North Carolina
Community Transitions Institute

Ensuring Quality Transitions to Community Life
7th Annual Institute

Frequently Asked Questions

What are the **<u>required</u>** dates of attendance?
- Transitions Symposium: April 28 & 29, and May 2 – 6, 2022 (see schedule on pages 3-7)
- Person-Centered Collaborative Communication: August 1 – 5 (see schedule on pages 3-7)

What are the **<u>optional</u>** dates of attendance?
- Person-Centered Thinking: June 14 – 16, 2022 (see schedule on pages 3-7)
- Motivational Interviewing: July 12 – 14, 2022 (see schedule on pages 3-7)

Why are there optional sessions?
- Person-Centered Thinking and Motivational Interviewing are optional sessions because each year approximately half of the Institute members have already completed a training course in one or both topics.
- Individuals who have completed a training in the past are welcome to join as a refresher

How do I apply?
- Applications must be submitted online through this registration link: https://surveymax.dhhs.state.nc.us/TakeSurvey.aspx?SurveyID=7lMKlo24

What is the deadline to apply?
- The deadline to apply is Tuesday March 15, 2022

How much is the Institute registration fee?
- $125.00

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What does my registration fee include?

- The $125.00 registration fee includes attendance at all events, access to recorded sessions (Transitions Symposium and Person-Centered Thinking), and General Continuing Education Units (CEU's).

If I attended previously, can I apply again?

- Yes, you may apply if you attended previously. Acceptance will depend on available space.

Is a Letter of Support required from my supervisor/manager?

- No, Letters of Support from your supervisor/manager are no longer required for participation in the Institute.
- We do request contact information for your supervisor is so we can include them in surveys and other data collection activities to improve the quality of the Institute.

Will my supervisor/manager know anything about my participation?

- No, we will not communicate with your supervisor/manager about any aspect of your participation in the Institute.

Who issues the Continuing Education Units (CEU's)?

- AXIS Medical Education

Where will the events be held?

- The Transitions Symposium and Person-Centered Thinking will be held virtually using Zoom
- Motivational Interviewing and Person-Centered Collaborative Communication will be held live in Cary (Hilton Garden Inn, 131 Columbus Avenue, Cary, NC 27518)
- Additional information on how to join will be provided in advance of each session.

When will I know if I have been accepted?

- You will be notified within 5 business days of submitting your application.

Who do I contact if I have questions?

- You can contact Tracy Pakornsawat, the Professional Development Coordinator for the Institute at tracy.pakornsawat@dhhs.nc.gov.

Preliminary Agendas (*)

April 28 – May 6, 2022

Date	Time	Topic
Thursday April 28	12:00 – 12:10	Welcome and Introduction to the Institute
	12:10 – 12:45	Keynote Address
	12:45 – 1:30	Interactive Activity and Icebreakers
Friday April 29	12:00 – 1:30	• Topic: Olmstead 101 • Presenters: Holly Riddle, Assistant Director for Olmstead Plan Development and Pam Scott, Assistant General Counsel
Monday May 2	12:00 – 1:30	• Topic: Centers for Independent Living • Presenter(s): Solutions for Independence
Tuesday May 3	12:00 – 1:30	• Topic: Community Inclusion and Integration • Presenter(s): Solutions for Independence
Wednesday May 4	12:00 – 1:30	• Topic: Independent Living – Division of Vocational Rehabilitation Independent Living • Presenter: Jenny Pleasants, Independent Living Program Specialist
Thursday May 5	12:00 – 1:30	• Topic: Assistive Technology • Presenter: Sarah Gachuz, Assistive Technologist NC Assistive Technology Program (NCATP)
Friday May 6	12:00 – 2:00	• Topic: Collaborative Communication Success Story (Panel Discussion) • Presenter(s): TBD • Closing Ceremony

Person-Centered Thinking
(Optional Attendance)

Facilitator: Tanya Richmond

Tuesday June 14

Time	Topic
9:00 – 10:30	Welcome, review of materials
10:30 – 10:45	**BREAK**
10:45 – 11:30	Organizing Discovery Information
11:30 – 12:30	**LUNCH**
12:30 – 2:30	Promises of Person-Centered Practices
2:30 – 2:45	**BREAK**
2:45 – 4:00	Wrap-Up and Closing Round

