NCDHHS MFP Updates: Looking Forward to 2023 Webinar January 14, 2019

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>> The webinar will remain shortly. Please remain on the line. The broadcast is now starting. All attendees are in listen-only mode.

>> Welcome, everyone. To today's webinar. It's an update on the Money Follows the Person program. My name is Tracy Pakornsawat, for those who don't know me. I'm the coordinator and will be moderating this session. If you have any questions or comments or anything, feel free to enter those into the chat box and I'll be monitoring that throughout today's call.

Just so that everyone is aware, the PowerPoint from today's session will be sent out at the end of today's webinar, so that in case we talk about something and we need to make some edits, we can add those before sending the PowerPoint out. We're also captioning today's presentation, and the link to that is in the chat box. That will open in a different browser window if you're interested in monitoring the captioning as well.

A couple general housekeeping things. I have everybody on a global mute. To communicate with me, you'll need to enter it in the chat or question box. There'll be a survey that will be sent out at the end of today's session. It's a very brief survey with five questions and... that survey allows us to identify different topics that you might be interested in hearing about for future lunch and learn sessions.

So... we would appreciate it if you could complete that after it's done. There'll also be a question in there to ask whether you wish to be added to a Listserv to receive legislative updates.

Currently, I'd like to go ahead and introduce our presenters today. Steve Storm will be presenting, and we have Christy Wyatt with us.

>> We're so excited to have everybody on the call today. Today we will provide updates and do more on what's happening in 2019 for the North Carolina Money Follows the Person. And give you an idea from the federal level today. Christy is with me. Do you want to say hello?

>> Hello, everybody. Glad to have everybody on this call.

>> I've been project director now for going on my second year, we continue to do amazing things with our MFP program. Today... we'll be talking about a couple things. Let me see if my technology is working to get me to the next slide. We'll talk about the background of the Money Follows the Person project and where we are in moving forward in 2019.

With that, let's look at a couple slides. Taking a look at our projects... why do we do transitions anyway? If you look at any of the faces here, you see smiles. This is all about what we are about and making sure that people have the best opportunity to live as much as what you and I would live. That, oftentimes, is in a community setting, in their own home, in their own apartment and an alternative family living. Each of the faces you see here are actual success stories of people who have participated and become one of our beneficiaries through the Money Follows the Person demonstration project.

This is a simple concept about what we're doing with Money Follows the Person. We want to support people to move from that facility, out into their own community and into their own home, but... when you take a look at all of the Medicaid regulations behind that, things get very complicated. When you take a look at our, our graphic that we have here on the screen today... in a regular Medicaid world... there are tons of barriers that prevent this, things happening.

I'll give you an example. In being able to transition from a nursing facility to home and you become eligible for a waiver, those dollars that help upgrade your home aren't available until you move home. That makes it difficult if you need a ramp for your house and can't spend money for it. You get into those Catch 22s. There are things here that make that concept so complicated. When you look at the federal level, what happens was that they identified those places where there were problems being able to transition someone home because of glitches, Catch 22s and the whole process here was to find ways to support transition processes and to promote systems change. In the time that Money Follows the Person has been in existence in North Carolina, we've really helped do these things here and number two, increasing the home and community-based services, eliminating barriers, continued provision of services after the person leaves and continually looking for ways to improve what's happening within our waiver services to support those individuals.

In 2005, at the federal level, Money Follows the Person legislation was introduced. The North Carolina application was approved in 2006. The transition services began in 2009 and parameter was extended in 2010. If you look here in 2018, just at the end of last year... as we were ending the end of the year -- there was federal legislation attempted to renew Money Follows the Person again. Didn't quite make it over the hump, but we'll talk more about that later. Here in North Carolina, transitions are continuing, but we are waiting for word on federal reauthorization in the new Congress that's taking place.

So... as soon as the government's up and running, there'll be legislation that will be introduced. But... just to give you a couple ideas here, to date, North Carolina has transitioned out over 1,000 individuals into a home in their own community across North Carolina. So... we're very excited to report on the number of transitions that we've done.

