July 18, 2022

James Scott, Director  
Division of Program Operations  
Department of Health & Human Services 
Centers for Medicare & Medicaid Services  
601 East 12th Street Room 355  
Kansas City, Missouri 64106

SUBJECT: State Plan Amendment  
Title XIX, Social Security Act  
Transmittal #2022-0019

Dear Mr. Scott:

Please find attached an amendment for North Carolina’s State Plan under Title XIX of the Social Security Act for the Medical Assistance Program. The affected page is Attachment 3.1-A.1 Page 7c.5a

- This state plan change will remove prior approval requirement to align with the Mental Health Parity and Addiction Act of 2008. This service falls under the “Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services” section of the state plan. Mobile Crisis Management involves all supports, services, and treatment necessary to provide integrated crisis response, crisis stabilization interventions and crisis prevention activities.

Your approval of this state plan amendment is requested. If you have any questions or concerns, please contact me or Cecilia Williams at (919) 270-2530.

Sincerely,

Kody H. Kinsley  
Secretary

Enclosures
4.b.(8) Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services (continued)

Description of Services

(f) Mobile Crisis Management
This involves all supports, services, and treatments necessary to provide integrated crisis response, crisis stabilization interventions and crisis prevention activities. It is available 24/7/365 and provides immediate evaluation, triage and access to acute MH/DD/SAS services, treatment, supports to effect symptom reduction, harm reduction and/or to safely transition persons in acute crisis to the appropriate environment for stabilization. It is provided by a team that includes a Qualified Professional who must be either, a nurse, a clinical social worker or psychologist. Teams include substance use professionals, and a psychiatrist must be available for in-person, telehealth, or telephonic consults. Paraprofessionals with crisis management experience may also be included on the team but must work under the supervision of a professional. Experience with the appropriate disability group is required and 20 hours of crisis intervention training within the first 90 days of employment is necessary. Concurrent reviews may occur after 32 units of service has been rendered to determine ongoing medical necessity. Documentation must include: a service note that includes the recipient’s name, Medicaid identification number, date of service, place of service, purpose of contact, describes the provider’s interventions, includes the time spent performing the interventions, effectiveness of the intervention, and the signature of the staff providing the service.