

MEDICAID EB TP HCOG SUMMARY ENG 241120

Health Care Option Guide

All health care options are required to have the same basic Medicaid services you get now. These include:

- Doctor visits
- Hospital visits
- Behavioral health care
- Prescriptions
- Eye care

- Medical supplies
- Lab tests and X-rays
- TherapiesHospice
- Care management

To see the full list of NC Medicaid covered services provided by the health care options, go to ncmedicaidplans.gov. Some health care options also have added services.

STANDARD PLAN	TAILORED PLAN	NC MEDICAID DIRECT	EBCI TRIBAL OPTION
A North Carolina Medicaid health plan. It offers physical health, pharmacy, care coordination and basic behavioral health services for members.	A North Carolina Medicaid health plan. It offers physical health, pharmacy, care coordination and behavioral health services. It is for members who may have a serious mental illness severe substance use disorders, intellectual/developmental clisa bilities (I/DDs) or traumatic brain injuries (TBIs).	North Carolina's health care program for Medicaid beneficiaries who are not enrolled in North Carolina Medicaid Managed Care. It includes care coordination by Community Care of North Carolina (CCNC), the primary care case management entity (PCCMe). There are Local Management Entity/Managed Care Organizations (LME/MCOs) that coordinate services for a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI).	The primary care case management entity (PCCMe) created by the Cherokee Indian Hospital Authority (CIHA). It includes care coordination by Vaya Health for a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI).
Who qualifies for this option? Most families and children Pregnant women People who are blind or disabled and not receiving Medicare Federally recognized tribal members or others eligible for Indian Health Service (IHS)	 Who qualifies for '!is option? People who may have a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI) People who get Innovations Waiver services People who get Traumatic Brain Injury (TBI) Waiver services 	 Who qualifies for this option? Children in foster care Children who get adoption assistance Children who get Community Alternatives Program for Children (CAP/C) services Federally recognized tribal members or others eligible for Indian Health Service (IHS) People in the Health Insurance Premium Payment (HIPP) program People in the Program for All-Inclusive Care for the Elderly (PACE) People who are medically needy People who get Community Alternatives Program for Disabled Adults (CAP/DA) services People who get Family Planning Medicaid only People who get Medicaid and Medicare People who may have a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI) 	Who qualifies for this option? Federally recognized tribal members or others eligible for Indian Health Service (IHS) who live in the following counties: Buncombe, Clay, Cherokee, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, Transylvania

008-014-0000008

Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages. You can get free auxiliary aids and services, including information in

other languages or formats such as large print or audio.



1-866-799-5318

TTY: 711 wellcarenc.com

7 a.m. to 6 p.m., Monday through Saturday



Statewide (all 100 counties)



1-800-349-1855

TTY: 711
uhccommunityplan.com/
northcarolina

7 a.m. to 6 p.m., Monday through Saturday



Statewide (all 100 counties)



1-844-594-5070

TTY: 711 healthybluenc.com

7 a.m. to 6 p.m., Monday through Saturday



Statewide (all 100 counties)



1-855-375-8811

TTY: 1-866-209-6421 amerihealthcaritasnc.com

24 hours a day, 7 days a week

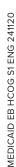


Statewide (all 100 counties)

Please turn the page for added services



Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.







Education

- School supplies, ages 5-18 (\$50 value)
- Free tutoring, all school subjects, ages 8-18

Prenatal

- Free doula care for high-risk pregnancies
- Baby showers and choice of stroller, playpen, car seat or diapers

Wellness

- Up to \$75 reward for completing healthy activities
- Asthma control program, with supplies up to \$1500 value
- Free 6-month WeightWatchers® (WW®)
- Free ASH Fitness gym
- Post-inpatient home-delivered meals

Youth

Free Boy & Girl Scouts, 4H Club or Boys & Girls Club

Other

- Up to \$250 per year for rent deposits/utilities
- Rides to provider and classes



Education

- Up to \$50 in gift cards for students who qualify, \$25 for school supplies
- GED® program

Prenatal

 Baby products, breast pumps, lactation support, doula care and rewards (\$2200 value)

Wellness

- 6 months fresh produce for members who qualify (\$240 value)
- Yea: 'y avm memberships, \$75 youth YMC/, vo icher

Youth



■ \$75 gift card for products that support AuHD/Autism diagnosis

Other

- \$100 yearly for vitamins, massage and acupuncture
- Free virtual doctor visits by mobile app, 24/7
- Smartphone with free monthly unlimited data
- HEPA filter vacuum, hypoallergenic pillowcase/mattress covers
- 14 home-delivered meals after hospital stay