But... what's going to happen in the meantime, to our Money Follows the Person program in 2019? Those who are old enough to remember what happened during the switchover from 1999 to 2000, there was lots of worry that the world was coming to an end, so... just to let you know, there was lots of concerns last year at all levels, here in North Carolina, that, would it be the end for Money

Follows the Person? But... you know what? All of us are still in the office today, transitions are still continuing, and we have great work and many people to transition out, moving forward into 2019.

As I mentioned before, the last congressional appropriation was made in 2016 and essentially said, you have money left, you can continue using your federal grant through September of 2020. Now... CMS has required the states complete the grant-sponsored transition activity by December 2018. I have this one in highlight, we follow along, allowed through 2019. So... I highlighted that specifically because the way we wrote our demonstration grant, we were able to get approval to continue transitions into 2019. Where some states were already closing down shop, any transitioning coming to a stop, folding their program into their long-term services and supports, North Carolina wasn't ready to do that.

So... we are continuing transitions into 2019. So... if you take a look at the bullet point where it says North Carolina and -- MFP funds, a number of activities through grant funding, these are the four demonstration services that allow us to transition individuals out and to support them. We have a, a coordinated network of transition partners who help out on the field, out in the fields, working in the nursing facilities, working with us to help people come out of the state IDD centers. All that transition coordinator network helps across all 100 counties.

We have start-up funds and other demonstration services that help the individuals before they come out, with those essential needed activities or... actual goods and services like ramps. We have the state staff positions here in the back office, and... we provide some around the local contact agency to help us do the initial response to someone asking, to know more about services in the community.

Now... we have a lot of federal dollars to go to do that, in fact, across the United States, there are 45 states that participate in the Money Follows the Person demonstration project. It's about a \$4 billion program. In terms of a federal budget, that's budget dust, a very small program, but has huge impact and we are still continuing to receive our money through 2020 to continue our program, but we also have state dollars that are helping us to stretch our budget and to continue past the 2020 date and we'll talk about that. We call that our rebalancing funds. Any of you who are familiar with our program know that we, we, occasionally, will do innovation grants to build capacity and we're currently working on a couple grants that just come to mind on helping to remove barriers and affect systems change. Around guardianship. Many of you have told us about the need for buy-in from guardians who are concerned about their loved one being in a facility and they're very safe there and they are much more concerned about what happens if they move back into the community and guardians, sometimes, are barriers to a successful transition. So... we're working in partnership with TCLI, the Transitions to Community Living grant and working with the Council on Developmental Disabilities to do more work on broadening what's happening at the state level to change new laws to make guardianship the final option and provide more support around things like supported decision-making. If a person doesn't need a full guardian, maybe you need some help in making financial decisions, all your rights don't have to be taken away, simply for that and you can be better-supported. We work on using those rebalancing funds to affect systems change in that way.

We talk about what's the background for Money Follows the Person, our demonstration project and I also want to point out that that word, demonstration, allows us a lot of flexibility. As I mentioned before, in that graphic that was hand-written, you saw a lot of barriers. Having the demonstration project allows us to find ways to be creative and use, use services, but maybe use them in a creative way that wasn't allowed under federal Medicaid rules before. So... that's why we call it a demonstration project, but... with all things demonstration, until Congress decides that they want to make this a permanent allocation, all good things will end, as will our program, eventually.

But... what we know right now, I want to turn this over to Christy is to talk about Money Follows the Person for 2019.

>> These are our four core demonstration services. The pretransition case management service is where MFP does reimburse the CAP DA lead agencies for their initial assessment into the CAP program. If you're a CAP DA lead agency and never billed MFP directly, please make sure to give us a call and talk to us about that pretransition case management service.

Transition coordinators, we do have a transition coordinator that will cut down several networks as Steve was saying earlier and it is covered across the entire state. That helps with the, getting the individual out of the facilities, into their homes and communities. They are fantastic colleagues across the state, again... they vary from AAA to CAP DA lead agency to IDD centers, NCOs, we have so many and we're so thankful for the partnership that we have with all of our transition coordinators. They're fantastic and all person-centered.

We also have underneath our demonstration services, our transition and stability resource funds will continue and again, that will continue at \$3,000.

That is a \$3,000 lifetime limit. So just so that everybody can hear me and understand that if a participant spends all \$3,000 the first time that they transition out of the facility into their own home, that \$3,000 is a lifetime benefit. So... once it's exhausted there, are no more funds. We just have to go on the back end and see what other resources are out there.

