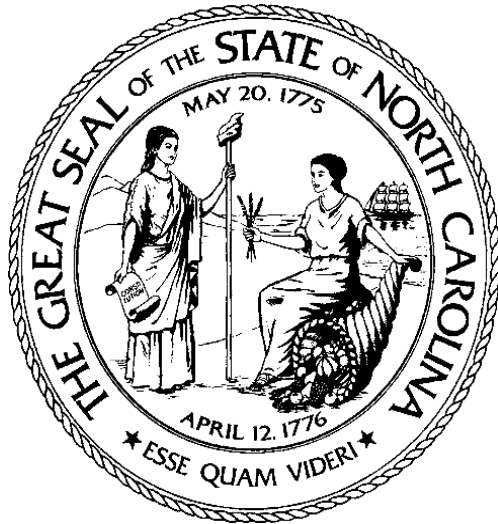


**NC Department of Health and Human Services
Division of Health Benefits**



NC Medicaid Managed Care Update

**Jay Ludlam
Assistant Secretary, NC Medicaid**

**Medical Care Advisory Committee (MCAC) Meeting
March 25, 2022**

Agenda

- **DHHS Priorities**
- **Transformation Dashboard**
- **Vaccine Incentives and Value-Added Services**
- **Healthy Opportunities Pilot**
- **New, Extended Postpartum (After Childbirth) Coverage**
- **Public Health Emergency (PHE) & Redetermination**
- **Resources/Contact Information**
- **Q&A**

Recover Stronger

*These priorities and our work across the department are grounded in **whole-person health**, driven by **equity**, and responsive to the lessons learned responding to the greatest health crisis in more than a generation.*

Behavioral Health & Resilience



We need to offer services further upstream to build resiliency, invest in coordinated systems of care that **make mental health services easy to access** when and where they are needed and **reduce the stigma** around accessing these services.

Child & Family Wellbeing



We will work to ensure that North Carolina's children grow up safe, healthy and thriving in nurturing and resilient families and communities. **Investing in families and children's healthy development builds more resilient families, better educational outcomes and, in the long term, a stronger society.**

Strong & Inclusive Workforce



We will work to strengthen the **workforce that supports early learning, health and wellness by delivering services to North Carolina**. And we will take action to be an equitable workplace that lives its values and ensure that all people have the opportunity to be fully included members of their communities.

The health insurance coverage gap coupled with insufficient access to affordable care disproportionately impacts Historically Marginalized Populations who have also experienced worse outcomes than others under COVID-19. Medicaid expansion would help close the health insurance coverage gap.

March Enrollment Update

- **EBCI Tribal Option: 4,211**
- **Standard Plans: 1,705,662**
- **NC Medicaid Direct: 1,033,049**



NC Medicaid Enrollment Overview

Helpful Hints:

Click on a row or county in one chart to change results in other charts. Click again to reset. Counts less than 11 are not shown for privacy reasons. This may cause some totals to not match. Note: Enrollment counts are pulled the beginning of each month and do not reflect adds/drops during the month, or include retroactive enrollments. As such, these counts may not match other enrollment reports.

Select Report Month

Mar 2022

Total	Standard Plan Mandatory	Standard Plan Exempt	Standard Plan Excluded
2,742,922	1,704,094	178,759	859,494

Plan

Selected Program Aid Category: All
Selected MC Status: *
Selected County: *

Standard Plan - Amerihealth	307,319
Standard Plan - Carolina Complete	220,149
Standard Plan - Healthy Blue	446,344
Standard Plan - UnitedHealthcare	370,591
Standard Plan - Wellcare	361,259
Total	1,705,662
ECBI Tribal Option	4,211
Medicaid Direct	1,033,049
Total	1,037,260
Grand Total	2,742,922

Managed Care Status

Selected Program Aid Category: All
Selected Plan: All
Selected County: *

	Definitions
Standard Plan Mandatory	1,704,094
Standard Plan Excluded - Partial Benefit Groups	531,643
Standard Plan Excluded - Full Duals	216,031
Standard Plan Exempt - Tailored Plan Non-Dual	172,930
Standard Plan Excluded - Other Full Medicaid	66,298
Standard Plan Excluded - Foster Care	32,725
Standard Plan Excluded - Innovations/TBI Waiver	12,797
Standard Plan Exempt - Tribal/IHS Waiver	5,829
Standard Plan Excluded - Tribal/IHS Eligibles	571
Grand Total	2,742,918

Program Aid Category

Selected MC Status: All
Selected Plan: All
Selected County: *

	Definitions
Infants and Children	522,056
TANF (AFDC) 20 and Under	512,913
Family Planning	400,727
TANF (AFDC) 21 and Over	369,688
Disabled	303,122
Medicaid - Childrens Health Insurance Prg.	219,096
Aged	144,668
MQBB, MQBE, MQBQ	83,386
Health Choice	69,325
COVID-19	36,653
Documented Immigrants	36,302
Other Child (Foster Care)	30,718
Pregnant Women	11,141
Blind	1,381
Breast and Cervical Cancer	958
Refugees	512
Emergency Services Only	276
Grand Total	2,742,922

