

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES **Division of Health Benefits** 

MEDICAID EB TP HCOG SUMMARY ENG 241120

# **Health Care Option Guide**

All health care options are required to have the same basic Medicaid services you get now. These include:

- Hospital visits Doctor visits
- Behavioral health care Prescriptions Hospice
- Lab tests and X-rays Medical supplies
- Therapies

• Eye care Care management

To see the full list of NC Medicaid covered services provided by the health care options, go to ncmedicaidplans.gov. Some health care options also have added services.

STANDARD PLAN	TAILORED PLAN	NC MEDICAID DIRECT	EBCI TRIBAL OPTION
A North Carolina Medicaid health plan. It offers physical health, pharmacy, care coordination and basic behavioral health services for members.	A North Carolina Medicaid health plan. It offers physical health, pharmacy, care coordination and behavioral health services. It is for members who may have a serious mental illness severe substance use disorders, intellectual/ developmental disabilities (I/DDs) or traumatic brain injuries (TBIs).	North Carolina's health care program for Medicaid beneficiaries who are not enrolled in North Carolina Medicaid Managed Care. It includes care coordination by Community Care of North Carolina (CCNC), the primary care case management entity (PCCMe). There are Local Management Entity/Managed Care Organizations (LME/MCOs) that coordinate services for a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI).	The primary care case management entity (PCCMe) created by the Cherokee Indian Hospital Authority (CIHA). It includes care coordination by Vaya Health for a serious mental illness, severe substance use disorder, intellectual/ developmental disability (I/DD) or traumatic brain injury (TBI).
<ul> <li>Who qualifies for this option?</li> <li>Most families and children</li> <li>Pregnant women</li> <li>People who are blind or disabled and not receiving Medicare</li> <li>Federally recognized tribal members or others eligible for Indian Health Service (IHS)</li> </ul>	<ul> <li>Who qualifies for this option?</li> <li>People who may have a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI)</li> <li>People who get Innovations Waiver services</li> <li>People who get Traumatic Brain Injury (TBI) Waiver services</li> </ul>	<ul> <li>Who qualifies for this option?</li> <li>Children in foster care</li> <li>Children who get adoption assistance</li> <li>Children who get Community Alternatives Program for Children (CAP/C) services</li> <li>Federally recognized tribal members or others eligible for Indian Health Service (IHS)</li> <li>People in the Health Insurance Premium Payment (HIPP) program</li> <li>People in the Program for All-Inclusive Care for the Elderly (PACE)</li> <li>People who are medically needy</li> <li>People who get Community Alternatives Program for Disabled Adults (CAP/DA) services</li> <li>People who get Family Planning Medicaid only</li> <li>People who get Medicaid and Medicare</li> <li>People who may have a serious mental illness, severe substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI)</li> </ul>	<ul> <li>Who qualifies for this option?</li> <li>Federally recognized tribal members or others eligible for Indian Health Service (IHS) who live in the following counties: Buncombe, Clay, Cherokee, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, Transylvania</li> </ul>

Questions? Go to nemedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages. You can get free auxiliary aids and services, including information in other languages or formats such as large print or audio.

#### **Standard Plan**

To read the short list of **added services** that each Standard Plan offers, turn the page. To see the full list of **added services**, go to <u>ncmedicaidplans.gov</u>. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