And then, again, we're going to keep what we call in-house as our over and above. That's working with our independent living partners and making sure that if we do have those big-ticket items, for an MFP beneficiary, that just ain't going to meet within that \$3,000, we can pull in, again, our IL partners and see if our MFP participants cannot pull down some additional fund to get their durable medical equipment or their house repairs completed.

>> So... Christy, one of the things that you mentioned here was our transition year stability resources. For those on the phone and you see SCCB. Staff and clinical capacity building. On the IDD side, if we're transitioning out an individual coming from a state-operated IDD center, oftentimes we need a behavior plan or a psychologist to go out and visit and so... those \$3,000 of fund that are used, either on the aging and physical disabilities side, or on the IDD side to transition someone out, the IDD folks have asked that we have the ability to pay for some individual consulting time to go out and visit and help develop a behavior plan.

We also use these dollars to help, to do a campaign that we call meet no one naked. What's that mean? If we're transitioning someone out, we want to make sure that those funds are also utilized if they need to be, for the opportunity for a service agency to go out and meet that individual before they come home, so... that the individual and the family members get a chance to meet, who is going to be coming into their home. The first time they meet the person isn't on day one when they come home, when they're having to offer those most-intimate personal care services, but instead, they get a chance to form a relationship, get a chance to ask questions, get consultation from the facility where the

individual resides on how best to work with this individual. We are very excited to continue using our dollars to support this.

It did appear earlier, and we sent out information that dollars might change in 2019 and we threw a number out, but we're here today to tell you that the dollar amount to use is \$3,000. And again, as Christy mentioned, it's across the lifetime of that individual. I think Christy also mentioned that an individual can participate up to three times in our program, meaning that they may come home. It might be for some medical reason that they might have to go to the hospital, they're withdrawn and reapplying for the program. Over the life of the demonstration project, they can participate up to three times.

>> I know that we're excited about the monthly lunch and learns. Tracy does a fantastic job setting up our monthly lunch and learns on continuing education and resources as we're out in the field helping beneficiaries. I'm excited for our outreach community to meet back together. We're looking at marketing tools and how we're going to be getting into the community and in the skilled nursing facilities and how we can revamp that -- I know that our TBI work group, Steve, has been meeting on a regular basis.

>> That's right, Christy! They have their own waiver now, it's in the demonstration area and the alliance behavioral health area. In the four county areas, but... we have transitioned out many individuals, under Money Follows the Person, using either, the innovations waiver or the CAP DA waiver, and now we'll continue to take a look at how can MFP support individuals coming out, using the TBI waiver and taking a look at some of the other models around what happens when an individual has a traumatic brain injury or has a brain injury and they're coming into the system for the first time?

There are so many places that an individual may come into the system and so... we want to be able to make it easy for families to navigate. A very complex system. Dealing with a family member who is experienced loss and dealing with all the details that come around that. We don't want to make the process any more complicated. So... the, the work groups efforts are to help support easing that kind of complication and finding ways to better-support families. We're also taking a look at our continued work around our MCOs that help with our transitions for individuals with intellectual and other developmental disabilities. We meet on a monthly basis there to discuss things that will help improve our transitioning individuals out, coming across anything that is a barrier, that we can further support, working on the rebalancing fund activities, like our supported living grant to further enhance the services that are available under the innovations waiver, and... loss of creativity with this group to further support each individual that transitions out there.

>> And we have our transition institute and that -- I know that Tracy has already sent out invitations. We hope that everybody on the call has received some kind of communication about our transition. This is -- we're very proud of the institute, it's really geared for our professionals, all of us that work in the field, hands on, with beneficiaries, as well as in the -- in the back offices. How do we streamline, how do we keep the forefront, person-centered concept as well as working with the whole individual and the whole family dynamic.

I know the application has been sent out, I think the deadline is February 4th, Tracy?

>> The deadline is actually January 18th, which is this Friday. But... I'm looking to extend that deadline to the February 4th. I'll get that communication out later this week. Thank you.

>> Thank you, Tracy and one of the things that makes the Money Follows the Person demonstration projects so successful is that the work and the -- what CMS intended was that it never be done in a vacuum. So... all of the stakeholder involvement activities that you see here are so very important. It's not just back office folks here, meeting with individuals across the state who work with our Innovations waiver, our CAP DA waiver, private duty nursing and our independent living or Vocational Rehabilitation. It's everybody in the field that touches this kind of work and... it's also the individuals that have been transitioned out with the support of Money Follows the Person.

