

NC DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**  
Division of Health Benefits

# Health Care Option Guide

**SAMPLE**

All health care options are required to have the same basic Medicaid services you get now. These include:

- Doctor visits
- Hospital visits
- Behavioral health care
- Prescriptions
- Eye care
- Medical supplies
- Lab tests and X-rays
- Therapies
- Hospice
- Care management

To see the full list of NC Medicaid covered services provided by the health care options, go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Some health care options also have added services.

STANDARD PLAN	TAILORED PLAN	NC MEDICAID DIRECT	EBCI TRIBAL OPTION
<p>A North Carolina Medicaid and NC Health Choice health plan. It offers physical health, pharmacy, care coordination and basic behavioral health services for members.</p>	<p>A North Carolina Medicaid and NC Health Choice health plan. It offers physical health, pharmacy, care coordination and behavioral health services. It is for members who may have significant mental health needs, severe substance use disorders, intellectual/developmental disabilities (I/DDs) or traumatic brain injuries (TBIs).</p>	<p>North Carolina's health care program for Medicaid beneficiaries who are not enrolled in North Carolina Medicaid Managed Care. It includes care coordination by Community Care of North Carolina (CCNC), the primary care case management entity (PCCMe). There are six Local Management Entity-Managed Care Organizations (LME-MCOs) that coordinate services for a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI).</p>	<p>The primary care case management entity (PCCMe) created by the Cherokee Indian Hospital Authority (CIHA). It includes care coordination by Vaya Health for a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI).</p>
<p><b>Who qualifies for this option?</b></p> <ul style="list-style-type: none"> <li>▪ Most families and children</li> <li>▪ Children who get NC Health Choice</li> <li>▪ Pregnant women</li> <li>▪ People who are blind or disabled and not receiving Medicare</li> <li>▪ Federally recognized tribal members or others eligible for Indian Health Service (IHS)</li> </ul>	<p><b>Who qualifies for this option?</b></p> <ul style="list-style-type: none"> <li>▪ People who may have a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI)</li> <li>▪ People who get Innovations Waiver services</li> <li>▪ People who get Traumatic Brain Injury (TBI) Waiver services</li> </ul>	<p><b>Who qualifies for this option?</b></p> <ul style="list-style-type: none"> <li>▪ Children in foster care</li> <li>▪ Children who get adoption assistance</li> <li>▪ Children who get Community Alternatives Program for Children (CAP/C) services</li> <li>▪ Federally recognized tribal members or others eligible for Indian Health Service (IHS)</li> <li>▪ People in the Health Insurance Premium Payment (HIP) program</li> <li>▪ People in the Program for All-Inclusive Care for the Elderly (PACE)</li> <li>▪ People who are medically needy</li> <li>▪ People who get Community Alternatives Program for Disabled Adults (CAP/DA) services</li> <li>▪ People who get Family Planning Medicaid only</li> <li>▪ People who get Medicaid and Medicare</li> <li>▪ People who may have a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI)</li> </ul>	<p><b>Who qualifies for this option?</b></p> <ul style="list-style-type: none"> <li>▪ Federally recognized tribal members or others eligible for Indian Health Service (IHS) who live in the following counties: Buncombe, Clay, Cherokee, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, Transylvania</li> </ul>

MEDICAID EB TP HCOG SUMMARY ENG 220210

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

You can get free auxiliary aids and services, including information in other languages or formats such as large print or audio.

