

## NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

## NC MEDICAID and NC HEALTH CHOICE DIVISION OF HEALTH BENEFITS DUR MEETING

## AGENDA

Thursday, July 24, 2025, 1:00 p.m. - 3:00 p.m.

Virtual Online Meeting

Meeting Registration:

https://medicaid.ncdhhs.gov/meetings-notices/committees-and-work-groups/nc-drugutilization-review-board

- I. Welcome and Introductions
- II. Review and Approval of Minutes from April 2025 NC DUR Board Meeting
- III. Division of Health Benefits Updates
- IV. Pre-Paid Health Plan Updates
- V. 2025 DUR Review Plan

1.

- VI. Reports
- Prospective Drug Utilization Review
  - Pro-DUR Alert Reports
  - Top 100 Drugs by Total Claims
  - Top 100 Drugs by Payment Amount
  - Top 15 Drugs by HICL Sequence Number
  - Top 15 Drugs by Specific Therapeutic Class (GC3)
- 2. Retrospective Drug Utilization Review
  - Trigger Reports
  - Financial Trend
  - Deprescribing Opportunities
  - Dupixent Dosing
  - Compliance with Long-Acting Injectable Antipsychotics
  - GLP-1 Quarterly Trends
  - Appendix: Concurrent Use of Opioids and Z-Drugs
  - Appendix: Concurrent Use of Opioids and Antipsychotics
  - Appendix: Concurrent Use of Opioids and Benzodiazepines
- VII. Drug Utilization Review Board
  - 1. Summary of Retrospective Drug Utilization Review Activities
- VIII. Next North Carolina DUR Board Meeting: October 23, 2025