

## North Carolina Community Transitions Institute

### Ensuring Quality Transitions to Community Life 6<sup>th</sup> Annual Institute

#### **Frequently Asked Questions**

What are the **required** dates of attendance?

- Transitions Symposium: May 17<sup>th</sup> 19<sup>th</sup> Live Session Hours (see schedule on page 3 and 4)
- Person-Centered Collaborative Communication: August 5, 6, 12, 13, 19, 26, 27 Live Session Hours (see schedule on page 3 and 4)

What are the **optional** dates of attendance?

- Person-Centered Thinking: June 10, 17, 24, and July 8 Live Session Hours (see schedule on page 3 and 4)
- Motivational Interviewing: June 11, 18, 25, and July 9 Live Session Hours (see schedule on page 3 and 4)
- Integrated Skills Practice Person-Centered Thinking and Motivational Interviewing Combined: July 16, 23, 30 Live Session Hours (see schedule on page 3 and 4)

Why are there optional sessions?

- Person-Centered Thinking and Motivational Interviewing are optional sessions because each year approximately half of the Institute members have already completed a training course in one or both topics.
- Individuals who have completed a training in the past are welcome to join as a refresher

How do I apply?

 Applications must be submitted online through this registration link: https://www.ncsurveymax.com/TakeSurvey.aspx?SurveyID=p2LLl693

What is the deadline to apply?

• The deadline to submit an application is Friday, April 30, 2021.

How much is the Institute registration fee?

• \$110.00





#### What does my registration fee include?

• The \$110.00 registration fee includes attendance at all live events, access to recorded sessions, and General Continuing Education Units (CEU's).

#### If I attended previously, can I apply again?

• Yes, you may submit an application if you attended previously. Acceptance will depend on available space.

#### Is a Letter of Support required from my supervisor/manager?

- No, Letters of Support from your supervisor/manager are no longer required for participation in the Institute.
- We do request contact information for your supervisor is so we can include them in surveys and other data collection activities to improve the quality of the Institute.

#### Will my supervisor/manager know anything about my participation?

• No, we will not communicate with your supervisor/manager about any aspect of your participation in the Institute.

#### Who issues the Continuing Education Units (CEU's)?

AXIS Medical Education

#### Where will the events be held?

- All events will be held virtually using a webinar technology (e.g., Zoom).
- Additional information on how to join will be provided in advance of each session.

#### When will I know if I have been accepted?

• You will be notified within 5 business days of submitting your application.

#### Who do I contact if I have questions?

• You can contact Tracy Pakornsawat, the Professional Development Coordinator for the Institute at tracy.pakornsawat@dhhs.nc.gov.





### Preliminary Agendas (\*)

### Symposium (Required Attendance)

Date	Time	Topic
Monday May 17	12:00 – 2:30	Welcome
		Keynote Address
		Introduction to the Institute
Tuesday May 18	12:00 – 2:30	Overview of Olmstead
		Assistive Technology in Transitions
Wednesday May	12:00 – 2:30	Supportive Housing
19		Addressing Isolation and Loneliness
Thursday May 20	12:00 - 3:00	Collaborative Communication Success Story
. ,		Closing Ceremony

### Person-Centered Thinking (Optional Attendance)

Facilitator: Tanya Richmond

Dates	Time	Topic
Thursday June 10	12:00 – 1:30	Welcome
		Introduction to Person-Centered Thinking
		Core Concepts
Thursday June 17	12:00 – 1:30	Promoting Positive Control
Thursday June 24	12:00 – 1:30	Reflection
-		Clear Communication
Thursday July 8	12:00 – 1:30	Deepening Understanding
		Closing and Wrap-Up

### Motivational Interviewing (Optional Attendance)

Facilitator: Marty Weems

Dates	Time	Topic
Friday June 11	12:00 – 1:30	Welcome
		Introduction to Motivational Interviewing
		Core Concepts
Friday June 18	12:00 – 1:30	Spirit of Motivational Interviewing
		Principles of Motivational Interviewing
Friday June 25	12:00 – 1:30	Change
		Key Skills
Friday July 9	12:00 – 1:30	Discord
		Closing and Wrap-Up





# Integrated Skills Practice: Person-Centered Thinking and Motivational Interviewing Combined (Optional Attendance)

Facilitators: Tanya Richmond and Marty Weems

Dates	Time	Topic
Friday July 16	12:00 – 1:30	Welcome
		Introduction to Integrated Skills Practice
Friday July 23	12:00 – 1:30	Report Outs
		Skills Practice
Friday July 30	12:00 – 1:30	Report Outs
		Skills Practice
		Closing and Wrap-Up

#### **Person-Centered Collaborative Communication**

Facilitators:

Leigh Ann Kingsbury, Tanya Richmond, Marty Weems

Dates	Time	Topic
Thursday August 5	12:00 – 2:00	Welcome
		Introduction to Integrated Skills Practice
Friday August 6	12:00 – 2:00	Fully Deciding
Thursday August	12:00 – 2:00	Effectively Preparing
12		
Friday August 13	12:00 – 2:00	Comfortably Transitioning
Thursday August	12:00 – 2:00	Effective Follow-Along and Thriving
19		
Friday August 20	No Session	
Thursday August	12:00 – 2:00	Unconscious Bias
26		Self-Care
Friday August 27	12:00 - 3:00	Theater Delta
		Closing Ceremony

(\*) Final agendas will be provided at the beginning of each portion of the Institute.