WellCare	UnitedHealthcare <sup>®</sup> Community Plan	Elue Healthy Blue	AmeriHealth Caritas North Carolina
1-866-799-5318	1-800-349-1855	1-844-594-5070	1-855-375-8811
TTY: 711	TTY: 711	TTY: 711	TTY: 1-866-209-6421
wellcarenc.com	uhccommunityplan.com/	healthybluenc.com	amerihealthcaritasnc.com
7 a.m. to 6 p.m., Monday through Saturday	northcarolina 7 a.m. to 6 p.m., Monday through Saturday	7 a.m. to 6 p.m., Monday through Saturday	24 hours a day, 7 days a week
Network Service And View Constraints (Constraint) (Constr	United Healthcare Terminsty Plan Member ID: A999999991 Member: NEW MENGLISH AMHPCP Name: DOUGLAS GETWELL AMHPCP Phone: (71)2854-6816 Control Tool And	Member Name: Member ID: Bitwise Date: Date of Bits: Control of Bits: Date of Bits: Dat	AmeriHealth Caritas Norther rans (Jehn L Dea) Amerikan Cartas North Carolina (to procession) Bater (D) (D000000000000 Bater (D) (D000000000000000000000000000000000
Statewide	Statewide	Statewide	Statewide
(all 100 counties)	(all 100 counties)	(all 100 counties)	(all 100 counties)
0000	1	Ple	ease turn the page for added services <b>&gt;</b>

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WellCare	UnitedHealthcare <sup>®</sup> Community Plan	Healthy <b>Blue</b>	AmeriHealth Caritas North Carolina
<ul> <li>Education</li> <li>School supplies, ages 5-18 (\$50 value)</li> <li>Free tutoring, all school subjects,</li> </ul>	<ul> <li>Education</li> <li>Up to \$50 in gift cards for students who qualify, \$25 for school supplies</li> <li>GED<sup>®</sup> program</li> </ul>	Education • Up to \$50 per year for school supplies after completed care needs screener, only available	<ul> <li>Education</li> <li>Mission GED<sup>®</sup> provides coaches, vouchers for GED<sup>®</sup>, HiSET or TASC</li> </ul>
ages 8-18 <b>Prenatal</b> • Free doula care for high-risk pregnancies • Baby showers and choice of stroller, playpen, car seat or diapers	<ul> <li>Prenatal</li> <li>Baby products, breast pumps, lactation support, doula care and rewards (\$2200 value)</li> <li>Wellness</li> </ul>	<ul> <li>June-September, ages 6-18</li> <li>\$25 gift card to Footlocker or Old Navy, grade 11 or 12 with a 3.5 GPA or higher</li> <li>Up to 24 hours per year virtual one- on-one tutoring, ages 6-18</li> </ul>	<ul> <li>Prenatal</li> <li>Free electric non-medical breast pump, milk storage bags</li> <li>Infant car seat after at least 1 prental visit in first trimester</li> <li>Diapers and wipes after postpartum visit between 7-84 days after delivery</li> <li>Free licensed doula, some areas</li> </ul>
Wellness ■ Up to \$75 reward for completing	<ul> <li>6 months fresh produce for members who qualify (\$240 value)</li> <li>Yeely avm memberships, \$75 youth YMC/ voucher</li> <li>Youth</li> <li>\$75 gift card for products that</li> </ul>	<ul> <li>Prenatal</li> <li>2 items from catalog (ex: stroller, car seat) for pregnant members who complete 1 prenatal visit</li> <li>Free licensed doula after 1 prenatal visit, some areas</li> <li>Rides to birthing or Lamaze classes</li> </ul>	
<ul> <li>healthy activities</li> <li>Asthma control program, with supplies up to \$1500 value</li> <li>Free 6-month WeightWatchers<sup>®</sup></li> </ul>			<ul> <li>Wellness</li> <li>6 months WeightWatchers<sup>®</sup> (WW<sup>®</sup>)</li> <li>Up to \$75 per year rewards card for food and OTC health items</li> </ul>
<ul> <li>(WW<sup>®</sup>)</li> <li>Free ASH Fitness gym</li> <li>Post-inpatient home-delivered meals</li> <li>Youth</li> </ul>	<ul> <li>support ADHD/Autism diagnosis</li> <li>Other</li> <li>\$100 yearly for vitamins, massage and acupuncture</li> <li>Free virtual doctor visits by mobile</li> </ul>	<ul> <li>Wellness</li> <li>13-week WeightWatchers<sup>®</sup> (WW<sup>®</sup>) voucher</li> <li>Up to \$40 of fresh fruit and vegetables per month for 3 months</li> </ul>	<ul> <li>Youth</li> <li>Home visits and supplies for youth with asthma</li> <li>Free yearly Boys &amp; Girls Club membership, up to age 18</li> </ul>
<ul> <li>Free Boy &amp; Girl Scouts, 4H Club or Boys &amp; Girls Club</li> </ul>	app, 24/7 Smartphone with free monthly		Other
Other • Up to \$250 per year for rent deposits/utilities	<ul> <li>unlimited data</li> <li>HEPA filter vacuum, hypoallergenic pillowcase/mattress covers</li> <li>14 home-delivered meals after hospital stay</li> </ul>	<ul> <li>Youth</li> <li>Up to \$100 yearly for after school activities, after seasonal flu shot, ages 6-18</li> </ul>	<ul> <li>14 home-delivered meals after hospital stay</li> <li>Extra pair of glasses, eye exam every 2 years, ages 21-64</li> </ul>
<ul> <li>Rides to provider and classes</li> </ul>		Other Choice of asthma kit for adults or children after wellness visit	

