



## NC DEPARTMENT OF **HEALTH AND HUMAN SERVICES**

### NC MEDICAID and NC HEALTH CHOICE DIVISION OF HEALTH BENEFITS DUR MEETING

#### AGENDA

**Thursday, October 26, 2023, 1:00 p.m. – 3:00 p.m.**

Virtual Online Meeting

Meeting Registration:

<https://medicaid.ncdhhs.gov/meetings-notices/committees-and-work-groups/nc-drug-utilization-review-board>

- I. Welcome and Introductions
- II. Review and Approval of Minutes from July 2023 NC DUR Board Meeting
- III. Division of Health Benefits Updates
- IV. Pre-Paid Health Plan Updates
- V. 2023 DUR Review Plan
- VI. Reports
  1. Prospective Drug Utilization Review
    - Pro-DUR Alert Annual Review
    - Pro-DUR Alert Reports
    - Top 100 Drugs by Total Claims
    - Top 100 Drugs by Payment Amount
    - Top 15 Drugs by HICL Sequence Number
    - Top 15 Drugs by Specific Therapeutic Class (GC3)
  2. Retrospective Drug Utilization Review
    - Trigger Reports
    - Financials
    - Concurrent Benzodiazepine and Stimulant Use by Target Diagnosis/Age
    - Beneficiaries with Past/Present Substance Abuse Disorder Diagnosis with  $\geq$  4 Doses Benzodiazepines Daily
    - Orally Disintegrating Tablet Fentanyl without Established Opioid Tolerance
    - High Dose Opioids in Conjunction with Benzodiazepines
    - GLP-1 Inhibitor Use Without an Indication of Diabetes
    - Appendix: Concurrent Use of Opioids and Z-Drugs
    - Appendix: Concurrent Use of Opioids and Antipsychotics
    - Appendix: Concurrent Use of Opioids and Benzodiazepines
- VII. Drug Utilization Review Board
  1. Summary of Retrospective Drug Utilization Review Activities
- VIII. Next North Carolina DUR Board Meeting: January 25, 2024