The SIS™ and ISP Planning
OVERVIEW

- Individual Support Plan (ISP) process
- Basics of the Supports Intensity Scale™ (SIS)
- SIS for ISP Planning
INDIVIDUAL SUPPORT PLAN PROCESS

THE ISP
PERSON CENTERED THINKING AND PLANNING

• Individual realizes their own dream/vision for their lives
• Everyone works together
• Led by the individual
• Strengths and capabilities, desires and support needs are identified
• Generates actions
• Supports are delivered in a consistently and respectfully manner
Person Centered Thinking and Planning Cont’d

- Establishes a framework for providing services
- Creates community connections
- Considers culture, ethnicity, religion and gender
- Supports mutually respectful partnerships
ISP PLAN PROCESS

• Starts and ends with the individual

• Captures the information gathered in the person centered planning process

• ISP is based on strengths and preferences

• Always consider natural and community supports
ASSESSMENT: SUPPORTS INTENSITY SCALE™

THE SIS
ASSESSMENT

• Understanding the individual

• Quality of the assessment process

• Continue to gather information
ASSESSMENT CONT’D

- Three Components-
  - Gathering person-centered information,
  - Risk/Support Needs Assessment, and
  - Gathering information to support level of care
- Assessment is a dynamic, ongoing process based on the needs of the individual.
- Evaluates the impact of services/supports
SUPPORT INTENSITY SCALE™


- The Interviewers maintain their status as trained AAIDD interviewers training through annual Interviewer Reliability Quality Review or IRQR.
SUPPORT INTENSITY SCALE™

• The SIS assessment measures the level of supports in the following areas:
  - home living,
  - community living
  - lifelong learning
  - employment
  - health and safety
  - social activities
  - protection and advocacy
  - medical and behavioral supports needs.
The **Individual**

**AND**

The **Respondents**

**AND**

The **Interviewer**

The SIS Interviewer or Care Coordinator review the SIS report with individuals and families.
Supplemental questions are in addition to the SIS questions. They include:

- **Severe Medical Risk** (i.e. seizure management; tube feeding, dialysis, medically related lifting/transferring)
- **Severe Community Safety Risk** – Convicted (i.e. sexual aggression, property destruction)
- **Severe Community Safety Risk** – Not Convicted (i.e. sexual aggression, property destruction)
- **Severe Risk of Injury to Self** (i.e. self-harm, Pica, suicide attempts)
THE SQ VERIFICATION PROCESS

• Each LME-MCO has an independent SQ Verification committee that will verify responses to the supplemental questions.

  ➢ Documentation review
  ➢ Conversations with team members
THE SIS AND ISP PLANNING

SIS AS A PLANNING TOOL
• The SIS Policy for ISP Planning:

- Establishes the framework for incorporating SIS into the ISP

- Ensures consistency throughout the state.
The SIS Policy for ISP Planning includes four sections:

- An Overview of the SIS
- The SIS Assessment in NC Innovations
- Using the SIS for Planning
- Attachment E
THE SIS AND ISP PLANNING

• SIS Assessments are completed for the following reasons:
  • Coming onto the NC Innovations Waiver and have not had a SIS assessment in the 2 or 3 year timeframe
  • Re-Evaluation
    • Every 2 years for Children (5 to 15 years)
    • Every 3 years for Adults (16 years and older)
  • Major life changes
  • Disagreement with the SIS Results

• The SIS is a requirement for participating, and for continued participation in the Innovations Waiver.
THE SIS AND ISP PLANNING

• The SIS provides information regarding support needs in various areas:
  ➢ Areas of Strength for an individual
  ➢ Areas where individuals require support
  ➢ Areas that are identified for exploration
  ➢ Areas of interest to person
THE SIS AND ISP PLANNING

- Prioritizing areas into long-range outcomes
  - What is ultimately achieved

- Developing short-range goals
  - Steps taken to reach outcomes
THE SIS AND ISP PLANNING

• Not all areas of the SIS will be included in the ISP.
THE SIS AND ISP PLANNING
Questions are a way of seeing.
ADDITIONAL QUESTIONS

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www2.ncdhhs.gov/DMA/Ime/Innovations.html