Healthy Blue

Education

- Up to \$50 per year for school supplies after completed care needs screener, only available June-September, ages 6-18
- \$25 gift card to Footlocker or Old Navy, grade 11 or 12 with a 3.5 GPA or higher
- Up to 24 hours per year virtual oneon-one tutoring, ages 6-18

Prenatal

- 2 items from catalog (ex: stroller, car seat) for pregnant members who complete 1 prenatal visit
- Free licensed doula after 1 prenatal visit, some areas
- Rides to birthing or Lamaze classes

Wellness

- 13-week WeightWatchers® (WW®) voucher
- Up to \$40 of fresh fruit and vegetables per month for 3 months
- \$75 for health and wellness visits

Youth

 Up to \$100 yearly for after school activities, after seasonal flu shot, ages 6-18

Other

 Choice of asthma kit for adults or children after wellness visit



Education

 Mission GED® provides coaches, vouchers for GED®, HiSET or TASC

Prenatal

- Free electric non-medical breast pump, milk storage bags
- Infant car seat after at least 1 prental visit in first trimester
- Diapers and wipes after postpartum visit between 7-84 days after delivery
- Free licensed doula, some areas

Wellness

- 6 months WeightWatchers® (WW®)
- Up to \$75 per year rewards card for food and OTC health items

Youth

- Home visits and supplies for youth with asthma
- Free yearly Boys & Girls Club membership, up to age 18

Other

- 14 home-delivered meals after hospital stay
- Extra pair of glasses, eye exam every 2 years, ages 21-64

Standard Plan

To read the short list of **added services** that each Standard Plan offers, turn the page. To see the full list of **added services**, go to ncmedicaidplans.gov. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



1-866-799-5318

TTY: 711 wellcarenc.com

7 a.m. to 6 p.m., Monday through Saturday



Statewide (all 100 counties)



1-800-349-1855

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uhccommunityplan.com/
northcarolina

7 a.m. to 6 p.m., Monday through Saturday



Statewide (all 100 counties)

Healthy Blue

1-844-594-5070

TTY: 711 healthybluenc.com

7 a.m. to 6 p.m., Monday through Saturday



Statewide (all 100 counties)

AmeriHealth Caritas North Carolina

1-855-375-8811

TTY: 1-866-209-6421 amerihealthcaritasnc.com

24 hours a day, 7 days a week



Statewide (all 100 counties)



1-833-552-3876

TTY: 711 carolinacompletehealth.com

7 a.m. to 6 p.m., Monday through Saturday



Only available in the counties listed below

Carolina Complete Health is only available in these counties: Alamance, Alexander, Anson, Bladen, Brunswick, Cabarrus, Caswell, Catawba, Chatham, Cleveland, Columbus, Cumberland, Durham, Franklin, Gaston, Granville, Harr ett, Hoke, Iredell, Johnston, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Nash, New Hanover, Orange, Pender, Person, Richmond, Robeson, Rowan, Sampson, Scotland, Stanly, Union, Vance, Wake, Warren, Wilson



Please turn the page for added services ▶

Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.







Education

- School supplies, ages 5-18 (\$50 value)
- Free tutoring, all school subjects, ages 8-18

Prenatal

- Free doula care for highrisk pregnancies
- Baby showers and choice of stroller, playpen, car seat or diapers

Wellness

- Up to \$75 reward for completing healthy activities
- Asthma control program, with supplies up to \$1500 value
- Free 6-month WeightWatchers® (WW®)
- Free ASH Fitness gym
- Post-inpatient homedelivered meals

Youth

Free Boy & Girl Scouts,
 4H Club or Boys & Girls
 Club

Other

- Up to \$250 per year for rent deposits/utilities
- Rides to provider and classes



Education

- Up to \$50 in gift cards for students who qualify, \$25 for school supplies
- GED® program

Prenatal

 Baby products, breast pumps, lactation support, doula care and rewards (\$2200 value)

Wellness

- 6 months fresh produce for members who qualify (\$240 value)
- Yearly gym memberships, \$75 youth YMCA voucher

Youth

• \$75 gift card for products that a poort ADHD/Autism diagnous

Other

- \$100 year'v for vitamins, massage and acupuncture
- Free virtue do ctor visits by mobile app, 24/7
- Smartphone with free monthly unlimited data
- HEPA filter vacuum, hypoallergenic pillowcase / mattress covers
- 14 home-delivered meals after hospital stay



Education

- Up to \$50 per year for school supplies after completed care needs screener, only available June-September, ages 6-18
- \$25 gift card to Footlocker or Old Navy, grade 11 or 12 with a 3.5 GPA or higher
- Up to 24 hours per year virtual one-on-one tutoring, ages 6-18