Wednesday June 15

Time	Topic
9:00 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:00	Exploring Person-Centered Practices
12:00 – 1:00	**LUNCH**
1:00 – 2:00	Exploring Person-Centered Practices (Continued)
2:30 – 2:45	**BREAK**
2:45 – 4:00	Pulling it all Together Wrap-up and Closing Round

Thursday June 16

Time	Topic
9:00 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:00	Integrated Skills Practice
12:00 – 1:00	**LUNCH**
1:00 – 2:00	Integrated Skills Practice
2:30 – 2:45	**BREAK**
2:45 – 4:00	Pulling it all Together Wrap-up and Closing Round

Motivational Interviewing
(Optional Attendance)

Facilitator: Marty Weems

Tuesday July 12

Time	Topic
9:00 – 10:30	Welcome, review of materials
10:30 – 10:45	**BREAK**
10:45 – 11:30	Spirit of MI
11:30 – 12:30	**LUNCH**
12:30 – 2:30	MI and Change
2:30 – 2:45	**BREAK**
2:45 – 4:00	Wrap-up and Closing Round

Wednesday July 13

Time	Topic
9:00 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:00	MI Techniques
12:00 – 1:00	**LUNCH**
1:00 – 2:00	Change Talk, Evoking, and Discord
2:30 – 2:45	**BREAK**
2:45 – 4:00	Wrap-up and Closing Round

Thursday July 14

Time	Topic
9:00 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:00	Integrated Skills Practice
12:00 – 1:00	**LUNCH**
1:00 – 2:00	Integrated Skills Practice
2:30 – 2:45	**BREAK**
2:45 – 4:00	Pulling it all Together Wrap-up and Closing Round

Person-Centered Collaborative Communication
Facilitators:
Leigh Ann Kingsbury, Tanya Richmond, Marty Weems

Monday August 1, 2022

Time	Topic
8:30 – 9:00	Registration, Arrival & Networking
9:00 – 9:30	Welcome/Housekeeping/Structure of the Day
9:30 – 10:30	Introductory Sessions – Connecting Person-Centered Thinking and Motivational Interviewing to the Transition Context
10:30 – 10:45	**BREAK**
10:45 – 12:15	Fully Deciding
12:15 – 1:00	**LUNCH**
1:00 – 2:15	Fully Deciding (Continued)
2:15 – 2:30	**BREAK**
2:30 – 4:00	Fully Deciding – Integrated Skills Practice

Tuesday August 2, 2022

Time	Topic
8:30 – 9:00	Registration, Arrival & Networking
9:00 – 9:30	Welcome/Housekeeping/Structure of the Day
9:30 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:15	Effectively Preparing
12:15 – 1:00	**LUNCH**
1:00 – 2:30	Effectively Preparing (Continued)
2:30 – 2:45	**BREAK**
2:45 – 4:00	Effectively Preparing – Integrated Skills Practice

Wednesday August 3, 2022

Time	Topic
8:30 – 9:00	Registration, Arrival & Networking
9:00 – 9:30	Welcome/Housekeeping/Structure of the Day
9:30 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:15	Comfortably Transitioning
12:15 – 1:00	**LUNCH**
1:00 – 2:30	Comfortably Transitioning (Continued)
2:30 – 2:45	**BREAK**
2:45 – 4:00	Comfortably Transitioning – Integrated Skills Practice

Thursday August 4, 2022

Time	Topic
8:30 – 9:00	Registration, Arrival & Networking
9:00 – 9:30	Welcome/Housekeeping/Structure of the Day
9:30 – 10:30	Introduction, Review of Highs/Lows
10:30 – 10:45	**BREAK**
10:45 – 12:15	Effective Follow-Along
12:15 – 1:00	**LUNCH**
1:00 – 2:30	Effective Follow-Along (Continued)
2:30 – 2:45	**BREAK**
2:45 – 4:00	Effective Follow-Along – Integrated Skills Practice

Friday August 5, 2022

Time	Topic
8:30 – 9:00	Registration, Arrival & Networking
9:00 – 9:15	Welcome and Structure of the Day
9:15 – 10:45	Interactive Theater (Theater Delta)
10:45 – 11:00	**BREAK**
11:00 – 12:15	Unconscious Bias
12:15 – 1:00	**LUNCH**
1:00 – 2:30	Self-Care / Resilience
2:30 – 2:45	**BREAK**
2:45 – 4:00	Closing Session and Wrap-Up

(*) Final agendas will be provided at the beginning of each portion of the Institute.