



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

ROY COOPER • Governor  
MANDY COHEN, MD, MPH • Secretary

November 7, 2018

Shantrina Roberts  
Associate Regional Administrator  
Division of Medicaid  
Centers for Medicare and Medicaid Services  
Region IV  
Atlanta Federal Center  
61 Forsyth Street, SW Suite 4T20  
Atlanta, GA 30303-8909

SUBJECT: State Plan Amendment  
Title XIX, Social Security Act  
Transmittal #2018-0009

Dear Ms. Roberts:

Please find attached an amendment for North Carolina's State Plan under Title XIX of the Social Security Act for the Medical Assistance Program. The affected page is Attachment 3.1-A.1, Page 10a.

This state plan change will allow Medicaid to reimburse adult optical services, which include routine eye exams, prescription eyeglasses and medically necessary contact lenses provided to Medicaid beneficiaries 21 years of age and older.

This amendment is effective January 1, 2019.

Your approval of this state plan amendment is requested. If you have any questions or concerns, please contact me or Betty J. Staton at 919-855-4173.

Sincerely,

A handwritten signature in blue ink that reads "Mandy T. Cohen".

*for* Mandy Cohen, MD, MPH  
Secretary

Enclosures

6.b. Optometrists' Services

(1) Routine eye exams and refractions are covered for recipients under 21 years of age once per year and for recipients 21 years of age and older once every two years, based on general medical practice as published in North Carolina Division of Medical Assistance's Medicaid clinical coverage policies on the Division's website. Additional routine eye exams and refractions may be authorized by the State Medicaid Agency, based on Medicaid clinical coverage policy and medical necessity.