Prenatal

- 2 items from catalog (ex: stroller, car seat) for pregnant members who complete 1 prenatal visit
- Free licensed doula after 1 prenatal visit, some areas
- Rides to birthing or Lamaze classes

Wellness

- 13-week WeightWatchers® (WW®) voucher
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- \$75 for health and wellness visits

Youth

 Up to \$100 yearly for after school activities, after seasonal flu shot, ages 6-18

Other

 Choice of asthma kit for adults or children after wellness visit



Education

 Mission GED® provides coaches, vouchers for GED®, HiSET or TASC

Prenatal

- Free electric non-medical breast pump, milk storage bags
- Infant car seat after at least 1 prenatal visit in first trimester
- Diapers and wipes after postpartum visit between 7-84 days after delivery
- Free licensed doula, some areas

Wellness

- 6 months WeightWatchers® (WW®)
- Up to \$75 per year rewards card for food and OTC health items

Youth

- Home visits and supplies for youth with asthma
- Free yearly Boys & Girls Club membership, up to age 18

Other

- 14 home-delivered meals after hospital stay
- Extra pair of glasses, eye exam every 2 years, ages 21-64



Education

- GED® voucher
- Free online math/reading tutoring and book club, grades K-6
- School supplies, grades Pre-K-12 (\$50 value)

Prenatal

- Up to \$150 new parent's package (car seat, breast pump or pack n play)
- Free virtual doula and breastfeeding support

Wellness

- \$75 My Health Pays® Visa Rewards Card for healthy activities
- \$120 My Healthy Balance Food® Visa Card (\$20 per month for fresh fruit and vegetables for 6 months)
- \$150 asthma support supplies (air purifier, hypoallergenic bedding, HEPA vacuum)
- WeightWatchers® (WW®) and YMCA health promotion programs

Youth

 \$150 voucher for sports, activities, afterschool programs

Other

- \$125 for glasses, contacts, ages 21+
- Cell phone with texting
- \$250 care grant to support housing, meal delivery, natural healing
- \$120 CVS Allowance for over the counter supplies such as pain medicine, baby items and first aid supplies

Read the EBCI Tribal Option **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



EBCI TRIBAL OPTION

1-800-260-9992

TTY: 711
EBCITribalOption.com

8 a.m. to 4:30 p.m., Monday through Friday



Only available in the counties listed below

Added Services

Education

- Up to \$250 Graduate Equivalency Degree (GED®) test voucher, materials and life skills training
- Up to \$750 voucher for associate's degree tuition and materials
- Up to \$250 voucher for a computer, if accepted and enrolled full time in an institution of higher education

Prenatal

Up to \$75 in gift cards or a breast pump (approx \$200 value) for members who attend the required prenatal appointments

Wellness

lutrition, cooking and exercise classes

routh

- 💶 pair of sport shoes per calendar year
- Car safety seat with education on installation and use

Other

- Cherokee language classes and supplemental learning materials
- Transportation for job training and other activities to implement person's care plan

EBCI Tribal Option is only available in these counties: Buncombe, Clay, Cherokee, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, Transylvania

009-014-000000

Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.

Alliance Health

1-800-510-9132

TTY: 711 or 1-800-735-2962 alliancehealthplan.org

7 a.m. to 6 p.m., Monday through Saturday



Only available in the counties listed below

Added Services

Education

■ Enrollment fees for Graduate Equivalency Degree® (GED®) test and literacy classes

Wellness

- Enrollment fees for healthy-cooking classes for members, parents and guardians
- Quit tobacco support with trained coaches, web coaching, texts and quit aids

Youth

Specialized camps and summer camps for health and wellness for youth under age 18

Other

- Smartphone with 350 nonthly calling minutes, unlimited texts and 1 GB monthly data
- For members with astima or respiratory illness:
 - \$150 yearly for home carpet cleaning
 - \$250 lifetime benefit for vacuum and HEPA filter replacements
 - One-time window or portable air conditioning unit benefit with doctor's order

Your Tailored Plan is based on the county that manages your Medicaid case. **Alliance Health is only available in these counties:** Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange, Wake

010-014-0000

Questions? Go to <u>ncmedicaidplans.gov</u>. Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

Tailored Plan

Read the Partners Health Management **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



1-888-235-4673

TTY: English: 1-800-735-2962 TTY: Spanish: 1-888-825-6570 partnersbhm.org

7 a.m. to 6 p.m., Monday through Saturday



Only available in the counties listed below

Added Services

Wellness

- \$10 gift card for signing up for Pyx Health mobile app for ages 18+ to screen for loneliness and depression with connection to call center, referrals to crisis line and transfer to care team, if needed
- \$20 gift card for completing and submitting proof of an annual wellness visit

Other

 Cell phone and SafeLink program for free calls from providers, care managers, pharmacies and important family contacts, as funds available

Your Tailored Plan is based on the county that manages your Medicaid case. **Partners Health Management is only available in these counties:** Burke, Cabarrus, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin

Burke, Cal

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Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.