# Standard Plan

Read the **added services** that each Standard Plan offers. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

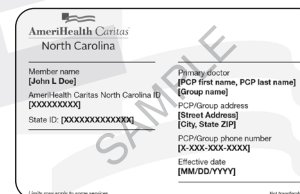
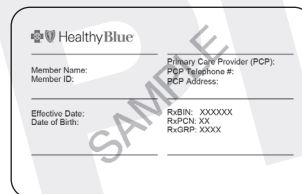
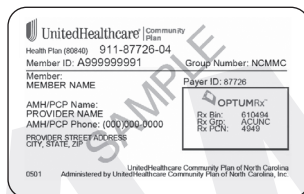
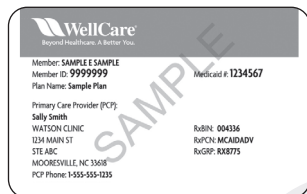


**1-866-799-5318**  
TTY: 711  
wellcare.com/nc  
7 a.m. to 6 p.m.,  
Monday through Saturday

**1-800-349-1855**  
TTY: 711  
uhccommunityplan.com/nc  
7 a.m. to 6 p.m.,  
Monday through Saturday

**1-844-594-5070**  
TTY: 711  
healthybluenc.com  
7 a.m. to 6 p.m.,  
Monday through Saturday

**1-855-375-8811**  
TTY: 1-866-209-6421  
amerihealthcaritasnc.com  
24 hours a day,  
7 days a week



**Statewide**  
(all 100 counties)

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(all 100 counties)

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(all 100 counties)

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(all 100 counties)

Please turn the page for added services ►

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**Education**

- \$120 GED voucher, including GED testing, tutoring, and reading scholarships

**Prenatal**

- Up to \$450 in rewards for baby products; stroller, playpen, car seat, or diapers

**Wellness**

- \$75/year rewards gift cards
- 20% CVS discount card
- 24-week voucher for Weight Watchers®

**Youth**

- Boy Scouts, Girl Scouts and 4-H Club membership

**Other**

- Hearing aid (up to \$300)
- Up to \$120 yearly for over-the-counter drugs
- Cell phone with 350 monthly minutes, free texts, 3 GB data
- Rides to covered services for Health Choice members and rides to classes and events for all members



**Education**

- Up to \$160 GED exam voucher, materials, and life skills training

**Prenatal**

- Free electric breast pump
- Up to \$100 in rewards for baby products

**Wellness**

- \$75/year rewards gift cards
- 13-week voucher for Weight Watchers®

**Youth**

- \$75 yearly for membership at Boys and Girls Club or YMCA

**Other**

- \$100 yearly value in alternative healing, acupuncture, massage therapy
- Up to \$150 for hypoallergenic mattress cover and pillowcase for asthma
- Cell phone with free minutes, data, and texts
- 14 prepared home-delivered meals after a qualified hospital or nursing facility stay, if qualify



**Education**

- \$50 annual gift card for school supplies
- Up to \$160 GED exam voucher
- 24 hours of online tutoring for eligible members ages 6-18, if qualify

**Prenatal**

- 1 safe sleep kit yearly for members who are pregnant, members with infants under age 1, or members under age 1

**Wellness**

- Up to \$75 yearly rewards for doctor visits
- 13-week voucher for WW® (formerly Weight Watchers)
- 3 months of fresh fruits & veggies for qualifying members

**Youth**

- \$75 yearly for membership like Boys and Girls Club, Boy Scouts, or Girl Scouts
- Up to \$150 for after school activities

**Other**

- Cell phone with monthly data, minutes and bonus minutes
- \$20 Uber gift card for college students for grocery stores, local events



**Education**

- GED program with free practice and regular tests

**Prenatal**

- High-risk pregnancy home educational visits

**Wellness**

- \$75/year rewards gift cards
- Weight Watchers® membership for qualifying members

**Youth**

- Boys & Girls Club membership, ages 18 and younger
- Home visits, supplies for children with asthma, ages 2-18

**Other**

- Pain management education and support
- Extra pair of glasses and eye exam every 2 years, ages 21-64
- 2 meals per day for up to 7 days after hospital stay
- Smart phone with 350 minutes, unlimited texts & 4.5 GB data per month

