

# NC MEDICAID DIVISION OF HEALTH BENEFITS

PREFERRED DRUG LIST REVIEW PANEL MEETING

#### **AGENDA**

Thursday, October 9, 2025, 1:00 p.m. – 5:00 p.m. Virtual Online Meeting

- I. Welcome
- II. Introductions / Medicaid Updates
- III. Overview of Panel Activities and Procedures
- IV. Drug Class Reviews, Review of Public Comments and Public Testimony

As a reminder, the PDL Panel meets once per quarter to make proposed changes. Additionally, every PDL category is reviewed at least once per calendar year. Public comments during the 30-day public comment period are allowed for categories that the State designates on the publicly posted document (any category with proposed additions and/or removals). Speakers at the PDL Panel meeting are only allowed for categories listed on the agenda for that meeting. The categories below contain recommendations that will require a vote by the PDL Panel. Those categories that are highlighted have no State recommendations but are open for discussion:

# **ANALGESICS**

- 1. Short Acting Schedule III-IV opioids/Analgesic Combinations
- 2. Neuropathic Pain

# **ANTICONVULSANTS**

- 1. Carbamazepine Derivatives
- 2. First Generation
- Second Generation

# ANTI-INFECTIVES – SYSTEMIC

1. Tetracycline Derivatives

## **BEHAVIORAL HEALTH**

1. Selective Serotonin Reuptake Inhibitor (SSRI)

## CARDIOVASCULAR

- 1. Cholesterol Lowering Agents
- 2. Coronary Vasodilators
- 3. Endothelin Receptor Antagonists
- 4. Inhaled Prostacyclin Analogs
- 5. Niacin Derivatives
- 6. Nitrate Combination
- 7. Platelet Inhibitors
- 8. Sympatholytics And Combinations
- 9. Cardiovascular, Other

# **CENTRAL NERVOUS SYSTEM**

- 1. Antimigraine Agents (CGRP Blocker/Modulators Preventative)
- 2. Tobacco Cessation

# **ENDOCRINOLOGY**

- 1. Hypoglycemics Injectable Rapid Acting Insulin Intermediate Acting Insulin
- Short Acting Insulin
- 3. GLP-1 Receptor Agonists and Combinations indicated for the treatment of Diabetes
- 4. Hypoglycemics Oral 2nd Generation Sulfonylureas
- 5. DPP-IV Inhibitors and Combinations
- 6. Meglitinides
- 7. SGLT-2 Inhibitors and Combinations

#### **GASTROINTESTINAL**

Bile Acid Salts

#### **GENITOURINARY/RENAL**

1. Benign Prostatic Hyperplasia Treatments

#### HEMATOLOGICS

- 1. Colony Stimulating Factors
- 2. Thrombopoiesis Stimulating Agents

#### **OPTHALMIC**

- 1. Allergic Conjunctivitis Agents
- 2. Antibiotics
- 3. Anti-inflammatory / Immunomodulator
- 4. Carbonic Anhydrase Inhibitors/Combinations

# **OSTEOPOROSIS**

1. Bone Resorption Suppression and Related Agents

## **TOPICALS**

- 1. Acne Agents
- 2. NSAIDS
- 3. Antiparasitics
- 4. Psoriasis
- 5. Rosacea Agents
- 6. Steroids (Low Potency)
- 7. Steroids (Medium Potency)
- 8. Steroids (Very High Potency)

# **MISCELLANEOUS**

- 1. Urea Cycle Disorder Treatments, Oral
- 2. Weight Management Agents (Non-Incretin Mimetics)
- 3. Immunomodulators, Atopic Dermatitis
- 4. Estrogen Agents, Combinations
- 5. Glucocorticoid Steroids, Oral
- 6. Cytokine And Cam Antagonists
- 7. Disposable Insulin Delivery Devices

# **Labeler Termination**

- 1. Drugs that are no longer Rebatable
- V. Closing comments and adjournment