

Tailored Care Management 102:

Becoming an Advanced Medical Home Plus (AMH+) Practice and Care Management Agency (CMA)

October 8, 2021

Tailored Care Management Webinar Series

Today's webinar is a part of a series to help develop a shared understanding of the Tailored Care Management model across the North Carolina provider community and any anyone else who is interested.

Date Fridays 12 -1 PM	Торіс	
October 1, 2021	Introduction to Tailored Care Management	
October 8, 2021	Becoming an AMH+/CMA	★ Today's Focus
October 15, 2021	Health IT Requirements and Data Sharing	
October 22, 2021	Partnering with a Clinically Integrated Network and Other Partners	
October 29, 2021	Delivery of Tailored Care Management	
November 5, 2021	Transitional Care Management Community Inclusion Activities	
November 19, 2021	Conflict-Free Care Management and Additional Care Coordination Functions for Members Enrolled in the Innovations or TBI Waiver	
December 3, 2021	Billing	
December 10, 2021	Oversight and Quality Measurement/Improvement	

Tailored Care Management Webinar Series

Time permitting, we will be holding a Q&A session at the conclusion of today's presentation.

- You may ask a question at any time throughout the presentation, using the Q&A text box
- Q&A text box is located at the lower right-hand side of the screen
- Simply type in your question and click send

A recording of today's presentation and the slide deck will be available at the below website.

For more information on Tailored Care Management, please visit: https://medicaid.ncdhhs.gov/transformation/tailored-care-management

Presenters

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NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

Agenda



Recap: Tailored Care Management Model Overview

What is Tailored Care Management?

Key Features of Tailored Care Management

Tailored Care Management is the primary care management model for BH I/DD Tailored Plans.

- All Tailored Plan Members are eligible for Tailored Care Management, including individuals enrolled in the 1915(c) Innovations and TBI waivers.
- Individuals enrolled in NC Medicaid Direct (e.g., dual eligibles) will also have access to Tailored Care Management, if they otherwise would be eligible for a Tailored Plan if not for belonging to a group delayed or excluded from managed care.

Tailored Plan members will be assigned to one of three approaches for obtaining Tailored Care Management: an Advanced Medical Home Plus (AMH+) practice, Care Management Agency (CMA), or a plan-based care manager.

- The Department strongly believes that care management should be provider-based and performed at the site of care (i.e., at an AMH+/CMA) to the maximum extent possible.
- Providers must be certified as an AMH+ practice or CMA to perform Tailored Care Management.

Under Tailored Care Management, members will have a single care manager who will be equipped to manage all of their needs, spanning physical health, behavioral health, I/DD, TBI, pharmacy, LTSS, and unmet health-related resource needs.

Key Updates

Key Updates on Certification Process

In preparation for the launch of Tailored Care Management, the Department has initiated two rounds of AMH+/CMA certification. Fifty-four providers passed desk reviews in the first round, and thirty-nine providers have submitted applications for the second round.

Round	Application Deadline	Desk Reviews/Site Reviews	Expected Date to Launch Tailored Care Management
1	June 1, 2021	Desk reviews: Summer 2021Site reviews: Fall 2021	July 1, 2022
2	September 30, 2021	Desk reviews: Fall 2021Site reviews: Winter 2022	July 1, 2022 – January 1, 2023

The AMH+ and CMA certification process is distinct from both the Medicaid enrollment and AMH attestation processes.

Details on future rounds of certification will be posted at: https://medicaid.ncdhhs.gov/transformation/tailored-care-management

Application Process and Certification Requirements for AMH+ Practices and CMAs

AMH+ and CMA Certification Process

In both the periods before and after Tailored Plan launch, there will be a single, statewide AMH+/CMA certification process for determining whether a provider organization should be certified to perform Tailored Care Management.



The Department has contracted with the National Committee for Quality Assurance (NCQA) to conduct desk and site reviews going forward according to the criteria that have been previously published.¹ NCQA will also conduct recertification of providers on the Department's behalf. The Department will maintain oversight over these processes.