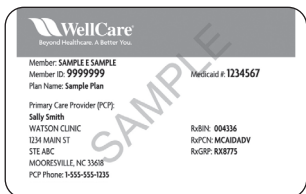
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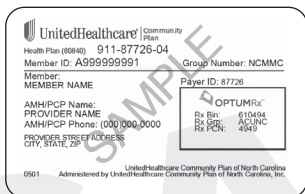
**1-866-799-5318**  
TTY: 711  
wellcare.com/nc  
7 a.m. to 6 p.m.,  
Monday through Saturday



**Statewide**  
(all 100 counties)



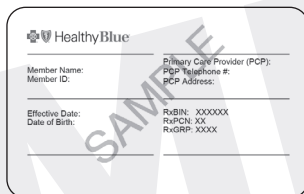
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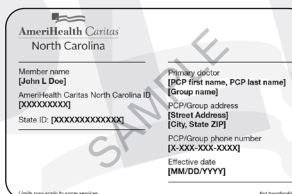
**1-844-594-5070**  
TTY: 711  
healthybluenc.com  
7 a.m. to 6 p.m.,  
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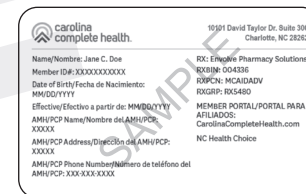
**1-855-375-8811**  
TTY: 1-866-209-6421  
amerihealthcaritasnc.com  
24 hours a day,  
7 days a week



**Statewide**  
(all 100 counties)



**1-833-552-3876**  
TTY: 711  
carolinacompletehealth.com  
7 a.m. to 6 p.m.,  
Monday through Saturday



**Only available**  
**in the counties listed below**

MEDICAID EB TP HCOG S2 ENG 2/20/20

**Carolina Complete Health is only available in these counties:** Alamance, Alexander, Anson, Bladen, Brunswick, Cabarrus, Caswell, Catawba, Chatham, Cleveland, Columbus, Cumberland, Durham, Franklin, Gaston, Granville, Harnett, Hoke, Iredell, Johnston, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Nash, New Hanover, Orange, Pender, Person, Richmond, Robeson, Rowan, Sampson, Scotland, Stanly, Union, Vance, Wake, Warren, Wilson

Please turn the page for added services ►

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**Education**

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**Prenatal**

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**Wellness**

- \$75/year rewards gift cards
- 20% CVS discount card
- 24-week voucher for Weight Watchers®

**Youth**

- Boy Scouts, Girl Scouts and 4-H Club membership

**Other**

- Hearing aid (up to \$300)
- Up to \$120 yearly for over-the-counter drugs
- Cell phone with 350 monthly minutes, free texts, 3 GB data
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- Up to \$160 GED exam voucher
- 24 hours of online tutoring for eligible members ages 6-18, if qualify

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- 1 safe sleep kit yearly for members who are pregnant, members with infants under age 1, or members under age 1

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- 3 months of fresh fruits & veggies for qualifying members

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- Up to \$150 for after school activities

**Other**

- Cell phone with monthly data, minutes and bonus minutes
- \$20 Uber gift card for college students for grocery stores, local events

**Education**

- GED program with free practice and regular tests

**Prenatal**

- High-risk pregnancy home educational visits

**Wellness**

- \$75/year rewards gift cards
- Weight Watchers® membership for qualifying members

**Youth**

- Boys & Girls Club membership, ages 18 and younger
- Home visits, supplies for children with asthma, ages 2-18

**Other**

- Pain management education and support
- Extra pair of glasses and eye exam every 2 years, ages 21-64
- 2 meals per day for up to 7 days after hospital stay
- Smart phone with 350 minutes, unlimited texts, & 4.5 GB data per month

**Education**

- GED exam voucher, study materials
- \$75/year value school supplies, online tutoring, members grades PreK-12 before GED

**Prenatal**

- Up to \$100 per year for new mothers; car seat, diapers, diaper bag, breast pump, high-risk pregnancy visits

**Wellness**

- \$75 per year rewards card
- \$120 per year for approved healthy foods at Walmart®
- Up to 14 weeks of Weight Watchers® and online tools

