



## NC DEPARTMENT OF **HEALTH AND HUMAN SERVICES**

### NC MEDICAID and NC HEALTH CHOICE DIVISION OF HEALTH BENEFITS DUR MEETING

### AGENDA

**Thursday, October 23, 2025, 1:00 p.m. – 3:00 p.m.**

Virtual Online Meeting

Meeting Registration:

<https://medicaid.ncdhhs.gov/meetings-notices/committees-and-work-groups/nc-drug-utilization-review-board>

- I. Welcome and Introductions
- II. Review and Approval of Minutes from July 2025 NC DUR Board Meeting
- III. Division of Health Benefits Updates
- IV. Pre-Paid Health Plan Updates
- V. 2025 DUR Review Plan and Proposed 2026 Review Plan
- VI. Reports
  1. Prospective Drug Utilization Review
    - Pro-DUR Alert Reports
    - Top 100 Drugs by Total Claims
    - Top 100 Drugs by Payment Amount
    - Top 15 Drugs by HICL Sequence Number
    - Top 15 Drugs by Specific Therapeutic Class (GC3)
  2. Retrospective Drug Utilization Review
    - Trigger Reports
    - Financial Trend
    - Antibiotic Stewardship
    - GLP-1 and Oral Contraception
    - Deprescribing- Proton Pump Inhibitors (Part 2)
    - GLP-1 Quarterly Trends
    - Appendix: Concurrent Use of Opioids and Z-Drugs
    - Appendix: Concurrent Use of Opioids and Antipsychotics
    - Appendix: Concurrent Use of Opioids and Benzodiazepines
- VII. Drug Utilization Review Board
  1. Summary of Retrospective Drug Utilization Review Activities
- VIII. Next North Carolina DUR Board Meeting: January 22, 2026