Medicaid and Health Choice Clinical Coverage Policy No: 1T-1 Date: Amended January 15, 2020

To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP.

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NC Medicaid General Ophthalmological Services

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1.0 Description of the Procedure, Product, or Service

General ophthalmological services include a medical examination and evaluation with the initiation or continuation of a diagnostic and treatment program. General ophthalmologic services include the following definitions for the two levels of service:

- a. Intermediate ophthalmological services are an evaluation of a new or existing condition complicated with a new diagnostic or management problem not necessarily relating to the primary diagnosis. This service is used for an acute condition or for a chronic condition which is stable.
- b. **Comprehensive ophthalmological services** are a general evaluation of the complete visual system. The comprehensive services constitute a single service entity but do not need to be performed at one session.

1.1 Definitions

None Apply.

2.0 Eligibility Requirements

2.1 Provisions

2.1.1 General

(The term "General" found throughout this policy applies to all Medicaid and NCHC policies)

- a. An eligible beneficiary shall be enrolled in either:
 - 1. the NC Medicaid Program (Medicaid is NC Medicaid program, unless context clearly indicates otherwise); or
 - 2. the NC Health Choice (NCHC is NC Health Choice program, unless context clearly indicates otherwise) Program on the date of service and shall meet the criteria in Section 3.0 of this policy.
- b. Provider(s) shall verify each Medicaid or NCHC beneficiary's eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.
- d. Following is only one of the eligibility and other requirements for participation in the NCHC Program under GS 108A-70.21(a): Children must be between the ages of 6 through 18.

2.1.2 Specific

(The term "Specific" found throughout this policy only applies to this policy)

- a. Medicaid
 - None Apply.
- b. NCHC

None Apply.

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2.2 Special Provisions

2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

a. 42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary's physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary's right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

- 1. that is unsafe, ineffective, or experimental or investigational.
- 2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

b. EPSDT and Prior Approval Requirements

- 1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.
- 2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide*, and on the EPSDT provider page. The Web addresses are specified below.

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NCTracks Provider Claims and Billing Assistance Guide: https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html

EPSDT provider page: https://medicaid.ncdhhs.gov/

2.2.2 EPSDT does not apply to NCHC beneficiaries

2.2.3 Health Choice Special Provision for a Health Choice Beneficiary age 6 through 18 years of age

NC Medicaid shall deny the claim for coverage for an NCHC beneficiary who does not meet the criteria within **Section 3.0** of this policy. Only services included under the NCHC State Plan and the NC Medicaid clinical coverage policies, service definitions, or billing codes are covered for an NCHC beneficiary.

3.0 When the Procedure, Product, or Service Is Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

3.1 General Criteria Covered

Medicaid and NCHC shall cover the procedure, product, or service related to this policy when medically necessary, and:

- a. the procedure, product, or service is individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness or injury under treatment, and not in excess of the beneficiary's needs;
- b. the procedure, product, or service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the procedure, product, or service is furnished in a manner not primarily intended for the convenience of the beneficiary, the beneficiary's caretaker, or the provider.

3.2 Specific Criteria Covered

3.2.1 Specific criteria covered by both Medicaid and NCHC

General ophthalmological services are covered for new or established beneficiaries when the level of service includes several routine optometric/ophthalmologic examination techniques that are integrated with the diagnostic evaluation. Refer to **Subsection 5.3** for services that are included in the diagnostic evaluation.

Intermediate level of service includes all of the following:

- a. medical history and observations;
- b. external ocular and adnexal examination; and
- c. other diagnostic procedures as indicated.

Comprehensive level of service includes all of the following:

- a. medical history and observations;
- b. external and ophthalmoscopic examinations;
- c. gross visual fields;

- d. basic sensorimotor examination; and
- e. initiation of diagnostic and treatment programs consisting of:
 - 1. the prescription of medication;
 - arranging for special ophthalmological diagnostic or treatment services;
 - 3. consultations:
 - 4. laboratory procedures; or
 - 5. radiological services.

3.2.2 Medicaid Additional Criteria Covered

None Apply.

3.2.3 NCHC Additional Criteria Covered

None Apply.

4.0 When the Procedure, Product, or Service Is Not Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

4.1 General Criteria Not Covered

Medicaid and NCHC shall not cover the procedure, product, or service related to this policy when:

- a. the beneficiary does not meet the eligibility requirements listed in Section 2.0;
- b. the beneficiary does not meet the criteria listed in Section 3.0;
- c. the procedure, product, or service duplicates another provider's procedure, product, or service; or
- d. the procedure, product, or service is experimental, investigational, or part of a clinical

4.2 Specific Criteria Not Covered

4.2.1 Specific Criteria Not Covered by both Medicaid and NCHC

General ophthalmological services are not covered when the criteria in **Subsection 3.2.1 of this policy** are not met and for any one of the following:

- a. screening, preventative or refractive error services (routine eye exams);
- b. prescription of lenses;
- c. monitoring contact lenses for refractive error correction; or
- b. follow-up of a condition that does not require diagnosis or treatment.

4.2.2 Medicaid Additional Criteria Not Covered

None Apply.