So... that's why we wanted to stress how important these stakeholder involvement activities are and we'll begin our regular, quarterly, MFP, roundtable meetings, coming up in February. Tracy will be sending out more information about where we'll be meeting in Winston-Salem. We're hopeful we'll have no snow in February and that we will move forward in meeting in the west.

Typically, we do one meeting in the west, we do one meeting in the east and two in Raleigh. Stand by for additional dates... at least mark your calendar for Winston-Salem for February 22nd. Other updates that are happening is that... we have a -- an extensive application, when someone wants to apply to become part of our Money Follows the Person demonstration project. We made some updates to that and we'll continue to re, revamp the entire application in 2019 with the help of stakeholders who are working with beneficiaries and who help fill out the application.

So... for the latest application, please take a look at the link that's here on our website and... use the latest revision of our application for any new person that want to become part of Money Follows the Person.

I mentioned earlier, when a person first comes into a facility, there's a local contact agency that will go and meet with that person if they're interested in knowing more about living in the community. So... CMS, National Medicaid requires states to ask a person, upon admission, each quarter, are you interested in knowing more about community-based living options? They can always answer yes, they can always answer no, sometimes it changes, that's why they ask quarterly and once that person answers yes, that triggers a process by which someone, then... from the nursing facility, makes a call that then, gets routed to us and says we have a person at our nursing facility that wants to know more about community-based options. Currently, we're talking a little inside baseball, we're talking about this, is that we have a network of Area Agency on Aging, the AAAs, not the auto network, but the Area Agency on Aging who goes out and visits with the individuals in the nursing facilities to tell more about what kind of options are available for transitions. It could be Money Follows the Person -- it could be something totally different, but they're made aware of all the community-based options.

In the future, as we talk about Medicaid transformation and we'll hit on that in a few moments, we'll talk about the, the work of the local contact agency, being absorbed into a larger entity called the comprehensive, independent assessment entity.

So... for now, nothing has changed. We're going to continue using our AAA network partners to make visits to the nursing facilities to explain options about living in the community.

Part of our work, also, as we mentioned before, is to eliminate system barriers and provide feedback on changes that need to be made and Christy, you may want to talk about this one, that's currently going on now that people may be interested in.

>> I think that's where I got the February 4th date. See. So... I do want to encourage everybody that has called in today, for our lunch and learn, to please look at the website, go onto the website, review the waiver that is posted for public comment. You guys that work with CAP DA lead agency or work with beneficiaries that receive CAP DA services, it's very important to give us feedback. When they post it for public comment, we do look at the public comment. They do take those into consideration and it does help shape what we submit to CMS for the final renewal for the CAP DA waiver. I cannot encourage anybody enough to get on that website and again... make your comments and let, give us some feedback -- let us know what could be improved with the waiver.

>> We have opportunity to transition out, up to 100 individuals, who are either seniors over 65 or individuals that have a physical disability and to use the CAP waiver, the CAP DA waiver to help those individuals once they transition out. So... we, although we do not own the CAP DA waiver, we're probably one of the largest users of the CAP DA waiver. So... our review of what's in the waiver is so very important to ensure that it works well for individuals. We're excited to be part of the larger team that takes a look at this, and with the waiver that's coming, we think that there's some substantial changes that will make it better for individuals, but... it can always be improved, that's why we have an open comment period every year, but... here, even more so, because... it's got lots of new things in it that are important to have everybody take a look at this.

So... please take a look at the website. One of the other things that Money Follows the Person did in North Carolina last year was to contract with Mercer to develop a sustainability analysis. We know we've done great work to transition out over 1,000 individuals over the life of the program. But... our work is not done. If you look at the sustainability analysis, that's listed with our link... we give a lot of information that's important to show you why transitions matter, from a financial perspective, how much money is the state of North Carolina saving each time that they utilize a transition, versus keeping an individual in a facility and the numbers may astound you on how much money the state is able to save, each time a person transitions out and uses a CAP DA waiver or innovation waiver. We have a list of work to be done. We have two separate files on our website. If you're interested in reading all the background about our sustainability analysis, it's there. If you want to go to the brief three or four-page document that lists 58 recommendations, that are recommended by Mercer, with our blessing, around things that we should be working on, until the Money Follows the Person demonstration project ends... take a look at those. We're continuing, as part of our stakeholder involvement to meet on a regular basis about these demonstration projects, that are going on, all the recommendations there, and... how do we meet on those. So... we do not believe in letting a report that we -- that we authorize and pay for to be sitting on the shelf. Whether it's good recommendations that we're working on.

