To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after November 1, 2019, please contact your PHP.

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# NC Medicaid Spinal Cord Stimulation (SCS)

# Medicaid and Health Choice Clinical Coverage Policy No: 1A-25 Amended Date: March 15, 2019

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## 1.0 Description of the Procedure, Product, or Service

Spinal cord stimulation (SCS), also known as a dorsal column stimulator, is an implantable medical device used to treat chronic intractable neuropathic pain. A small wire (called a lead) connected to a power source is surgically implanted under the skin. Low-level electrical signals are then transmitted through the lead to the spinal cord or to specific nerves to block pain signals from reaching the brain. Using a remote control, a patient can turn the current on and off, or adjust the intensity. The sensations, or paresthesias, derived from the stimulator are different for everyone. Most patients describe it as a pleasant tingling sensation, subsequently altering the perception of pain and providing analgesia.

Implantation of the spinal cord stimulator is typically a two-step process. Initially, the electrode is temporarily implanted in the epidural space, allowing a trial period of stimulation. Once treatment effectiveness is confirmed, defined as at least 50% reduction in pain, the electrodes and radio receiver/transducer are permanently implanted. This is a reversible therapy and results in no intended neuroablation, or nerve destruction.

When covered, SCS must be provided using an FDA-approved device for FDA-approved indications.

#### 1.1 Definitions

None Apply.

## 2.0 Eligibility Requirements

#### 2.1 Provisions

#### 2.1.1 General

(The term "General" found throughout this policy applies to all Medicaid and NCHC policies)

- a. An eligible beneficiary shall be enrolled in either:
  - 1. the NC Medicaid Program (Medicaid is NC Medicaid program, unless context clearly indicates otherwise); or
  - 2. the NC Health Choice (NCHC is NC Health Choice program, unless context clearly indicates otherwise) Program on the date of service and shall meet the criteria in Section 3.0 of this policy.
- b. Provider(s) shall verify each Medicaid or NCHC beneficiary's eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.
- d. Following is only one of the eligibility and other requirements for participation in the NCHC Program under GS 108A-70.21(a): Children must be between the ages of 6 through 18.

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### 2.1.2 Specific

(The term "Specific" found throughout this policy only applies to this policy)

a. Medicaid

None Apply.

b. NCHC None Apply.

## 2.2 Special Provisions

# 2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

a. 42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary's physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary's right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

- 1. that is unsafe, ineffective, or experimental or investigational.
- 2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

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#### b. EPSDT and Prior Approval Requirements

- 1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.
- 2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide*, and on the EPSDT provider page. The Web addresses are specified below.

NCTracks Provider Claims and Billing Assistance Guide: <a href="https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html">https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html</a>

EPSDT provider page: <a href="https://medicaid.ncdhhs.gov/">https://medicaid.ncdhhs.gov/</a>

### 2.2.2 EPSDT does not apply to NCHC beneficiaries

# 2.2.3 Health Choice Special Provision for a Health Choice Beneficiary age 6 through 18 years of age

NC Medicaid shall deny the claim for coverage for an NCHC beneficiary who does not meet the criteria within **Section 3.0** of this policy. Only services included under the NCHC State Plan and the NC Medicaid clinical coverage policies, service definitions, or billing codes are covered for an NCHC beneficiary.

## 3.0 When the Procedure, Product, or Service Is Covered

Note: Refer to Subsection 2.2 .1regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

#### 3.1 General Criteria Covered

Medicaid and NCHC shall cover the procedure, product, or service related to this policy when medically necessary, and:

- a. the procedure, product, or service is individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness or injury under treatment, and not in excess of the beneficiary's needs:
- b. the procedure, product, or service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the procedure, product, or service is furnished in a manner not primarily intended for the convenience of the beneficiary, the beneficiary's caretaker, or the provider.

#### 3.2 Specific Criteria Covered

## 3.2.1 Specific criteria covered by both Medicaid and NCHC

Permanent placement of a spinal cord stimulator for intractable pain is covered when all of the following criteria are met:

a. The beneficiary has a diagnosis of severe and intractable chronic pain (greater than 6 months' duration) of the trunk or limbs, other than critical limb ischemia, that is refractory to all other pain therapies.

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- b. The beneficiary has undergone careful screening, evaluation, and diagnosis prior to implantation. This includes psychological evaluation within the previous 12 months.
- c. The treatment is used only as a last resort; other treatment modalities (pharmacological, surgical, physical, or psychological therapies) have been tried and failed or have been judged to be unsuitable or contraindicated for the beneficiary.
- d. The beneficiary has demonstrated pain relief of at least 50% improvement with a temporarily (minimum 48 hours) implanted electrode that preceded permanent implantation.
- e. The facilities, equipment, and professional and support personnel required are available for the proper treatment, training, and follow-up of the beneficiary.

## 4.0 When the Procedure, Product, or Service Is Not Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

#### 4.1 General Criteria Not Covered

Medicaid and NCHC shall not cover the procedure, product, or service related to this policy when:

- a. the beneficiary does not meet the eligibility requirements listed in Section 2.0;
- b. the beneficiary does not meet the criteria listed in Section 3.0;
- c. the procedure, product, or service duplicates another provider's procedure, product, or service; or
- d. the procedure, product, or service is experimental, investigational, or part of a clinical trial.

