

## Fact Sheet

# Standard Plan and Behavioral Health and I/DD Tailored Plan Services

### NC Medicaid Managed Care includes Standard Plans and Tailored Plans.

Standard Plans are health plans that offer integrated physical health, pharmacy, care coordination and basic behavioral health services.

Tailored Plans, which launch July 1, 2024, are health plans that offer integrated physical health, pharmacy, care coordination and behavioral health services for members who may have significant behavioral health and substance use disorders, intellectual/developmental disabilities (I/DDs) and traumatic brain injuries (TBIs).

NC Medicaid continues to identify beneficiaries eligible for Tailored Plans. DSS staff can identify these beneficiaries in NC FAST using the “Managed Care Status” field. Most beneficiaries eligible for Tailored Plans will remain in NC Medicaid Direct until July 1, 2024, unless they choose a Standard Plan (if applicable).

Standard Plans offer some basic behavioral health services, while **Tailored Plans offer enhanced behavioral health, I/DD and TBI services** as outlined below.

Standard Plan <b>AND</b> Tailored Plan	Tailored Plan <b>ONLY</b>
<b>Medicaid Services</b>	<b>Medicaid Services</b>
Inpatient behavioral health services	Residential treatment facility services
Outpatient behavioral health emergency department services	Child and adolescent day treatment services
Outpatient behavioral health services provided by direct-enrolled providers	Intensive in-home services
Psychological services in health departments and school-based health centers sponsored by health departments	Multi-systemic therapy services
Peer support services	Psychiatric residential treatment facilities (PRTFs)
Partial hospitalization	Assertive community treatment (ACT)

Standard Plan <b>AND</b> Tailored Plan	Tailored Plan <b>ONLY</b>
<p>Mobile crisis management</p> <p>Facility-based crisis services for children and adolescents</p> <p>Professional treatment services in facility-based crisis program</p> <p>Outpatient opioid treatment</p> <p>Research-based intensive behavioral health treatment for autism spectrum disorder</p> <p>Diagnostic assessment</p> <p>Ambulatory withdrawal mgt. w/o extended on-site monitoring (ambulatory detoxification)</p> <p>Ambulatory withdrawal mgt. w/extended on-site monitoring</p> <p>Clinically managed residential withdrawal management (social setting Detox)</p> <p>Medically monitored inpatient withdrawal management (non-hospital medical detoxification)</p> <p>Medically supervised or alcohol and drug abuse treatment center (ADATC) detoxification crisis stabilization</p> <p>Substance abuse intensive outpatient program (SAIOP)</p> <p>Substance abuse comprehensive outpatient treatment program (SACOT)</p>	<p>Community support team (CST)</p> <p>Psychosocial rehabilitation</p> <p>Clinically Managed Residential Services</p> <p>Medically Monitored Intensive Inpatient Services</p> <p>Intermediate care facilities for individuals with intellectual disabilities (ICF/IID)</p> <p><b>1915(i)/1915(b)(3) Services</b></p> <ul style="list-style-type: none"> <li>• Community Living and Supports</li> <li>• Community Transition</li> <li>• Individual and Transitional Support (ITS)</li> <li>• Individual Placement &amp; Support (IPS) for Mental Health &amp; Substance Use</li> <li>• Respite</li> <li>• Supported Employment for I/DD and TBI</li> </ul> <p><b>1915(c) Waiver Services</b></p> <p>Innovations Waiver services</p> <p>TBI Waiver services</p> <p><b>State-Funded Behavioral Health and I/DD Services (non-Medicaid)</b></p> <p><b>State-Funded TBI Services (non-Medicaid)</b></p>
<p><b>Early Periodic Screening, Diagnostic and Treatment (EPSDT)</b></p>	

**Note:**

- Innovations and TBI Waiver services are only available to individuals enrolled in the Innovations or TBI Waiver program.
- Innovations or TBI Waiver beneficiaries who are dually eligible for Medicaid and Medicare will be enrolled in a Tailored Plan.
- State-Funded services are different for each Tailored Plan.
- Beneficiaries who are on the Health Insurance Premium Payment program (HIPP) will not lose HIPP with Tailored Plan enrollment. Innovations and TBI Waiver beneficiaries who are on HIPP will be enrolled in the Tailored Plan.

Please refer to [Appendix B - Behavioral Health I/DD Tailored Plan Criteria](#) for additional information.