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So... for 2019 --

>> Steve?

>> Yes?

>> Let me interrupt for a moment. Do you want to go ahead and do the poll?

>> Let's do the poll, Tracy, I'll turn it back to you.
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>> Okay... so... everyone, we wanted to kind of attempt to do a little bit of interactivity today, we have one poll we'd like to ask. And I'm going to launch it now. And the question is... when is MFP going away? December 31, 2018, September 30, 2020? 2023ish or to be determined pending legislative reauthorization?

So... if you'd like to participate in this... go ahead and click one of those options and then, we'll see where everybody lands with this in just a moment. We'll give it another three or four seconds here to... do that.

All right... I'm going to close out the polls. So... the response is... primarily TBD. To be determined. Which is great. So... with that, I'll turn it back over to you, Steve, to continue on for the rest of the presentation.

>> Very good... and thank you, it sounds like many of you have been following what's been happening in all of our conversations about Money Follows the Person.

So... here's what we know in 2019. In 2018, transitions as usual, our North Carolina Medicaid strategy for the local contact agency network was finalized. And... that was what we talked about earlier. We extended contracts through 2018, we're working on doing the extension of those, so that the local contact agencies still can go out to nursing facilities and meet with individuals that want to know more about community-based options.

The 2019 transitions will continue, most funding sources are beginning to shift. Those TYSR dollars, those \$3,000 that are to be made available for individuals for start-up costs, those are going to continue. Our transition coordination partnerships, across state, are going to continue. We'll still do pretransition case management and we encourage those of you who are on the phone who aren't currently utilizing that, that are part of our network to please do more of the pretransition-based management. Call our office if you need to know more about that and our over and above fund, also known as our supplemental, environmental support services.

So... we know those things are, are happening, and we also mentioned earlier that our local contact function will become part of a larger comprehensive, independent assessment entity and... we even have a date here -- we're being very brave here, aren't we, Christy?

>> Yes, we are.

[laughter]

>> To put June of 2019. So... Money Follows the Person will still continue to be a priority. One of the things we haven't mentioned until now, in addition to getting access to an Innovations waiver or CAP DA waiver, our special housing programs called the targeted and key housing programs are a place where Money Follows the Person gets to be at the head of the line and be part of a priority group. In 2019, we will still continue to be part of the priority group that will have access to those subsidized housing waivers. We also are continuing to be a priority for the CAP DA. I mentioned before, we can transition up to 100 individuals that are either seniors or individuals with a physical disability and will still continue to have access to innovations waiver slots, up to 68 per year.

Innovation through funding rebalancing-type activities. What we don't know yet... is the exact date of the new Innovations waiver. Now we, we think it's going to be April 2019, if there are any major pieces that are offered as feedback, then, we'll, we'll let you know, that requires a later start date. We

also don't know the date of the CAP DA waiver. The one that's up for public comment. We estimate this to be March of 2019, but we're just saying at this point, we don't know exactly what the date is, but we're estimating these dates.

We're continuing to do the work with our local contact agency through the AAA network. And... until the comprehensive, independent, assessment entity is in place, we will continue to work with our current network of AAAs for that work. Sometime through mid-2019, we hope the CIAE will be up and running. Today... you're hearing it in January. If you join us in February for our roundtable, if anything new has changed... we'll let you know.

But the ultimate direction of North Carolina Money Follows the Person is to help fold in all of the things that we learned into our managed care models. As some of you may have heard, North Carolina's going through a Medicaid transformation and... next month... we expect to have some announcements made about who the prepaid health plans will be. The PHPs. Initially, we'll still continue to do work to help transition out individuals we currently serve.

