

**Attention: All Providers**

**Medical Care Decisions and Advance Directives**

Individuals who are 18 years and older, and are able to communicate and make health care decisions, have the right to make decisions about their medical and mental health treatment. The Medical Care Decisions and Advance Directive brochure outlines the steps that an individual can take to control decisions about their medical and mental health treatment should they become unable to make or express those decisions on their own.

DMA has recently updated the brochure. It can be downloaded from DMA's [Consumer Rights web page](#). Please share a copy of the brochure with your patients or direct them to the website for a copy of the brochure.

**Director's Office**  
**DMA, 919-855-4100**

- [Consumer Rights Web Page](#)
- Medical Care Decisions and Advance Directive brochure
  - [Condensed Version](#)
  - [Expanded Version](#)