#### 4.2 Specific Criteria Not Covered

#### 4.2.1 Specific Criteria Not Covered by both Medicaid and NCHC

SCS is not covered and may be considered investigational for all other indications, including treatment of the following:

- a. Critical limb ischemia as a technique to forestall amputation.
- b. Visceral pain.
- c. Drug-refractory chronic cluster headaches.
- d. Nociceptive pain (resulting from irritation, not damage to the nerves).
- e. Central deafferentation pain (related to central nervous system damage from a stroke or spinal cord injury).
- f. Pregnant beneficiaries.
- g. Chronic refractory angina pectoris.

## 4.2.2 Medicaid Additional Criteria Not Covered

None Apply.

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## 4.2.3 NCHC Additional Criteria Not Covered

- a. NCGS § 108A-70.21(b) "Except as otherwise provided for eligibility, fees, deductibles, copayments, and other cost sharing charges, health benefits coverage provided to children eligible under the Program shall be equivalent to coverage provided for dependents under North Carolina Medicaid Program except for the following:
  - 1. No services for long-term care.
  - 2. No nonemergency medical transportation.
  - 3. No EPSDT.
  - 4. Dental services shall be provided on a restricted basis in accordance with criteria adopted by the Department to implement this subsection."

## 5.0 Requirements for and Limitations on Coverage

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

## 5.1 Prior Approval

Medicaid and NCHC shall require prior approval for both the trial and the permanent SCS

## **5.2** Prior Approval Requirements

#### 5.2.1 General

The provider(s) shall submit to the Department of Health and Human Services (DHHS) Utilization Review Contractor the following:

- a. the prior approval request; and
- b. all health records and any other records that support the beneficiary has met the specific criteria in **Subsection 3.2.1** of this policy.

## 5.2.2 Specific

None Apply.

## 5.3 Additional Limitations or Requirements

None Apply.

## 6.0 Provider(s) Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid or NCHC qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

# 6.1 Provider Qualifications and Occupational Licensing Entity Regulations

None Apply.

## **6.2** Provider Certifications

None Apply.

## 7.0 Additional Requirements

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

## 7.1 Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and
- b. All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s).

# **8.0** Policy Implementation/Revision Information

**Original Effective Date:** January 1, 1975

**Revision Information:** 

Date	<b>Section Revised</b>	Change
01/01/2010	All sections and	Initial promulgation of current coverage.
	attachment(s)	
01/01/2010	Attachment A	CPT code 63660 deleted, and CPT codes 63661,
		63662,63663,63664 added in CPT update
07/01/2010	All sections and	Session Law 2009-451, Section 10.31(a)
	attachment(s)	Transition of NC Health Choice Program
		administrative oversight from the State Health
		Plan to the Division of Medical Assistance
		(DMA) in the NC Department of Health and
		Human Services.
03/01/2012	Attachment A	CPT code description change for 95970, 95971, 95972, 95973
03/01/2012	Subsection 3.2	Added time criteria to psych evaluation
03/01/2012	All sections and	To be equivalent where applicable to NC
	attachment(s)	DMA's Clinical Coverage Policy # 1A-25 under
		Session Law 2011-145, § 10.41.(b)
03/01/2012	All sections and	Technical changes to merge Medicaid and
	attachment(s)	NCHC current coverage into one policy.
04/01/2013	Attachment A	CPT code 63660 deleted. It was inadvertently
		included in the combined Medicaid and NCHC
		policy.
04/01/2013	All sections and	Replaced "recipient" with "beneficiary."
	attachment(s)	
10/01/2015	All Sections and	Updated policy template language and added
	Attachments	ICD-10 codes to comply with federally
		mandated 10/1/2015 implementation where
00/15/2010	T 11 0 ~	applicable.
03/15/2019	Table of Contents	Added, "To all beneficiaries enrolled in a
		Prepaid Health Plan (PHP): for questions about
		benefits and services available on or after
02/15/2012	111 G .: 1	November 1, 2019, please contact your PHP."
03/15/2019	All Sections and	Updated policy template language.
	Attachments	

## Attachment A: Claims-Related Information

Provider(s) shall comply with the, *NCTracks Provider Claims and Billing Assistance Guide*, Medicaid bulletins, fee schedules, NC Medicaid's clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid and NCHC:

## A. Claim Type

Professional (CMS-1500/837P transaction)

# B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)

Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.

### C. Code(s)

Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy.

If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

Medicaid and NCHC cover the following procedure codes relative to spinal neurostimulators:

CPT	Prior
Code(s)	Approval
	Required?
63650	Yes
63655	Yes
63685	Yes
63661	No
63662	No
63663	No
63664	No
63688	No
95970	No
95971	No
95972	No
95973	No

#### **Unlisted Procedure or Service**

**CPT:** The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

**HCPCS:** The provider(s) shall refer to and comply with the Instructions For Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service.

#### D. Modifiers

Provider(s) shall follow the applicable modifier guidelines.

## E. Billing Units

Provider(s) shall report the appropriate procedure code(s) used, which determines the billing unit(s). Provider(s) may bill one unit per date of service for the above procedure codes.

## F. Place of Service

Inpatient, Outpatient. 95970 through 95973 may also be billed in the office setting.

## G. Co-payments

For Medicaid refer to Medicaid State Plan: https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

For NCHC refer to NCHC State Plan: <a href="https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan">https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan</a>

#### H. Reimbursement

Provider(s) shall bill their usual and customary charges. For a schedule of rates, refer to: <a href="https://medicaid.ncdhhs.gov/">https://medicaid.ncdhhs.gov/</a>