Tailored Plan (LME/MCO) Role

1. AMH+/CMA certification is separate from NCQA's PCMH program and NCQA case management certification and does not qualify as NCQA health plan accreditation.

AMH+ and CMA Certification Process – *continued*

 <u>Desk Review</u>: Review of each written application to determine whether the organization has the potential to satisfy the full criteria at Tailored Plan launch.

The **desk review tool** provides guidance on what reviewers will look for in applications: https://files.nc.gov/ncdma/AMH--CMA-Certification-Desk-Review-Guide-and-Scoring-Tool-Draft-4.13.2021lc.pdf

- <u>Site Review</u>: One or more site reviews with providers that "pass" the desk review to drive a final decision on certification, and to increase understanding of each organization's capacity, strengths, and areas for improvement, including need for capacity building funding.
- <u>Readiness Review</u>: Additional review of certified AMH+ practices and CMAs shortly before Tailored Care Management launch to verify that they are ready to perform the required Tailored Care Management functions.

Role of CIN or Other Partners in Application Process

Note: 10/22 webinar will provider a deeper dive on partnering with a CIN/Other Partner

The Department will allow – but not require – AMH+ practices and CMAs to work with a Clinically Integrated Network (CIN) or Other Partner to assist with the requirements of the Tailored Care Management model. CINs or Other Partners may answer certain questions in the AMH+/CMA application, if applicable to an organization's application.

How may CINs or Other Partners Serve AMH+ practices and CMAs?

- Supporting application process by completing the CIN or Other Partner Supplement
- Providing local care management staffing, functions and services
- Supporting AMH+ and CMA analytics and data integration
- Assisting in the contracting process or directly contracting with Tailored Plans on behalf of AMH+ practices/CMAs

How does the certification process work if a provider has not yet decided whether to contract with a CIN or Other Partner?

- Individual AMH+ practices and CMAs will be certified – not CINs
- Organizations that have not yet decided whether/how to affiliate with a CIN or Other Partner may begin the application process now
 - Final certification decision prior to Tailored Plan launch will include assessment of how roles and responsibilities will be shared between provider and CIN or Other Partner

A "CIN or Other Partner" is an organization with which an AMH+ or CMA may be affiliated that helps the AMH+ or CMA meet the requirements of the model.

Certification Requirements Overview

The AMH+ and CMA certification application assesses whether organizations are <u>credibly</u> on track to deliver Tailored Care Management by Tailored Plan launch.

Requirements:

- Meet eligibility definitions as an AMH+ or CMA
- 2) Show appropriate organizational standing/experience
- 3) Show appropriate staffing
- Demonstrate the ability to deliver all required elements of the Tailored Care Management model
- 5 Meet health IT requirements
- 6) Meet quality measurement and improvement requirements
- Participate in required training (occurs after initial certification)

Organizations do not have to be fully ready now, but in their applications should have described their plans to achieve readiness by Tailored Care Management launch.

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	sul	upparen December 2, 2020 to reflect that applications should be britted to a new email address: Medicaid.TailoredCareMgmt@dhhs.nc.gov. No other dates have been made since the June 9, 2020 version.
		NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
		Behavioral Health and Intellectual/Developmental Disability Tailored Plan
		Tailored Care Management Certification AMH+ and CMA Application Instructions
	Ins	tructions for AMH+ and CMA applicants:
	1	To complete this application, please copy and paste all questions into a separate word document and complete with your responses. Please stay within the page limits indicated.
١	2.	The Department recognizes that many provides plan to work with Clinically Integrated Networks (CINs) or Other Partners to perform the required Tallored Care Management functions. In reponse to comments from talkholders, the Department has decided to allow a pathway for CIN or Other Partners to answer certain questions, if applicable to an organization's application. Therefore, the application questions now consist of the following:
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12		 CIN or Other Partner Supplement. This Supplement includes a subset AMH+ and CMA questions, reflecting functions that the Department is aware are likely to be performed by CINs or Other Surfaces. The Supplement is deviced to be completed by the CINs or Other Bartons