As you may have heard, those PHPs are coming into the system, there's going to be some staggered timelines on who will be folded into the managed care and... as of now... the populations that we're currently serving, will not be the first populations that are pulled again. The timeline will be around November 2019, again... we are making all of these as estimates. So... we, we -- as we find out new information, we will share that with you.

We just showed graphically, three slides you're seeing here. Those prepaid health plans will go live sometime in 2019 and the populations they're covering are mostly moms and kids, but also Medicaid beneficiaries who do not receive Medicare, including Medicaid only, personal care services, recipients and Medicaid only short-term facility residents under 90 days.

In 2021, there'll be a further group here. Beneficiaries with significant behavioral health, IDD, traumatic brain injuries, LME-MCO covered populations.

Individuals we're serving under the CAP DA program, those will be integrated into the prepaid health plans, the PHPs. At that point... if federal legislation does not reauthorize Money Follows the Person, that's when we will do a soft landing and fold in our work into managed care.

If you're interested in knowing more, we just gave you three slides about our PHPs, but more about the North Carolina Medicaid future program design, all the links that you have here are up and running, I tested those before the webinar began and they're available for you to read more about the white papers we have available, lots of good information.

At this point... we'll stop the presentation and ask Tracy, are there any questions there that we can answer?

>> We do have some questions. So... the first one is, do I understand that this initiative is only to transfer individuals in higher level housing? For example... ICFs, as opposed to moving individuals with IDDs out of their family homes.

>> Tracy, that's a great question. Federal Medicaid rules tell us what is considered a qualified facility. So... to answer the question, an individual who wants to transition out of their family home into

a home of their own wouldn't qualify under Money Follows the Person. Those are federal Medicaid rules, not North Carolina-specific.

So... if you have an individual with IDD still living in the home, they wouldn't be eligible to apply for our program.

>> Great... thank you. This question is... really for you, Christy. Can you explain, again, what pretransition case management is?

>> So... on our website... underneath transitions, you can find this document along with billing information for everybody on the call. What this is, this is an invoice for all CAP DA lead agency, when they do the initial assessment for an MST beneficiary, you do not bill NC tracks [phonetic]. You can bill MFP, meaning that that money and that time is not taken into, taken away from the plan of care.

>> Okay... great. Thank you. So, the next question, Steve, you were talking about money being saved. Do you have any statistics as to how much money was saved through these initiatives?

>> If you take a look at the sustainability analysis, they'll give you the, the dollars that are here, off the top of my head, I can't give you the cumulative number that was saved, but... it was in, in billions that was saved. Here, just in North Carolina, but... if you take a look at an individual level, we're saving about 45%, per person, per month, over the cost that a person would have, either living in a nursing facility or an IDD center.

So... that's where the numbers get really interesting on how much we're saving.

>> Okay... great. The next question is, we talked about CAP throughout the presentation, but what about PACE [phonetic]? Is that an option for individuals?

>> Yes, it sure is.

>> So... when we talk about our programs, that's one -- we apologize for any of you who are in the PACE program that we didn't mention that. Any time that an individual who is a senior or person with a physical disability wants to transition out, we're right at the plan on how to serve that individual's needs, once they transition out, oftentimes it's done with a CAP DA waiver, but our program for PACE is another option for individuals that want this as an opportunity and we've had several success stories of individuals who have used the PACE program and we are very excited for our partnership there, for any individual that wants to use that. Christy, do you want to mention anything else about the PACE program?

>> We've done really good working with PACE.

>> Okay... so... the next question is... can MFP funds be used to assist beneficiaries with monthly bill pay services?

>> Excellent question, so... again, federal Medicaid rules tell us how we can use those \$3,000 to help individuals. So... a couple examples of things that we know right away... for individuals that are with a physical disability or seniors that we use this for, are to pay for the deposit on the -- to have the lights turned on. A deposit at an apartment, to help pay for the first month's rent. We do not use those \$3,000 to fund recurring bills. So... these are all things that help you get started, but... you, before you leave, if you're an MFP beneficiary, your transition coordinator works you on a budget to help you figure out what, what all you will be spending in a month's time and... how you will pay for that. So... our dollars are strictly for start-up-type costs only.

>> Okay... the next question is, how can people find out more about -- more information on the MFP MCO work group?