### **Standard Plan**

To read the short list of **added services** that each Standard Plan offers, turn the page. To see the full list of **added services**, go to <u>ncmedicaidplans.gov</u>. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



Carolina Complete Health is only available in these counties. Alamance, Alexander, Anson, Bladen, Brunswick, Cabarrus, Caswell, Catawba, Chatham, Cleveland, Columbus, Cumberland, Durham, Franklin, Gaston, Granville, Harr ett, Hoke, Iredell, Johnston, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Nash, New Hanover, Orange, Pender, Person, Richmond, Robeson, Rowan, Sampson, Scotland, Stanly, Union, Vance, Wake, Warren, Wilson

Please turn the page for added services ►

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WellCare	UnitedHealthcare <sup>®</sup> Community Plan	Pealthy Blue	AmeriHealth Caritas North Carolina	carolina complete health.
Education         • School supplies, ages 5-18 (\$50 value)         • Free tutoring, all school subjects, ages 8-18         Prenatal         • Free doula care for high-risk pregnancies         • Baby showers and choice of stroller, playpen, car seat or diapers         Wellness         • Up to \$75 reward for completing healthy activities         • Asthma control program, with supplies up to \$1500 value         • Free 6-month WeightWatchers® (WW®)         • Free ASH Fitness gym         • Post-inpatient home-delivered meals         Youth         • Free Boy & Girl Scouts, 4H Club or Boys & Girls Club         Other         • Up to \$250 per year for rent deposits/utilities         • Rides to provider and classes	<ul> <li>Education <ul> <li>Up to \$50 in gift cards for students who qualify, \$25 for school supplies</li> <li>GED® program</li> </ul> </li> <li>Prenatal <ul> <li>Baby products, breast pumps, lactation support, doula care and rewards (\$2200 value)</li> </ul> </li> <li>Wellness <ul> <li>6 months fresh produce for members who qualify (\$240 value)</li> <li>Yearly gym memberships, \$75 youth YMCA voucher</li> </ul> </li> <li>Youth <ul> <li>\$75 gift card for products that clipport ADHD/Autism diagnolis</li> </ul> </li> <li>Other <ul> <li>\$100 yearly for vitamins, massage and acupuncture</li> <li>Free virtual ductor visits by mobile app, 24/7</li> <li>Smartphone with free monthly unlimited data</li> <li>HEPA filter vacuum, hypoallergenic pillowcase / mattress covers</li> <li>14 home-delivered meals after hospital stay</li> </ul> </li> </ul>	<ul> <li>Education <ul> <li>Up to \$50 per year for school supplies after completed care needs screener, only available June-September, ages 6-18</li> <li>\$25 gift card to Footlocker or Old Navy, grade 11 or 12 with a 3.5 GPA or higher</li> <li>Up to 24 hours per year virtual one-on-one tutoring, ages 6-18</li> </ul> </li> <li>Prenatal <ul> <li>2 items from catalog (ex: stroller, car seat) for