

## Fact Sheet

### NC Medicaid Direct Overview

#### **NC Medicaid Direct covers beneficiaries who are not enrolled in Standard Plans or Tailored Plans.**

NC Medicaid transitioned most Medicaid beneficiaries to Standard Plans on **July 1, 2021**.

On **April 1, 2023**, NC Medicaid will transition beneficiaries who need certain services for a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI) to Behavioral Health Intellectual/Development Disability Tailored Plans (Tailored Plans).

Some beneficiaries will remain in NC Medicaid Direct (Excluded) or can choose NC Medicaid Direct instead of a health plan (Exempt). This fact sheet provides details on what NC Medicaid Direct is and who qualifies for NC Medicaid Direct.

#### **WHAT IS NC MEDICAID DIRECT?**

NC Medicaid Direct (Medicaid's former fee-for-service program) is North Carolina's health care program for Medicaid beneficiaries who are not enrolled in a health plan or EBCI Tribal Option. Beneficiaries in NC Medicaid Direct receive care management from two entities:

- Community Care of North Carolina (CCNC) provides care management for physical health services
- Six Local Management Entity/Managed Care Organizations (LME/MCOs) coordinate services for mental health and substance use disorders, I/DD or TBI and Tailored Care Management (TCM)

Beneficiaries may receive physical health services from all NC Medicaid-enrolled providers and behavioral health, I/DD, substance use disorder and waiver services from providers contracted with their LME/MCOs.

#### **WHAT IS CCNC ?**

CCNC provides care management to make sure beneficiaries get health care services when and where they need them. Beneficiaries may qualify for a care manager who will:

- Help them understand their Medicaid benefits.
- Work with their primary care provider (PCP) to provide health care services
- Help arrange appointments and transportation to Medicaid-covered services
- Coordinate with their behavioral health providers

- Connect them to helpful resources in their community

## WHAT IS AN LME/MCO?

An LME/MCO offers services related to a mental health and substance use disorders, I/DD or TBI. These services may include:

- Seeing a counselor, psychologist or psychiatrist for a mental health disorder
- Getting help for children who have attention deficit/hyperactivity disorder (ADHD)
- Getting help with alcohol or drug use
- Care coordination, such as helping beneficiaries access specialty behavioral health services

LME/MCOs will also provide TCM for eligible beneficiaries. TCM services include:

- A single, designated care manager to plan and coordinate the beneficiary's health care needs, services and access to resources.
- Help arrange appointments and transportation to and from provider appointments.
- Follow up with doctors or specialists about the beneficiary's care needs.

There are six LME/MCOs and only one LME/MCO serves each county.

**Alliance Health:** Cumberland, Durham, Johnston, Mecklenburg, Orange, Wake

**Eastpointe:** Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Warren, Wayne, Wilson

**Partners Health Management:** Burke, Cabarrus, Catawba, Cleveland, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin

**Sandhills Center:** Anson, Davidson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond, Rockingham

**Trillium Health Resources:** Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Halifax, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington

**Vaya Health:** Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

## NC MEDICAID POPULATIONS

The following people qualify for full benefits in NC Medicaid Direct:

- Children/youth in foster care
- Children/youth who get adoption assistance
- Former foster care youth
- Children who get Community Alternatives Program for Children (CAP/C) services
- People who get Community Alternatives Program for Disabled Adults (CAP/DA) services

- Federally recognized tribal members or others who qualify for services through Indian Health Service (IHS)
- People in the Program for All-Inclusive Care for the Elderly (PACE)
- People who are medically needy
- People who get Medicaid and Medicare
- People who have a mental health disorder, substance use disorder, I/DD or TBI\*
- People who get Innovations Waiver services\*
- People who get TBI Waiver services\*

The following people qualify for limited benefits in NC Medicaid Direct:

- People who get Family Planning only
- People who only get coverage of Medicare premiums or coverage of private insurance premiums through the Health Insurance Premium Payment program (HIPP)

\* Most of these beneficiaries will transition to Tailored Plans on April 1, 2023. Beneficiaries may have different health care options based on their managed care status in NC FAST.

## NC MEDICAID DIRECT SERVICES

NC Medicaid Direct offers the same basic benefits and services as the Tailored Plans and Standard Plans. For a full list, go to [ncmedicaidplans.gov/learn/benefits-and-services](https://ncmedicaidplans.gov/learn/benefits-and-services).