>> So... if, at the end of this, Tracy, if you'll add another question to the polling, if they are interested in working more through the MCO work group... if you'll put that on there... you have interest in a specific area, let us know what that is, so we can make that an open question -- we can do some follow-up with you.

>> Okay... I'd be happy to add that and we'll make sure I do that before I send it out -- >> Okay.

>> So... the next question is... is there any projection for MFP dollars to be allocated for individuals being released from prison, both federal and state?

>> Such a great question. There are populations that are currently not being served by Money Follows the Person because of federal Medicaid rules. One of those populations does include both state and federal prisoners and also, those individuals who are living in adult care homes.

If, if you have an individual living in an adult care home who has IDD, unfortunately... Medicaid rules, federal Medicaid rules, not the North Carolina rules... that we have to follow. So... work is afoot at the federal level if MFP is reauthorized to expand the region of populations served. So... we will continue to keep you apprised of that and we always encourage you to talk to your elected officials at the federal level on how this could be expanded to further serve individuals who definitely need the same services. We know that one of our partners, the Alliance for Disability Advocates has been working with a federal grant to help transition individuals in Butner Federal Prison come back and live in the community. There are other entities in North Carolina that do transitions outside of the scope of the Money Follows the Person demonstration project that we partner with to help us when someone contacts our office and we are not able to assist them with our Money Follows the Person program.

>> Okay... and so... as I mentioned earlier, when we started the webinar, if anybody is interested in joining a Listserv to hear about these updates, and... knowing when legislation is passed or updated, I'll make sure that link is in the survey that is sent out at the conclusion of today's webinar.

So... the next question is... in 2023, how will MFP and CAP DA, CAP C work together under the PHP?

>> So... that is a -- that is a question that, at this point, in the design of the program, it's too early to tell how that will work.

>> Okay... the next one is, what is the success rate for those who have transitioned?

>> Great question... each year... or actually, twice a year, we're required to provide information to CMS, to Medicaid, that talks about our work over the past six months. So... for the period ending December 31st, that began July 1, through December 31st, we'll be providing a report to Medicaid by February 28th, that talks about the success of our program. Over the life of our program, our success rate has been a little over 90%, meaning that less than 10% of the individuals that transition out have to go back and be re-institutionalized.

>> Okay... so... the next question is probably going to be another "it depends." And when we know information, we'll let you know... but the question is, will the CIAE replace the case management entities for the pretransition case management, and at what point will the case management entities be introduced to the MFP candidates? Will this be after the CAP DA initial assessment and approval?

>> So... Tracy, let's put that one on our list to be able to provide some information back. One of the things we did not mention earlier was that we are, we have been gathering since August, a frequently asked questions list that we go back, and we get questions like this that require a little more in-depth research to come up with the, the most-correct answer. We want to add this particular question to the list and we'll provide some feedback to you about those. That FAQ list we talk about right now, is actually on our website and we'll continue to add some of these new questions to that so you can have that. Tracy, let's let the group know when these questions have been posted to that, so we can gather information.

And if that's from a specific individual that wants to know, if they'll let you know privately, they're e-mail, we can do a follow-up for that question. It is a good question for the rest of the group to know as well.

>> Yeah... I'll make a note of that, to add that to the FAQ.

The next question is, an individual with IDD transitions out of a licensed group home into their own home and is sharing expenses with a house mate for a few years. More transitions occur that interfere with the individual's success and stability, such as hurricanes, house mate changes, death of natural supports. Is it that an individual is still eligible for MFP funds at that time?

>> If an individual transitions out and for some reason, they don't go back to institution, but have a major life change in the community, would they still qualify for Money Follows the Person support services at that point?

The answer there is no. They -- when an individual transitions out, using Money Follows the Person, they're followed for 365 days to address those issues. Things can happen on the 400th day, 500th day, as you mentioned. Things beyond their control such as a hurricane. Our services are designed to be on top of what gets them out and supports them long after Money Follows the Person pulls away. The CAP DA waiver, the PACE program, private duty nursing, the innovations waiver. For an individual, as you mentioned here with IDD, the NCO would be that point of contact for that person. The Centers for Independent Living did a great job this year in taking a look at individuals who were displaced because of the hurricane and followed them and provided supports and sometimes dollars to help them come back home and do whatever repairs there. So... that's where you would find those supports and services after the 365th day in the MFP program, unless they had to go back into an institution. Good questions.