**Youth**

- \$75 per year value after school sports/activities/youth club membership, ages 6-18

**Other**

- \$125/year for glasses, contacts for members ages 21 & up
- \$120/year per household for over-the-counter products
- Cell phone with 250 monthly minutes, free calls, texts

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# Tailored Plan

Read the Alliance Health **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

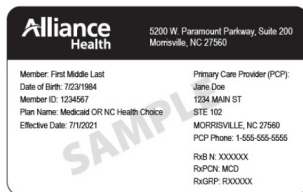


**1-800-510-9132**

TTY: 711 or 1-800-735-2962

alliancehealthplan.org

7 a.m. to 6 p.m.,  
Monday through Saturday



**Only available in the counties  
listed below**

## Added Services

### Education

- Enrollment fees for GED and literacy classes

### Wellness

- Enrollment fees for healthy-cooking classes for members, parents and guardians
- Quit tobacco support with trained coaches, web coaching, texts and quit aids

### Youth

- Specialized camps and summer camps for health and wellness for youth under age 18

### Other

- Smartphone with 350 monthly calling minutes, unlimited texts and 1 GB monthly data
- For members with asthma or respiratory illness:
  - \$100 yearly for home carpet cleaning
  - \$250 lifetime benefit for vacuum and HEPA filter replacements
  - One-time window or portable air conditioning unit benefit with doctor's order

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Your Tailored Plan is based on the county that manages your Medicaid case. **Alliance Health is only available in these counties:** Cumberland, Durham, Johnston, Mecklenburg, Orange, Wake

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

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# Tailored Plan

Read the Eastpointe **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

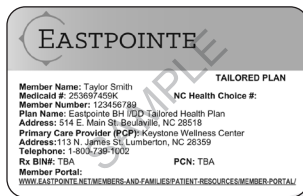


**1-800-913-6109**

TTY: 1-888-819-5112

eastpointe.net

7 a.m. to 6 p.m.,  
Monday through Saturday



**Only available in the counties  
listed below**

## Added Services

### Wellness

- Caregiver therapy for burnout, depression and emotional distress
- 10 horseback rides yearly for members who qualify
- Debit, gift or ecard for completing preventive health, wellness and other milestones
- 10 home-delivered healthy meals yearly
- 10 sessions yearly for Aged, Blind, and Disabled (ABD) members for cancer treatment, emotional abuse, PTSD and other chronic conditions
- Free private online Cognitive Behavioral Therapy (CBT)
- Nutrition assessment, education and guidance for members and caregivers
- \$10 monthly per household for self-directed prevention

### Other

- Free smartphone for access to care for members who qualify
- Help overcoming barriers to going to appointments

Your Tailored Plan is based on the county that manages your Medicaid case. **Eastpointe is only available in these counties:** Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Wayne, Warren, Wilson

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

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# Tailored Plan

Read the Partners Health Management **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



**1-800-235-4673**

TTY: English: 1-800-735-2962

TTY: Spanish: 1-888-825-6570

partnersbhm.org

7 a.m. to 6 p.m.,  
Monday through Saturday



**Only available in the counties listed below**

## Added Services

### Prenatal

- Start Smart for your Baby® program with educational materials, guides, resources and incentives for going to prenatal, postpartum, and well child visits

### Wellness

- Mobile app for ages 18 and up to screen for loneliness and depression with connection to call center, referrals to crisis line, and transfer to care team, if needed

### Youth

- Room to Breathe home visit to identify and lower asthma triggers, plus asthma kit, referrals for home repair programs, and follow-up home visit for ages 0-18 with 2 or more asthma-related emergency department visits in 12 months

### Other

- Cell phone and SafeLink program for free calls from providers, care managers, pharmacies and important family contacts, as funds available
- Bus passes or gas vouchers, with care manager referral, for ages 18 and up and parent or caregiver of children and teens to access resources such as groceries and exercise in communities with no public transportation
- Healthy food vouchers, with prescription, for members with food insecurity and diabetes, hypertension or obesity
- Substance Use Disorder (SUD) Recovery App with social support network of peers and caregivers plus prevention toolbox and recovery progress tracking

