

Fact Sheet

Standard Plans and Behavioral Health I/DD Tailored Plans

County Playbook: NC Medicaid Managed Care

NC Medicaid Managed Care includes **Standard Plans** (health plans that offer integrated physical health, pharmacy, care coordination and basic behavioral health services) and **Tailored Plans** (health plans that offer integrated physical health, pharmacy, care coordination and behavioral health services for members who may have significant mental health needs, intellectual/developmental disabilities (I/DDs), traumatic brain injuries (TBIs) or severe substance use disorders). Standard Plans launched July 1, 2021. Tailored Plans will launch Dec. 1, 2022.

NC Medicaid has identified beneficiaries who qualify for Tailored Plans. DSS staff can identify these beneficiaries in NC FAST using the “Managed Care Status” field. Identification for Tailored Plan enrollment is ongoing, and beneficiary records will continue to be updated. Most beneficiaries who qualify for Tailored Plans will remain in NC Medicaid Direct until Dec. 1, 2022, unless they choose a Standard Plan (if applicable).

Standard Plans offer some basic behavioral health services, but **Tailored Plans offer enhanced behavioral health, I/DD and TBI services.**

Behavioral Health, I/DD and TBI Services <i>Enhanced behavioral health services are italicized</i> “Behavioral health services” means mental health disorder and substance use disorder services.	
Standard Plans AND Tailored Plans	Tailored Plans ONLY
State Plan Services <ul style="list-style-type: none"> • Inpatient behavioral health services • Outpatient behavioral health emergency room services • Outpatient behavioral health services provided by direct-enrolled providers • Psychological services in health departments and school-based health centers sponsored by health departments • Peer supports • <i>Partial hospitalization</i> • <i>Mobile crisis management</i> • <i>Facility-based crisis services for children and adolescents</i> 	State Plan Services <ul style="list-style-type: none"> • <i>Residential treatment facility services</i> • <i>Child and adolescent day treatment services</i> • <i>Intensive in-home services</i> • <i>Multi-systemic therapy services</i> • <i>Psychiatric residential treatment facilities (PRTFs)</i> • <i>Assertive community treatment (ACT)</i> • <i>Community support team (CST)</i> • <i>Psychosocial rehabilitation</i> • <i>Substance abuse non-medical community residential treatment</i> • <i>Substance abuse medically monitored residential treatment</i>



Behavioral Health, I/DD and TBI Services
Enhanced behavioral health services are italicized

“Behavioral health services” means mental health disorder and substance use disorder services.

Standard Plans AND Tailored Plans	Tailored Plans ONLY
<ul style="list-style-type: none"> • <i>Professional treatment services in facility-based crisis program</i> • <i>Outpatient opioid treatment</i> • <i>Ambulatory detoxification</i> • Research-based intensive behavioral health treatment for Autism Spectrum Disorder • Diagnostic assessment • <i>Non-hospital medical detoxification</i> • <i>Medically supervised or alcohol and drug abuse treatment center (ADATC) detoxification crisis stabilization</i> <p>Early Periodic Screening, Diagnostic and Treatment (EPSDT)</p>	<ul style="list-style-type: none"> • <i>Substance abuse intensive outpatient program (SAIOP)</i> • <i>Substance abuse comprehensive outpatient treatment program (SACOT)</i> • Intermediate care facilities for individuals with intellectual disabilities (ICF/IID) <p>Waiver Services</p> <ul style="list-style-type: none"> • Innovations Waiver services • TBI Waiver services • 1915(b)(3) services – additional support services that focus on helping beneficiaries remain in their homes and communities <p>State-Funded Behavioral Health and I/DD Services (non-Medicaid)</p> <p>State-Funded TBI Services (non-Medicaid)</p>

Note:

- Innovations and TBI Waiver services are only available to individuals enrolled in the Innovations or TBI Waiver program.
- State-funded services are different for each Tailored Plan.

Please refer to the [“Behavioral Health I/DD Tailored Plan Memo on Eligibility and Enrollment Updates” \(Feb. 2, 2021\)](#) for additional information.

Fact Sheets will be updated periodically with new information. Created Nov. 18, 2021.
 For more information, please visit <https://www.medicaid.ncdhhs.gov/transformation>.