CBI or other Partner's Supplement, This Supplement incluses a subset AMP and CAMP. Advances, infering front some the Department incluses are lead to be performed by CBN approximation, infering front and the CBN and the Department recognizes that included CAN or Other Partner arrangements may differ in the speed support processes, and the support may differ across information particles. The CBN or Other Partner may complete some, but not all, questions in the Supplement, depending on the model of support they proceeds to provide the support intersect. SMIR CAND. Stand set complete the CDN of other Partner's Supplement, even if they are intending to provide if support to practices as "Other Partner's Supplement, even if they are intending to provide IT support to practices as

Or Your organization must ensure that all questions on your application en complete scross the AMH+ and CMA Question, and the Supperment. It is your organization's responsibility to make it clear to the Department's reviewers what your plans are forth arrangement within the CM or Other Stroner. If the arrangement with the CIM or Other Parmer will be different to different populations (e.g., CIM will support suffing for behaviourin behaviouri VCM). Devision distribution ends to be clearly reflected in how the sufficient of the sufficient populations of the clearly reflected in how the sufficient of the sufficient populations.

Organizations should cross-reference the Tailored Care Management <u>Provider Manual</u> when completing the <u>Application Form</u>.

1. Eligibility

Advanced Medical Home Plus (AMH+)

Definition: Primary care practices actively serving as AMH Tier 3 practices, whose providers have experience delivering primary care services to the Tailored Plan eligible population or can otherwise demonstrate strong competency to serve that population. To demonstrate experience and competency to serve the Tailored Plan eligible population, each AMH+ applicant must attest that it has a patient panel with at least 100 active Medicaid patients who have an SMI, SED, or severe SUD; an I/DD; or a TBI. "Active" patients are those with at least two encounters with the AMH+ applicant's practice team in the past 18 months.

AMH+ practices may, but are not required to, offer integrated primary care and behavioral health or I/DD services.

To be eligible to become an AMH+, the practice must intend to become a network primary care provider for Tailored Plans.

Care Management Agency (CMA)

Definition: Provider organizations with **experience delivering behavioral health, I/DD, and/or TBI services to the Tailored Plan eligible population**, that will hold primary responsibility for providing integrated, whole-person care management under the Tailored Care Management model.

To be eligible to become a CMA, an organization's **primary purpose** at the time of certification must be the delivery of NC Medicaid, NC Health Choice, or State-funded services, other than care management, to the Tailored Plan eligible population in North Carolina. The "CMA" designation is new and will be unique to providers serving the Tailored Plan population.

AMH+ practices or CMAs must not be owned by, or be subsidiaries of, Tailored Plans.

Organizations must indicate the population(s) for which they are applying to be certified.

Mental Health and Substance Use Disorder (SUD)

- Adult
- Child/adolescent

I/DD

TBI

Innovations Waiver

TBI Waiver

Co-occurring I/DD and Behavioral Health

- Adult
- Child/adolescent



- AMH+ certification will be at the practice site level, in alignment with the current AMH certification process.
- CMA certification will be at the level of the entire organization. However, if a potential CMA spans multiple Tailored Plan regions, the organization will be certified at the level of each region.

2. Organizational Standing/Experience

Certification Criteria	Key Application Content	What NCQA will be Looking For
2.1. Relevant experience	 Information provided about current scope of services and populations Description of organization's history and length of experience 	 Alignment of prior experience with population: generally, at least 2 year history of services aligned with population served, in NC Integration of mental health and SUD for BH agencies
2.2. Provider relationships and linkages	 Description of current contracts and arrangements with other providers, including those that could play the "clinical consultant" role 	 Relationships/formal linkages in place Plan for strengthening relationships for "clinical consultant" roles
2.3. Capacity and sustainability	 Attachment of most recently audited financial report Description of leadership team for Tailored Care Management 	 Evidence of financial capacity (e.g., balanced budget) Clear leadership roles and accountability
2.4. Oversight	 Board approval Organizational chart Description of how management and oversight will occur 	 Appropriate structures in place to oversee the Tailored Care Management model Strong governance with appropriate executive and management structure and approval of the application

Deep Dive: Clinical Consultants

AMH+ practices and CMAs should develop relationships with clinical consultants to provide subject matter expert advice to the care team.

