 Page 15a.11)
- o) For Substance Abuse Medically Monitored Community Residential Treatment, suspend more than 30 days in 12 months. (Attachment 3.1-A.1 Page 15a.11-A)
- p) Non-Hospital Medical Detoxification. Suspend more than 30 days in 12 months. (Attachment 3.1-A.1 Page 15a.12-A).
- q) Suspend staff training requirements for Therapeutic Foster Care. (Attachment 3.1-A Pages 15a.18d-35)
- r) For Residential Level IV, suspend parent and legal guardian must participate in rehabilitation plan development and implementation if unavailable due to illness. Suspend opportunity for beneficiary inclusion in community activities. Suspend training except for sex offender-specific training. (Attachment 3.1-A Pages 15a.18d-35)
- s) Suspend TL limits up to 90 days for Therapeutic Leave for Psychiatric Residential Treatment Facilities (PRTF) and Levels II-IV Residential Facilities. (Attachment 4.19-C Page 2)
- t) Suspend TL limits up to 120 days for Therapeutic Leave for Nursing Facilities and Intermediate Care for the Mentally Retarded (ICF-MR). (Attachment 4.19-C Page 1)
- u) Suspend 30-day max with PA for Professional Treatment Services in Facility-Based Crisis Program. (Attachment 3.1-A.1 Pages 7c.9a-9e)
- v) Suspend 30-day max with PA for Facility-Based Crisis Programs (FBC) (Attachment 3.1-A.1 Pages 7c.9a-9e)
- w) Suspend 30-day max within 12 months for Medically Supervised or ADATC Detoxification Crisis Stabilization. (Attachment 3.1-A.1 Page 15a.13)

3.	X The agency assures that newly added benefits or adjustm all applicable statutory requirements, including the statewideness 1902(a)(1), comparability requirements found at 1902(a)(10)(B), a requirements found at 1902(a)(23).	s requirements fou	nd at
4.	Application to Alternative Benefit Plans (ABP). The state at 42 CFR Part 440, Subpart C. This section only applies to states that	•	
	_20-0009 edes TN: NEW	Approval Date: Effective Date:	08/18/20 03/01/20

State/1	Γerritory	: North Carol	ina	Disaster SPA #2		Page 89p	
	a.			that these newly a als receiving servic		djusted benefits will be	
	b.			g services under AE or will only receive		eive these newly added subset:	
Telehe	alth:						
5.			lizes telehealth e's approved st	_	nanner, which	may be different than	
Drug B	enefit:						
6.	outpati	ient drugs. Th	ne agency shou	_		or quantity limit for covere its current state plan pages	
7.			zation for medi ntity extension		d by automatio	c renewal without clinical	
8.	when a	idditional cos		by the providers f		e professional dispensing for ates will need to supply	e
	current that a p - Add a postal of allowed - Add a designed	tly listed in out bharmacy pro \$1.50 fee to carrier such a d per benefic a \$3.00 fee to ee via a couri	ur State Plan, for ovider mail or do the pharmacy as USPS, UPS, For iary per provide the pharmacy er-type person	or prescriptions wheliver their prescriction if a prescript edEx, etc. There is er per day.	nere a Medicaion ption to them: ion is mailed to a maximum of tion is delivere y. There is a maximum of the control of the con	acy reimbursement that is d beneficiary has requested: o a beneficiary through a fone of these charges ad to a beneficiary or their aximum of one of these	t
	at-hom all poss	e order for so sible, at all tir an increase i	ocial distancing nes during the	g and the need for COVID-19 Emerger	high risk patie ncy order. Pha	a Governor's Executive sta nts to shelter at home, if at rmacy providers are also nis service for our Medicaio	

9. __X__ The agency makes exceptions to their published Preferred Drug List if drug shortages occur. This would include options for covering a brand name drug product that is a multi-source drug if a generic drug option is not available.

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Supersedes TN:NEW	Effective Date:	03/01/20

	its described in Section D:	La falla da casa	
	Newly added benefits described in Section D are paid using t	ne following metr	iodology:
a.	Published fee schedules –		
	Effective date (enter date of change):		
	Location (list published location):		
b.	Other:		
	Describe methodology here.		
Increases to sto	ate plan payment methodologies:		
2X	The agency increases payment rates for the following service	ces:	
followi Skilled Provide top of submit preven increas describ targete Effective includion	re April 1, 2020, an additional temporary 10% rate increase ving FFS programs: Nursing Facilities, PCS providers (Adult Care Homes and In-Hers, Veteran Home Nursing Facilities, and the Tsali Tribal Skill 5% rate increases requested in North Carolina's previous disated based on conversations with facilities about increased notion of COVID-19 outbreaks in their facilities. The state will places to providers with specific issues; for example, an outbreak deathe state's first disaster SPA submission. The methodological increases has not changed. The March 1, 2020, a 5% rate increase will be implemented for the SM increase previously awarded in NC Disaster Relief SP increase previously awarded in NC Disaster Relief	ome), Home Heal ed Nursing Facility aster SPA request eeds they face relatoristic additional k within a nursing ty for calculating the rall Medicaid programs, the A 20-0008 for species state.	th y. This is on and is ated to rate facility, as hese grams, nat did not
b.	Please describe criteria. To support the infection prevention and management active beneficiaries at high risk of contracting COVID-19. Also add Medicaid providers during the COVID-19 pandemic experies and servicing COVID19+ Medicaid beneficiaries, and to provin response to the Coronavirus Disease 2019(COVID-19) Criteria Payments are increased through:	resses increased c ncing COVID-19 or vide aid to North (sis.	osts of utbreaks Carolinians
TN: 20.000	i A supplemental payment or add-on within a		
TN:20-0009 Supersedes TN		Approval Date: Effective Date:	08/18/20 03/01/20

This SPA is in addition to the NC Disaster Relief SPA #1 approved on 5/18/20, and does not supersede anything approved in that SPA.