Standard Plan Region

REGION 1	255,238
REGION 2	465,293
REGION 3	653,205
REGION 4	544,289
REGION 5	463,673
REGION 6	361,224
Grand Total	2,742,922

Enrollment by County | Selected Plan: All . Selected MC Status: All . Selected Program Aid Category: All

More details can be found at medicaid.ncdhhs.gov/reports/dashboard



(including by enrollment by managed care status, program aid category and region)

- **COVID Vaccine Incentive**

- To encourage more beneficiaries to get COVID-19 vaccinations, NC Medicaid has worked with our managed care Standard Plans to offer incentives to members when they get vaccinated.
- [COVID-19 Vaccine Incentive Program Fact Sheet](#)

- **Additional Value-added Services**

- In addition to regular health benefits, Standard Plans and the EBCI Tribal Option also provide extra benefits at no cost to members
- [Enrollment Broker Health Plan webpage](#)

Effective March 15, 2022, qualifying Medicaid Standard Plan members in 33 North Carolina counties may receive food services.

- **Examples of food services include:**
 - Food and nutrition access case management
 - Group nutrition classes
 - Fruit and vegetable prescriptions and healthy food boxes/meals
 - Medically-tailored meal delivery
- **Additional service launches are planned as follows:**
 - **May 1** – Housing and transportation services
 - **June 15** – Toxic stress and cross-domain services

To be eligible for and receive Pilot services, NC Medicaid Managed Care members must:

- Live in a Pilot region
- Have at least one qualifying physical or behavioral health condition
- Have one qualifying social risk factor, as defined by the Department
 - For more information, please see [frequently asked questions](#).
 - Those interested in pilot services should contact their health plan or care manager. For more information, visit the [Healthy Opportunities Pilots webpage](#)

Healthy Opportunities Pilot Regions



Awarded Healthy Opportunities Network Leads

- Access East, Inc.**
Beaufort, Bertie, Chowan, Edgecombe, Halifax, Hertford, Martin, Northampton, Pitt
- Community Care of the Lower Cape Fear**
Bladen, Brunswick, Columbus, New Hanover, Onslow, Pender
- Impact Health**
Avery, Buncombe, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey

Summary

- **The American Rescue Plan Act of 2021 (ARPA) offered states the option to extend postpartum coverage to 12 months**
 - NC General Assembly approved the option in Session Law 2021-180 (SB 105)
- **Pregnant beneficiaries receive 12 months of postpartum coverage, regardless of Medicaid eligibility group**
 - The postpartum coverage begins the date the beneficiary's pregnancy ends and will end on the last day of the month of their 12-month postpartum period.
 - Medicaid for Pregnant Women (MPW) is now a full-benefit Medicaid program during pregnancy and postpartum (after childbirth)
- **Begins April 1, 2022**
- **Eligible Populations:**
 - Pregnant women receiving Medicaid under any program that covers pregnancy and childbirth

Extended Postpartum Medicaid Coverage

Key Messages

- NC Medicaid will send a letter to eligible beneficiaries telling them about the change. If they do not get a letter, call the NC Medicaid Contact Center at 888-245-0179
- If a woman becomes pregnant while on Medicaid, she needs to call her local Department of Social Services (DSS) to tell her caseworker about the pregnancy and anticipated due date! *
 - If her due date changes, she should notify her DSS caseworker when the pregnancy ends.*
- Encourage women to apply for coverage as early as they can.
- Fact sheets for beneficiaries and providers will be available on our website.

* Regardless of what Medicaid program / category they have.

- **Federal PHE currently ends mid-April; expected to be extended through mid-July**
- **CMS plans to provide a 60-day notice to NC Medicaid prior to the end of the PHE to begin unwinding activities**
 - NC Medicaid has established a workgroup to determine overall operational approach
- **Medicaid priorities**
 - **Communications strategy/plan**
 - **Beneficiary redetermination approach**
 - **State benefit flexibility continuation**
 - **Provider recredentialing resumption**

Resources

- NC Medicaid Enrollment Broker website ncmedicaidplans.gov
- NC Medicaid Transformation medicaid.ncdhhs.gov/transformation
 - Includes County and Provider Playbooks
 - Fact Sheets including:
 - Panel management
 - Managed care claims and prior authorizations
 - Day one provider quick reference guide
- NC Medicaid Help Center medicaid.ncdhhs.gov/helpcenter
- Practice Support ncahec.net/medicaid-managed-care
 - Back Porch Chat Webinar Series
 - Hosted by Dr. Dowler on the first & third Thursday of the month
 - Virtual Office Hours for Providers
- Regular Medicaid Bulletins
medicaid.ncdhhs.gov/providers/medicaid-bulletin



Questions