An adult psychiatrist or child and adolescent psychiatrist (depending on the population being served)

A neuropsychologist or psychologist

<u>For CMAs</u>: A primary care physician appropriate for the population being served, to the extent the member's PCP is not available for consultation AMH+ practices and CMAs may employ or contract with consultants or do so through a CIN or Other Partner.

Clinical consultants should be available by phone to staff within AMH+ practices and CMAs to advise on complex clinical issues on an ad hoc basis.

Category 3: Staffing

By Tailored Plan launch, care managers at AMH+ practices and CMAs must meet minimum requirements below:

Care Management Staff	Minimum Requirements	
Care managers serving all members	 A bachelor's degree in a field related to health, psychology, sociology, social work, nursing, or another relevant human services area, or licensure as a registered nurse (RN); and Two years of experience working directly with individuals with behavioral health conditions (if serving members with behavioral health needs) or with an I/DD or a TBI (if serving members with I/DD or TBI needs); and For care managers serving members with LTSS needs: two years of prior LTSS and/or HCBS coordination, care delivery monitoring, and care management experience, in addition to the requirements cited above. (This experience may be concurrent with the two years of experience working directly with individuals with behavioral health conditions, an I/DD, or a TBI, above.) 	
Supervising care managers serving members with behavioral health conditions	 A master's-level fully Licensed Clinical Social Worker (LCSW), fully Licensed Clinical Mental Health Counselor (LCMHC), fully Licensed Psychological Associate (LPA), fully Licensed Marriage and Family Therapist (LMFT), or licensure as an RN; and Three years of experience providing care management, case management, or care coordination to the population being served. 	
Supervising care managers serving members with I/DD or a TBI (must have <u>one</u> of the following minimum qualifications)	 A bachelor's degree in a field related to health, psychology, sociology, social work, nursing, or another relevant human services area and five years of experience providing care management, case management, or care coordination to complex individuals with I/DD or TBI; or A master's degree in a field related to health, psychology, sociology, social work (e.g., LCSW), nursing, or another relevant human services area, or licensure as an RN and three years of experience providing care management, case management, or care coordination to complex individuals with an I/DD or a TBI. 	

Category 4: Delivery of Tailored Care Management

Certification Criteria	Key Application Content	What NCQA will be Looking For
4.1. Policies and procedures for communication with members	 Attestation that the organization will develop policies 	 [Attestation]
4.2. Capacity to engage with members through frequent contact	 Description of strategy to meet minimum contact requirements 	
4.3. Care management comprehensive assessments and reassessments	 Description of approach to care management comprehensive assessment 	Clear strategy for how the organization will meet each of the minimum requirements and tailor to the
4.4. Care plans and Individual Support Plans (ISPs)	 Description of approach to care plans/ISPs 	population being served.
4.5. Care teams	 Description of approach to developing care team and convening regular conferences, including foreseen challenges Description of strategy to share and manage access to patient information 	

Deep Dive: Care Team Formation

AMH+ practices and CMAs must establish a multidisciplinary care team for each member. The care team should include the member, the member's care manager and the following individuals, depending on the member's needs:

- Supervising care manager
- Primary care provider
- Behavioral health provider(s)
- I/DD and/or TBI providers, as applicable
- Other specialists
- **Nutritionists**
- Pharmacists and pharmacy techs
- The member's obstetrician/gynecologist (for pregnant women)
- In-reach and transition staff, as applicable
- Care manager extenders (e.g., community navigators, peer support specialists, community health workers)
- Other providers and individuals, as determined by the care manager and member

The AMH+ or CMA does not need to have all the care team members on staff or embedded in the practice.

Providers of various specialties may participate in care teams virtually from other settings.

The Department intends to release additional guidance on which functions extenders can perform.