pregnant members who complete 1 prenatal visit</li> <li>Free licensed doula after 1 prenatal visit, some areas</li> <li>Rides to birthing or Lamaze classes</li> </ul> </li> <li>Wellness <ul> <li>13-week WeightWatchers® (WW®) voucher</li> <li>Up to \$40 of fresh fruit and vegetables per month for 3 months</li> <li>\$75 for health and wellness visits</li> </ul> </li> <li>Youth <ul> <li>Up to \$100 yearly for after school activities, after seasonal flu shot, ages 6-18</li> </ul> </li> </ul>	<ul> <li>Education <ul> <li>Mission GED® provides coaches, vouchers for GED®, HISET or TASC</li> </ul> </li> <li>Prenatal <ul> <li>Free electric non-medical breast pump, milk storage bags</li> <li>Infant car seat after at least 1 prenatal visit in first trimester</li> <li>Diapers and wipes after postpartum visit between 7-84 days after delivery</li> <li>Free licensed doula, some areas</li> </ul> </li> <li>Wellness <ul> <li>6 months WeightWatchers® (WW®)</li> <li>Up to \$75 per year rewards card for food and OTC health items</li> </ul> </li> <li>Youth <ul> <li>Home visits and supplies for youth with asthma</li> <li>Free yearly Boys &amp; Girls Club membership, up to age 18</li> </ul> </li> <li>Other <ul> <li>14 home-delivered meals after hospital stay</li> <li>Extra pair of glasses, eye exam every 2 years, ages 21-64</li> </ul> </li> </ul>	<ul> <li>Education <ul> <li>GED<sup>®</sup> voucher</li> <li>Free online math/reading tutoring and book club, grades K-6</li> <li>School supplies, grades Pre-K-12 (\$50 value)</li> </ul> </li> <li>Prenatal <ul> <li>Up to \$150 new parent's package (car seat, breast pump or pack n play)</li> <li>Free virtual doula and breastfeeding support</li> </ul> </li> <li>Wellness <ul> <li>\$75 My Health Pays<sup>®</sup> Visa Rewards Card for healthy activities</li> <li>\$120 My Healthy Balance Food<sup>®</sup> Visa Card (\$20 per month for fresh fruit and vegetables for 6 months)</li> <li>\$150 asthma support supplies (air purifier, hypoallergenic bedding, HEPA vacuum)</li> <li>WeightWatchers<sup>®</sup> (WW<sup>®</sup>) and YMCA health promotion programs</li> </ul> </li> <li>Youth <ul> <li>\$150 voucher for sports, activities, afterschool programs</li> </ul> </li> <li>Other <ul> <li>\$125 for glasses, contacts, ages 21+</li> <li>Cell phone with texting</li> <li>\$250 care grant to support housing, meal delivery, natural healing</li> <li>\$120 CVS Allowance for over the counter supplies such as pain medicine, baby items and first aid supplies</li> </ul></li></ul>

## **EBCI** Tribal Option

Read the EBCI Tribal Option **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



EBCI Tribal Option is only available in these counties: Buncombe, Clay, Cherokee, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, Transylvania

Questions? Go to <u>ncmedicaidplans.gov</u>. Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