State/Territory: North Carolina

	limits:
	Please describe.
ii.	X An increase to rates as described below.
	Rates are increased:
	X Uniformly by the following percentage:5% and/or 10%
	X Through a modification to published fee schedules –
	Effective date (enter date of change):03/01/2020
	Location (list published location): DHB website
	Up to the Medicare payments for equivalent services.
	X By the following factors:
	Please describe. Additional rate increases to support specific providers who may be experiencing a disproportionate impact (e.g., a Nursing Facility and Adult Care Homes experiencing an outbreak) and facilities volunteering to house COVID-19+ patients only.
Payment for services del	livered via telehealth:
3 For the do	uration of the emergency, the state authorizes payments for telehealth services
a A	are not otherwise paid under the Medicaid state plan;
bD	oiffer from payments for the same services when provided face to face;
cD	oiffer from current state plan provisions governing reimbursement for telehealth;
Describe	e telehealth payment variation.
	nclude payment for ancillary costs associated with the delivery of covered via telehealth, (if applicable), as follows:
i.	Ancillary cost associated with the originating site for telehealth is incorporated into fee-for-service rates.
	Ancillary cost associated with the originating site for telehealth is separately reimbursed as an administrative cost by the state when a Medicaid service is delivered.
TN:20-0009 Supersedes TN:NEW	Approval Date: <u>08/18/20</u> / Effective Date: 03/01/20

Disaster SPA #2

This SPA is in addition to the NC Disaster Relief SPA #1 approved on 5/18/20, and does not supersede anything approved in that SPA.

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4. X Other payment changes:

For telephone services billable under G0071 by an FQHC/RHC, for the dates of service March 10, 2020 through March 31, 2020, inclusive, FQHCs/RHCs will be paid at an amount equal to the FQHC/RHC PPS rate (an increase from the rate approved in SPA-NC-20-0008). For services from March 1, 2020 to March 9, 2020 and from April 1, 2020 through the end of the PHE, telephone services billable under G0071 by an FQHC/RHC will be paid at the same rate as approved in SPA-NC-20-0008, which is an amount equal to 80% of the standard E&M rate.

Prior to the public health emergency, the FQHCs and RHCs were not allowed to provide telephonic or telehealth services as distant sites for NC Medicaid (or Medicare) beneficiaries. For this reason, their systems were not at all developed to provide rapid telehealth services. To maintain Medicaid beneficiary's access to care in the midst of social distancing, the state authorized all primary health care providers, including FQHCs and RHCs, to conduct telephonic and telehealth visits. Telehealth visits would be paid at parity with office visits (for FQHCs and RHCs, telehealth would be considered an encounter), while telephonic services billable under G0071 by FQHCs and RHCs would be paid at 80% of a standard face-to-face Evaluation & Management (E&M) office visit (as described in SPA-NC-20-0008), with the exception of the period of March 10 to March 31, 2020 (as described in the preceding paragraph).

For Therapeutic Leave for Psychiatric Residential Treatment Facilities (PRTF), reimburse when the patient is hospitalized as well as when they are absent from the facility at their family's home. (Attachment 4.19-C Page 2). See Benefits section Item s.

For Therapeutic Leave for Nursing Facilities and Intermediate Care for the Mentally Retarded (ICF-MR), reimburse when the patient is hospitalized as well as when they are absent from the facility at their family's home. (Attachment 4.19-C Page 1). See Benefits section Item t.

Section F - Post-Eligibility Treatment of Income

1.	1 The state elects to modify the basic personal needs allowance for institution individuals. The basic personal needs allowance is equal to one of the following			
	a The individual's total income			
	b 300 percent of the SSI federal benefit rate			
	c Other reasonable amount:			
2.	2 The state elects a new variance to the basic personal needs allowance. (Note: Election of this option is not dependent on a state electing the option described the option in F.1. above.)			
	The state protects amounts exceeding the basic personal needs allowance for have the following greater personal needs:	individuals who		
TN: Supers	20-0009 Approval ersedes TN:NEW Effective	 _		

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Section G – Other Policies and Procedures Differing from Approved Medicaid State Plan /Additional Information	

PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148 (Expires 03/31/2021). The time required to complete this information collection is estimated to average 1 to 2 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. Your response is required to receive a waiver under Section 1135 of the Social Security Act. All responses are public and will be made available on the CMS web site. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850. ***CMS Disclosure*** Please do not send applications, claims, payments, medical records or any documents containing sensitive information to the PRA Reports Clearance Office. Please note that any correspondence not pertaining to the information collection burden approved under the associated OMB control number listed on this form will not be reviewed, forwarded, or retained. If you have questions or concerns regarding where to submit your documents, please contact the Centers for Medicaid & CHIP Services at 410-786-3870.