Category 4: Delivery of Tailored Care Management

Certification Criteria	Key Application Content	What NCQA will be Looking For
4.6. Required components of Tailored Care Management	 Description of approach to meet each of the required components Attestation to provide or arrange for 24/7 coverage for services, consultation or referral, and treatment for emergency medical conditions 	 Experience and capabilities for: Care coordination Twenty-four hour coverage Ensuring annual physical exam is carried out Continuous monitoring Medication monitoring System of Care Individual and family supports Health promotion
4.7. Addressing unmet health- related resource needs	 Description of relationships with community organizations Description of experience in addressing unmet health-related resource needs 	 Experience and competency providing referral, information and assistance
4.8. Transitional care management	 Attestation of access to ADT data Description of methodologies to respond to ADT data Description of transition approaches for special populations and diversion from institutional settings 	 Experience and capability managing transitions Plan for achieving ADT access, if not in place Evidence of an approach to identifying and diverting members who are at risk of requiring care in an adult care home or an institutional setting
4.9. Innovations and TBI Waiver Care Coordination (if applicable)	 Description of approaches to address additional requirements if serving this population 	 Experience serving this population

Category 5: Health Information Technology

Certification Criteria	Key Application Content	What NCQA will be Looking For
5.1. Use an Electronic Health Record (EHR) or clinical system of record	 Attestation that EHR or clinical system of record is in place Description of EHR or clinical system of record 	 EHR or clinical system of record must be in place at the time of application
5.2. Use a care management data system	 Description of care management data system Description of how claims/encounter data will be imported, curated, and analyzed 	 Description of system in place or planned at the organization and/or proposal to work with Tailored Plan or CIN to implement <u>Note: no requirement</u> to use the Tailored Plan's care management data system
5.3. Use ADT information	 Attestation of access to ADT data Description of methodologies to respond to ADT data 	 Plan for achieving ADT access, if not in place today
5.4. Use NCCARE360	[Use of NCCARE360 is not required now, but will be required when the application is certified as being fully deployed].	
5.5. Risk stratify the population under Tailored Care Management beyond acuity tiering	[Currently optional] Encouraged, and required from Year Three of Tailored Plans onwards	

Category 5: Health Information Technology

IT Capabilities Supporting Care Management

- Manage population health
- Respond to individual beneficiary needs
- Track referrals and follow-ups
- Monitor medication adherence
- Respond to unmet health-related resource needs
- Document and store beneficiary care plans/ISPs
- Facilitate "warm hand-offs" of beneficiaries between plans, care managers, and care settings, as needed
- Interface with NCCARE360

The Department will work with Tailored Plans, AMH+ practices, and CMAs to develop consensus around specific data formats, contents, triggers, and transmission methods for critical data exchanges.



AMH+ Practice and CMA Dataflows

Tailored Plan to AMH+ and CMA Dataflows

Tailored Plans will be expected to share the following data in a machine-readable format with AMH+ practices, CMAs, or their designated CINs or Other Partners, for their attributed members to support Tailored Care Management:

- Member assignment information, including demographic data and any relevant clinical and available eligibility information
- Member claims/encounter data, including historical physical (PH), behavioral health (BH), and pharmacy (Rx) claims/encounter data with new data delivered monthly (PH/BH) or weekly (Rx)
- Acuity tiering and risk stratification information
- Quality measure performance information at the practice-level (format TBD)
- Other data or information that may be used to support Tailored Care Management (e.g., previously established care plans, ADT data, historical member clinical information)

Additional AMH+ and CMA Data Requirements

AMH+ practices and CMAs will also be expected to acquire and use the following data to support Tailored Care Management:

- Admission, Discharge, and Transfer (ADT) information
- Relevant clinical information for population health care management processes, including data from the care management comprehensive assessment, care plan/ISP, and referral data

Category 6: Quality Measurement and Improvement

Certification Criteria	Key Application Content	What NCQA will be Looking For
6. Ability to use data to drive internal quality improvement through quality measurement and continuous quality improvement (CQI)	 Description of plan to evaluate care management systems, processes, and services (internal QI) Description of plan to participate in quality measure documentation and data analysis (i.e., how the provider would use quality measure data from the Tailored Plan; or gather information to share with the Tailored Plan as needed) 	 Approach for using internal data to drive improvement using a systematic process Experience using and reporting quality measures

Category 6: Quality Measurement and Improvement

After launch of Tailored Plans, AMH+ practices and CMAs will be required to gather, process, and share data with Tailored Plans – as well as use data shared by Tailored Plans – for the purpose of quality measurement and reporting.