Tailored Plan

Read the Trillium Health Resources **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



1-877-685-2415

TTY: 711 trilliumhealthresources.org

7 a.m. to 6 p.m., Monday through Saturday



Only available in the counties listed below

EDICAID EB TP HCOG THR-TP1 ENG 241120

Added Services

Education

■ Funds for General Educational Development® (GED®) test

Prenatal

Baby Care Kit for new mothers who have completed a prenatal visit

Wellness

- Up to \$25 in vouchers for healthy foods for members who qualify and complete healthy lifestyle classes
- Up to \$250 yearly gym membership fees for members who qualify
- HOMES program to help members who qualify keep permanent housing
- Tailored Care Management Engagement with \$50 for completing a Care Management Comprehensive Assessment
- Up to \$500 one-time move in assistance to help with getting permanent housing

Other

- Free cell phone with one year of data plan for ages 18+
- Up to \$240 per year, per household, in transportation vouchers for members who qualify

Your Tailored Plan is based on the county that manages your Medicaid case. **Trillium Health Resources in only available in these counties:**

Anson, Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene, Guilford, Halifax, Hertford, Hoke, Hyde, Jones, Lee, Lenoir, Martin, Montgomery, Moore, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Randolph, Richmond, Robeson, Sampson, Scotland, Tyrrell, Warren, Washington, Wayne, Wilson

Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.



Tailored Plan

Read the Vaya Health **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



1-800-962-9003

TTY: 711 vayahealth.com

7 a.m. to 6 p.m., Monday through Saturday



Only available in the counties listed below

Added Services

Education

 Graduate Equivalency Degree (GED®) support, including a voucher for one-on-one guidance, study materials in English or Spanish, practice tests, and an online student support group

Prenatal

- Free breast pump
- Up to 3 free lactation classes

Wellness

- \$10 gift card for getting a (iu shot
- \$10 gift card for getting a COVID-19 shot
- Up to 2 free home-delivered meals per day (for up to 7 days) after a qualifying hospital stay
- 6 month voucher for the Weight Watchers® (WW®) app

Other

- \$100 yearly discount off 1 home safety or assistance product to support independent living
- Up to 12 round-trip rides yearly to meet health-related resources needs

Your Tailored Plan is based on the county that manages your Medicaid case. **Vaya Health is only available in these counties:** Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rockingham, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

Questions

1 NEDICAID EB TP HCOG VH-TP6 ENG 241120

Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.



NC Medicaid Direct

Read the NC Medicaid Direct other services. Some services may only be available for members who qualify. For questions, call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com).

NC Medicaid Direct

1-888-245-0179

bit.ly/NCBeneficiaryPortal

8 a.m. to 5 p.m., Monday through Friday



Only available to members who qualify

Other Services

- Assertive community treatment
- Child and Adolescent Day Treatment
- Community support team
- Innovations waiver services
- Intermediate care facilities for individuals with intellectual disabilities (ICF/IDD)
- Intensive in-home services.
- Multisystemic therapy
- Psychiatric residential treatment facilities for children under age 21
- Psychosocial rehabilitation
- Residential treatment facility services (for children and adolescents)
- Substance abuse comprehensive outpatient trectment

- Substance abuse intensive outpatient program
- Substance abuse medically monitored residential treatment
- Substance abuse non-medical community residential treatment
- Traumatic brain injury (TBI) waiver services (Available to those who live in the Alliance Behavioral Health (Alliance) service area of Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange and Wake counties)
- 1915(i) waiver home and community-based services (HCBS), including Respite, Community Living and Support, Community Transition, Supported Employment, and Individual and Transitional Support Services

The Local Management Entity/Managed Care Organizations (LME/MCOs) serve the following counties:

Alliance Health: Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange, Wake

Partners Health Management: Burke, Cabarrus, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin Trillium Health Resources: Anson, Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene, Guilford, Halifax, Hertford, Hoke, Hyde, Jones, Lee, Lenoir, Martin, Montgomery, Moore, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Randolph, Richmond, Robeson, Sampson, Scotland, Tyrrell, Warren, Washington, Wayne, Wilson

Vaya Health: Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rockingham, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

Questions? Go to namedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.