>> And they're still coming in, so... got a whole list here. The next question is... what is PACE?

>> That is the Program for all Inclusive Care for the Elderly.

>> Give a day in the life of PACE, Christy?

>> A CNA driver shows up, helps me get ready, get in the van. I spend my day at the PACE center, probably seeing the doctor, the occupational therapist, probably the social worker. I'm going to

get fed, have activities... lots of things... and we're going to go home at the end of the day and the aid will hopefully help me get ready for bed and I'll do it all again the next day.

>> Okay.

>> So... the PACE program is all inclusive. Everything... there's a whole team that is at the PACE center from your Medical Director, down to your admissions and... even... -- they even have a community outreach coordinator. So... it's literally all inclusive.

>> I'll add a link to the PACE program, into the PowerPoints here, so... when we -- when I get ready to send it out, there's a link to additional information on that.

So, the next question is... am I understanding correctly that the new MFP swaps became available January 1, 2019? And I'm assuming this is for the IDD population.

>> The answer is maybe.

[laughter]

>> If this is someone that's interested because they have a family member that's in that, check with your MCOs, because we're kind of in this in between time -- we've been working very closely with the innovations waiver team at Medicaid... so there are waiver slots available and... if you are already in the program and... on the list... check with the person at your MCO to see where you are. Because... we, we did a great job of transitioning out every individual that we could, using the available slots that we had last year and we're starting the process over, so... in short... the answer is yes. And we may have some further information about that, that can further explain it, but... for, for today's question, let's just say yes, the slot started over January 1.

>> Okay... great. So... the next question, I can actually answer myself, it's, can an individual receive CAP DA and PACE at the same time? And the answer to that is no. And again... I'll add some information about PACE to the PowerPoint when I get ready to send it out. I know that we're coming close to the 1:00 timeframe, so... I've got two more questions here and then we'll kind of cut it off at that point. So... the next question is... how does MFP differ from TCLI and can you talk about the connections between the two programs?

>> Great question... when you take a look at the whole process of transitions, MFP and the transitions community living initiative have some of the same activities going on... we go into facilities, we meet with the individual, we develop a plan, we develop a budget, we follow that individual, we get them connected to services.

The population that is under Money Follows the Person, are these three populations. Seniors, over 65, individuals with physical disabilities, and individuals with IDD, who are in qualified facilities. The TCOI is non-duplicative of the work we do. This is a population that we have individuals that might have a dual diagnosis and mental health being the secondary diagnosis, but that is not the population that Money Follows the Person serves currently.

>> All right... so... our last question... is can you bill for meet and greet before an assessment is completed under pretransition case management?

>> If the service request form and the physician attestation form has been submitted into ECAP and has been approved, then any activity from the time the SRS has been proved within ECAP, moving

forward, until the date of transition, up to 14 hours, you can bill to MFP. So... yes... but after the SRS is approved, Tracy.

>> Okay... great, thank you so much. Well... I want to thank everybody for joining us today for the webinar, I know there were a lot of questions coming in and I know that we cannot get to all of them, so... if you do have additional questions, feel free to e-mail them to me and I'll make sure we get back with you with answers on that. Just to kind of wrap up for today. I wanted to say I will send out the PowerPoint from today... and I'll add in those additional links we talked about for additional resources. So... that you could get additional information and I also wanted to mention that our February lunch and learn is scheduled and it is set for Monday, February 11th, again, from 12:00 to 1:00 and our topic for that one is community inclusion. So... I'll be sending out the link on that this week. And... as Christy mentioned, the transitions institute application is out. We have 50 people who have applied, and we have a cap of 75. So... if you are interested in applying, go ahead and submit the application and I will -- again, include the link for that. But... I do know that due to holidays and everything, I will be extending the deadline to submit that until February 4th. And then, the final announcement, again... is about our roundtable on February 22nd and we'll be getting information out about that.

So... thank you, again, everyone, and... I will be getting the PowerPoint and additional information out here, probably within the next hour or so. Which will also include a link to a recording of today's presentation, so... in case you wish to listen to it again. Thank you so much and I look forward to having you on next month's lunch and learn. Have a great day. Bye.

[Call concluded at 1:01 p.m. ET].

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