DHHS will use a wide range of measures to assess Tailored Plans, including but not limited to the Federally-required Health Home Core Measures (see appendix for list of Health Home Core measures).

 Many of these measures will be calculated directly by DHHS using encounter data and will not require additional information from plans or practices.

DHHS will calculate results on a subset of those measures to assess performance for individual AMH+/CMAs.

 DHHS is exploring using a smaller subset of those measures to inform Tailored Care Management incentive payments in future years (i.e., <u>not</u> in Year 1).

The full list of Tailored Plan quality measures can be found in the <u>Technical Specifications document</u>

Category 7: Training

Each Tailored Plan will design and implement a training plan, within DHHS guidelines on the topics that must be covered.

Certification Criteria	Key Application Content	What NCQA will be Looking For
	 Key Application Content Attestation of intention to complete required trainings 	 What NCQA will be Looking For Ensure care managers and supervisors will complete required trainings on: Tailored Plan eligibility and services Whole-person health and unmet resource needs Community integration Components of Health Home care management Health promotion Other care management skills Additional trainings for care managers and supervisors serving the following populations: Members with I/DD or TBI Children
		 Pregnant and postpartum women with SUD or SUD history Members with LTSS needs

Questions?

Tailored Care Management Webinar Series

Date Fridays 12 -1 PM	Торіс	
October 1, 2021	Introduction to Tailored Care Management	
October 8, 2021	Becoming an AMH+/CMA	
October 15, 2021	Health IT Requirements and Data Sharing	Upcoming
October 22, 2021	Partnering with a Clinically Integrated Network and Other Partners	Webinar
October 29, 2021	Delivery of Tailored Care Management	
November 5, 2021	Transitional Care Management Community Inclusion Activities	
November 19, 2021	Conflict-Free Care Management and Additional Care Coordination Functions for Members Enrolled in the Innovations or TBI Waiver	
December 3, 2021	Billing	
December 10, 2021	Oversight and Quality Measurement/Improvement	

Information about the Tailored Care Management Model

Key documents can be found on the Department's Medicaid webpage.

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May 2019: <u>Concept</u> Paper	September 2019: Data Strategy Paper	June/December 2020*: Final Provider Manual and Application Questions	May 2021: <u>Updated</u> Guidance

*In December 2020, the Department made minor updates to the Provider Manual and application questions released in June 2020 to reflect an updated email address for submitting applications.

Information about the Tailored Care Management Model

The Tailored Plan Request for Applications (RFA) and draft rate book are available at: https://medicaid.ncdhhs.gov/transformation/requests-proposals-rfps-and-requestsinformation-rfis

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Nov 2020: <u>RFA</u>

Nov 2020: Draft Rate Book

Appendix

Health Home Core Measures

The Department will use a broad set of measures to assess Tailored Plans, including but not limited to the Federal Health Home Core Measures.

Federal Health Home Core and Utilization Measures

- Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment*
- Controlling High Blood Pressure
- Screening for Depression and Follow-Up Plan
- Follow-Up After Hospitalization for Mental Illness
- Plan All-Cause Readmission Rate
- Use of Pharmacotherapy for Opioid Use Disorder*
- Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence*
- Prevention Quality Indicator (PQI) 92: Chronic Condition Composite
- Admission to an Institution from the Community*
- Ambulatory Care: Emergency Department Visits*
- Inpatient Utilization*

* Measures will be measured directly by DHHS and will not require AMH+/CMA input.