Your Tailored Plan is based on the county that manages your Medicaid case. **Partners Health Management is only available in these counties:**

Burke, Cabarrus, Catawba, Cleveland, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

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# Tailored Plan

Read the Sandhills Center **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



**1-800-256-2452**

TTY: 711 or 1-866-518-6778

sandhillscenter.org

24 hours a day,  
7 days a week

<b>SANDHILLS CENTER</b> BH UDS Tailored Plan NC Medicaid	[If Medicaid Member] [If Health Choice Member]
MEMBER NAME (Last, First)	PRIMARY DOCTOR [If First Name, PCP Last Name] [If Street Address] [If City, State, ZIP Code]
NC MEDICAID ID [XXXXXXXXXX]	PRIMARY DOCTOR PHONE NUMBER [XXXX XXXX]
	EFFECTIVE DATE [MM/DD/YYYY]

Limits may apply to some services. Not applicable

**Only available in the counties listed below**

## Added Services

### Education

- GED program

### Prenatal

- Home visits for extra support and follow-up education for members with high-risk pregnancies

### Wellness

- Living Beyond Pain pain management to improve self-management for members who qualify
- 14 home-delivered meals in 7-day period for members who qualify

### Youth

- Home visits with asthma screening, education and resources for members who qualify

### Other

- Access2Care with 24/7 access to private behavioral health screenings and information
- Family Support Advocates (FSA) for families of children with behavioral health or other challenges to get needed training and treatment

Your Tailored Plan is based on the county that manages your Medicaid case. **Sandhills Center is only available in these counties:** Anson, Davidson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond, Rockingham

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

You can get free auxiliary aids and services, including information in other languages or formats such as large print or audio.

# Tailored Plan

Read the Trillium Health Resources **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



**1-877-685-2415**

TTY: 711

trilliumhealthresources.org

7 a.m. to 6 p.m.,  
Monday through Saturday

	201 West First St. Greenville, NC 27688 www.TrilliumHealthResources.org
Name: Jane C. Doe	PCP Name: XXXX
Medicaid #: XXXXXXXXXXX	PCP Address: XXXXXXXXXXXX XXXXXXXXXX, XX XXXXX
Date of Birth: MM/DD/YYYY	PCP Telephone Number: XXX-XXX-XXXX
Effective Date: MM/DD/YYYY	Rx: XXXXXX Rx BIN: #### PCN: RXTRILLIUM

**Only available in the counties listed below**

## Added Services

### Education

- Funds for GED

### Prenatal

- Up to \$100 voucher for new mothers for car seat, diapers, diaper bag and breast pump when completing high risk pregnancy visits

### Wellness

- Quit tobacco program with rewards
- Up to \$50 in vouchers for healthy foods for members who qualify and complete healthy lifestyle classes
- Up to \$250 yearly gym membership fees for members who qualify
- HOMES program to help members who qualify get and keep permanent housing
- Wellness Rewards with \$50 for completing Care Management Comprehensive Assessment and up to \$120 for completing online health coach goals
- \$25 gift card for attending appointments one to five days after hospital or Facility Based Crisis (FBC) program stay

### Other

- Free cellphone with data plan for ages 18 and up
- Up to \$30 in transportation vouchers for members who qualify

Your Tailored Plan is based on the county that manages your Medicaid case. **Trillium Health Resources in only available in these counties:** Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Halifax, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

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# Tailored Plan

Read the Vaya Health **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).