Read the Alliance Health **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

Alliance Health	Added Services Education
<b>1-800-510-9132</b> TTY: 711 or 1-800-735-2962 alliancehealthplan.org 7 a.m. to 6 p.m.,	<ul> <li>Enrollment fees for Graduate Equivalency Degree® (GED®) test and literacy classes</li> <li>Wellness</li> <li>Enrollment fees for healthy-cooking classes for members, parents and guardians</li> <li>Quit tobacco support with trained coaches, web coaching, texts and quit aids</li> </ul>
Monday through Saturday         Image: Saturday through Saturday         Image: Saturday	<ul> <li>Youth <ul> <li>Specialized camps and summer camps for health and wellness for youth under age 18</li> </ul> </li> <li>Other <ul> <li>Smartphone with 3:00 nonthly calling minutes, unlimited texts and 1 GB monthly data</li> </ul> </li> <li>For members with astima or respiratory illness: <ul> <li>\$150 yearly for home carpet cleaning</li> <li>\$250 lifetime benefit for vacuum and HEPA filter replacements</li> <li>One-time window or portable air conditioning unit benefit with doctor's order</li> </ul> </li> </ul>

Your Tailored Plan is based on the county that manages your Medicaid case. **Alliance Health is only available in these counties:** Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange, Wake

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MEDICAID EB TP HCOG AH-TP2 ENG 241120

Read the Partners Health Management **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



Your Tailored Plan is based on the county that manages your Medicaid case. **Partners Health Management is only available in these counties:** Burke, Cabarrus, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin

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AEDICAID EB TP HCOG PHM-TP4 ENG 241120

Read the Trillium Health Resources **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



Your Tailored Plan is based on the county that manages your Medicaid case. **Trillium Health Resources in only available in these counties:** Anson, Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene, Guilford, Halifax, Hertford, Hoke, Hyde, Jones, Lee, Lenoir, Martin, Montgomery, Moore, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Randolph, Richmond, Robeson, Sampson, Scotland, Tyrrell, Warren, Washington, Wayne, Wilson

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EDICAID EB TP HCOG THR-TP1 ENG 241120

Read the Vaya Health **added services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



Your Tailored Plan is based on the county that manages your Medicaid case. **Vaya Health is only available in these counties:** Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rockingham, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

Questions? Go to ncmedicaidplans.gov. Or call us toll free at 1-833-870-5500 (TTY: 711 or RelayNC.com). We can speak with you in other languages.

#### **NC Medicaid Direct**

Read the NC Medicaid Direct **other services.** Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

#### **NC Medicaid Direct**

1-888-245-0179

bit.ly/NCBeneficiaryPortal

8 a.m. to 5 p.m.,

Monday through Friday

ANNUAL MEDICAID IDENTIFICATION CARE

(Not valid unless signed

D BY ANYONE NOT LISTED ON THE CARD IS

Only available to members

who qualify

First and Last name Street Address

City, State, Zin Co

LME MCO

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#### **Other Services**

- Assertive community treatment
- Child and Adolescent Day Treatment
- Community support team
- Innovations waiver services
- Intermediate care facilities for individuals with intellectual disabilities (ICF/IDD)
- Intensive in-home services
- Multisystemic therapy
- Psychiatric residential treatment facilities for children under age 21
- Psychosocial rehabilitation
- Residential treatment facility services (for children and adolescents)
- Substance abuse comprehensive outpatient treatment

- Substance abuse intensive outpatient program
- Substance abuse medically monitored residential treatment
- Substance abuse non-medical community residential treatment
- Traumatic brain injury (TBI) waiver services (Available to those who live in the Alliance Behavioral Health (Alliance) service area of Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange and Wake counties)
- 1915(i) waiver home and community-based services (HCBS), including Respite, Community Living and Support, Community Transition, Supported Employment, and Individual and Transitional Support Services

The Local Management Entity/Managed Care Organizations (LME/MCOs) serve the following counties:

Alliance Health: Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange, Wake

Partners Health Management: Burke, Cabarrus, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin Trillium Health Resources: Anson, Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene, Guilford, Halifax, Hertford, Hoke, Hyde, Jones, Lee, Lenoir, Martin, Montgomery, Moore, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Randolph, Richmond, Robeson, Sampson, Scotland, Tyrrell, Warren, Washington, Wayne, Wilson

Vaya Health: Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rockingham, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

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