

# Fact Sheet

## NC Medicaid Direct Overview

### County Playbook: NC Medicaid Managed Care

#### NC Medicaid Direct covers beneficiaries who are not enrolled in health plans

NC Medicaid transitioned most Medicaid beneficiaries to Standard Plans on **July 1, 2021**.

On **Dec. 1, 2022**, NC Medicaid will transition beneficiaries who need certain services for a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI) to Tailored Plans.

Some beneficiaries will remain in NC Medicaid Direct (Excluded) or can choose NC Medicaid Direct instead of a health plan (Exempt). This Fact Sheet provides details on what NC Medicaid Direct is and who qualifies for NC Medicaid Direct.

#### WHAT IS NC MEDICAID DIRECT?

NC Medicaid Direct is North Carolina's health care program for Medicaid beneficiaries who are not enrolled in health plans.

- Community Care of North Carolina (CCNC) provides care management for physical health services.
- Six Local Management Entity/Managed Care Organizations (LME/MCOs) coordinate services for a mental health disorder, substance use disorder, intellectual/developmental disability (I/DD) or traumatic brain injury (TBI).

#### WHAT IS CCNC?

CCNC provides care management to make sure members get health care services when and where they need them. Members may qualify for a care manager who:

- Helps them understand their Medicaid benefits.
- Works with their primary care provider (PCP) to provide health care services.
- Helps arrange appointments and transportation.
- Coordinates with their behavioral health providers.
- Connects them to helpful resources in their community.



## WHAT IS AN LME/MCO?

An LME/MCO offers services related to a mental health disorder, substance use disorder, I/DD or TBI. These services may include:

- Seeing a counselor, psychologist or psychiatrist for a mental health disorder.
- Getting help for children who have attention deficit/hyperactivity disorder (ADHD).
- Getting help with alcohol or drug use.
- Care coordination, such as helping members access specialty behavioral health services.

There are six LME/MCOs, and only one LME/MCO serves each county.

- **Alliance Health:** Cumberland, Durham, Johnston, Mecklenburg, Orange, Wake
- **Eastpointe:** Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Warren, Wayne, Wilson
- **Partners Health Management:** Burke, Cabarrus, Catawba, Cleveland, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin
- **Sandhills Center:** Anson, Davidson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond, Rockingham
- **Trillium Health Resources:** Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Halifax, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington
- **Vaya Health:** Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, Yancey

## NC MEDICAID DIRECT POPULATIONS

The following people qualify for full benefits in NC Medicaid Direct:

- Children/youth in foster care
- Children/youth who get adoption assistance
- Former foster care youth
- Children who get Community Alternatives Program for Children (CAP/C) services
- People who get Community Alternatives Program for Disabled Adults (CAP/DA) services
- Federally recognized tribal members or others who qualify for services through Indian Health Service (IHS)
- People in the Program for All-Inclusive Care for the Elderly (PACE)
- People who are medically needy
- People who get Medicaid and Medicare
- People who may have a mental health disorder, substance use disorder, I/DD or TBI

- People who get Innovations Waiver services
- People who get TBI Waiver services

The following people qualify for limited benefits in NC Medicaid Direct:

- People who get Family Planning only
- People who only get coverage of Medicare premiums

Beneficiaries may have different health care options based on their managed care status in NC FAST.

## NC MEDICAID DIRECT SERVICES

NC Medicaid Direct offers the same basic benefits and services that Tailored Plans and Standard Plans offer. For a full list, go to [ncmedicaidplans.gov/learn/benefits-and-services](https://ncmedicaidplans.gov/learn/benefits-and-services).

Fact Sheets will be updated periodically with new information. Created May 13, 2022.  
For more information, please visit <https://www.medicaid.ncdhhs.gov/transformation>.