**1-800-962-9003**

TTY: 711

vayahealth.com

7 a.m. to 6 p.m.,  
Monday through Saturday

	200 RIDGEFIELD COURT ASHEVILLE, NC 28806-2195
Member ID: [NC Medicaid or NC Health Choice]	
Member: MEMBER NAME	
PCP Name: PROVIDER NAME	RxBIN: #####
PCP Phone: 800-962-9003	RxPCN: #####
PCP Address: City, State ZIP	RxGRP: 000000
Detailed benefit information is available at <a href="http://vayahealth.com">vayahealth.com</a>	

**Only available in the counties listed below**

## Added Services

### Education

- Reimbursement for GED exam fees

### Prenatal

- Support for purchase of a breast pump for pregnant members, up to \$50 value

### Wellness

- \$10 gift card for getting COVID-19 and/or flu vaccine
- Up to 2 free home-delivered meals per day for up to 7 days after qualifying hospital stay
- 24-week voucher for WW® (formerly Weight Watchers)

### Other

- One home safety or home help product from our catalog yearly, up to \$100 value
- Up to 12 rides yearly to get health-related resources for unmet needs

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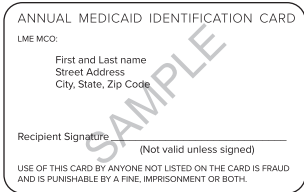
You can get free auxiliary aids and services, including information in other languages or formats such as large print or audio.

# NC Medicaid Direct

Read the NC Medicaid Direct **other services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).

## NC Medicaid Direct

**1-888-245-0719**  
bit.ly/NCBeneficiaryPortal  
8 a.m. to 5 p.m.,  
Monday through Friday



## Other Services

- Community Living and Support
- Community Transition
- Individual and Transitional Support
- Respite
- Supported Employment Services
- Transitional Living Skills

MEDICAID EB TP HCOG MD ENG 220210

SAMPLE

**The six Local Management Entity-Managed Care Organizations (LME-MCOs) serve the following counties:**

**Alliance Health:** Cumberland, Durham, Johnston, Mecklenburg, Orange, Wake

**Eastpointe:** Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Warren, Wayne, Wilson

**Partners Health Management:** Burke, Cabarrus, Catawba, Cleveland, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin

**Sandhills Center:** Anson, Davidson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond, Rockingham

**Trillium Health Resources:** Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Halifax, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington

**Vaya Health:** Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

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# EBCI Tribal Option

Read the EBCI Tribal Option **added services**. Some services may only be available for members who qualify. For questions, call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com).



## EBCI TRIBAL OPTION

**1-800-260-9992**

TTY: 711

EBCITribalOption.com

8 a.m. to 4:30 p.m.,  
Monday through Friday

ANNUAL MEDICAID IDENTIFICATION CARD  
LME MCO:  
First and Last name  
Street Address  
City, State, Zip Code  
EBCI TRIBAL OPTION  
Recipient Signature \_\_\_\_\_  
(Not valid unless signed)  
USE OF THIS CARD BY ANYONE NOT LISTED ON THE CARD IS FRAUD  
AND IS PUNISHABLE BY A FINE, IMPRISONMENT OR BOTH.

**Only available in the  
counties listed below**

### Added Services

#### Education

- Up to \$250 Graduate Equivalency Degree (GED) exam voucher, materials and life skills training
- Up to \$750 voucher for Associate Degree tuition and materials
- Up to \$250 voucher for a computer if accepted and enrolled full time in an institution of higher education

#### Prenatal

- Up to \$75 in gift cards if go to prenatal appointments

#### Wellness

- Offers of nutrition, cooking, and exercise classes

#### Youth

- 1 pair sport shoes per calendar year
- Car safety seat with installation and use education

#### Other

- Cherokee Language classes and supplemental learning materials
- Transportation for job training and other activities to implement person's care plan

MEDICAID EB TP HCOG TO ENG 220210

**EBCI Tribal Option is only available in these counties:** Buncombe, Clay, Cherokee, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, Transylvania

**Questions?** Go to [ncmedicaidplans.gov](http://ncmedicaidplans.gov). Or call us toll free at **1-833-870-5500** (TTY: 711 or RelayNC.com). We can speak with you in other languages.

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