4.2.3 NCHC Additional Criteria Not Covered

- a. NCGS § 108A-70.21(b) "Except as otherwise provided for eligibility, fees, deductibles, copayments, and other cost sharing charges, health benefits coverage provided to children eligible under the Program shall be equivalent to coverage provided for dependents under North Carolina Medicaid Program except for the following:
 - 1. No services for long-term care.

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- 2. No nonemergency medical transportation.
- 3. No EPSDT.
- 4. Dental services shall be provided on a restricted basis in accordance with criteria adopted by the Department to implement this subsection."

5.0 Requirements for and Limitations on Coverage

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age..

5.1 Prior Approval

Medicaid and NCHC shall not require prior approval for General Ophthalmological Services.

5.2 Prior Approval Requirements

5.2.1 General

None Apply.

5.2.2 Specific

None Apply.

5.3 Limitations or Requirements

- a. General ophthalmological services are integrated services in which medical decision making is not separate from the examining techniques used. The following service components are included as part of general ophthalmologic services and must not be billed separately:
 - 1. slit lamp examination;
 - 2. keratometry;
 - 3. ophthalmoscopy;
 - 4. retinoscopy;
 - 5. tonometry; and
 - 6. motor evaluation.
- b. Intermediate and comprehensive ophthalmological services for established beneficiaries are each limited to 2 times per year.

5.4 Evaluation and Management Services

Refer to Attachment A (C) Codes.

6.0 Provider(s) Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid or NCHC qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

6.1 Provider Qualifications and Occupational Licensing Entity Regulations

None Apply.

6.2 Provider Certifications

None Apply.

7.0 Additional Requirements

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

7.1 Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and
- b. All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s).

8.0 Policy Implementation/Revision Information

Original Effective Date: January 1, 1974

Revision Information:

Date	Section Revised	Change
11/01/2011	Throughout.	Initial promulgation of current coverage
11/01/2011	Sections 1.0, 3.0,	Coverage clarified to include medical
	4.0, and 5.0	ophthalmological exams only
03/12/2012	Throughout	To be equivalent where applicable to NC
		DMA's Clinical Coverage Policy # 1T-1 under
		Session Law 2011-145, § 10.41.(b)
03/12/2012	Throughout	Technical changes to merge Medicaid and
		NCHC current coverage into one policy.
10/01/2015	All Sections and	Updated policy template language and added
	Attachments	ICD-10 codes to comply with federally
		mandated 10/1/2015 implementation where
		applicable.
05/01/2018	Section 1.0 b.	Added clarifying text under Comprehensive
		ophthalmological services.
05/01/2018	Subsection 3.2.1	Replaced "recipients (patients)" with
		"beneficiaries."
05/01/2018	Subsection 5.3 b.	Replaced "recipients (patients)" with
0.7/04/2040		"beneficiaries."
05/01/2018	Attachment A, C.	Replaced "recipient" with "beneficiary."
03/15/2019	Table of Contents	Added, "To all beneficiaries enrolled in a
		Prepaid Health Plan (PHP): for questions about
		benefits and services available on or after
02/15/2010	A 11 C	November 1, 2019, please contact your PHP."
03/15/2019	All Sections and	Updated policy template language.
01/15/2020	Attachments	II. 1.4. 1 1 4 .
01/15/2020	Table of Contents	Updated policy template language, "To all
		beneficiaries enrolled in a Prepaid Health Plan
		(PHP): for questions about benefits and services
		available on or after implementation, please contact your PHP."
01/15/2020	Attachment A	Added, "Unless directed otherwise, Institutional
01/13/2020	Anacimient A	Claims must be billed according to the National
		Uniform Billing Guidelines. All claims must
		comply with National Coding Guidelines".
		compry with mational Coung Guidennes.

Attachment A: Claims-Related Information

Provider(s) shall comply with the, NCTracks Provider Claims and Billing Assistance Guide, Medicaid bulletins, fee schedules, NC Medicaid's clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid and NCHC:

A. Claim Type

Professional (CMS-1500/837P transaction)

Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.

B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)

Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.

C. Code(s)

Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy.

If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

CPT Code(s)
92002
92004
92012
92014

Evaluation and Management (E/M) visit codes (CPT 99201-99215) must not be billed on the same date of service as CPT codes for general ophthalmological services. Evaluation and management codes may be more appropriate if there are many eye problems, if counseling and coordination of care dominates the visit, or if an underlying medical condition is the primary reason for the visit. The ophthalmology codes are more specific to the services and examination rendered during a visit related to the ocular system. The code choice is dependent on the specific services provided to the beneficiary. The code that most accurately describes the services performed must be the code reported.

Unlisted Procedure or Service

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CPT: The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

HCPCS: The provider(s) shall refer to and comply with the Instructions For Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service.

D. Modifiers

Provider(s) shall follow applicable modifier guidelines.

E. Billing Units

General ophthalmological services are comprised of integrated services and are billed with one unit per complete examination even if performed over more than one session.

F. Place of Service

Inpatient, Outpatient, Office.

G. Co-payments

For Medicaid refer to Medicaid State Plan:

https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

For NCHC refer to NCHC State Plan:

https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

H. Reimbursement

Provider(s) shall bill their usual and customary charges.

For a schedule of rates, refer to: https://medicaid.ncdhhs.gov/