



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Health Benefits

ROY COOPER • Governor

MANDY COHEN, MD, MPH • Secretary

DAVE RICHARD • Deputy Secretary, NC Medicaid

MEMORANDUM

TO: Mandy Cohen, MD, MPH
Secretary

FROM: Dave Richard 
Deputy Secretary for NC Medicaid

SUBJECT: State Plan Amendment
Title XIX, Social Security Act
Transmittal #2018-0007

DATE: September 26, 2018

Please find attached an amendment for North Carolina's State Plan under Title XIX of the Social Security Act for the Medical Assistance Program. The affected page is Attachment 3.1-A.1, Page 10a.

This state plan change will allow Medicaid to reimburse adult optical services, which include routine eye exams, prescription eyeglasses and medically necessary contact lenses provided to Medicaid beneficiaries 21 years of age and older.

This amendment is effective January 1, 2019.

Your approval of this state plan amendment is requested. If you have any questions or concerns, please contact Betty J. Staton or me at 919-855-4173.

DR:bjs

NC MEDICAID

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF HEALTH BENEFITS

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6.b. Optometrists' Services

(1) Routine eye exams and refractions are covered for recipients under 21 years of age once per year and for recipients 21 years of age and older once every two years, based on general medical practice as published in North Carolina Division of Medical Assistance's Medicaid clinical coverage policies on the Division's website at <http://www.dhhs.state.nc.us/dma/mp/mpindex.htm>. Additional routine eye exams and refractions may be authorized by the State Medicaid Agency, based on Medicaid clinical coverage policy and medical necessity.