

## STATE OF NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES

ROY COOPER
GOVERNOR

KODY H. KINSLEY
SECRETARY

August 3, 2023

James Scott, Director Division of Program Operations Department of Health & Human Services Centers for Medicare & Medicaid Services 601 East 12th Street Room 355 Kansas City, Missouri 64106

SUBJECT: State Plan Amendment

Title XIX, Social Security Act Transmittal #2023-0014

Dear Mr. Scott:

Please find attached an amendment for North Carolina's State Plan under Title XIX of the Social Security Act for the Medical Assistance Program. The affected pages are Attachment 3.1-A.1, Page 15a.2-C.3; Attachment 3.1-A.1, Page 15a.12-B; and Attachment 4.19-B, Section 13, Page 28.

This State Plan Change will allow Medicaid to reimburse for Clinically Managed Residential Withdrawal Management. This level of care will provide beneficiaries access to residential level of care to support withdrawal management that focuses on clinical interventions, with a special emphasis on peer and social supports, instead of medically managed and supervised withdrawal management. The 1115 Substance Use Disorder waiver demonstration also allows for this service to be provided to and billed for individuals residing in an Institute for Mental Disease (IMD.) The service is available for beneficiaries ages 18 and older.

The proposed effective date of the SPA is July 01, 2023.

Your approval of this state plan amendment is requested. If you have any questions or concerns, please contact me or Betty J. Staton at (919) 538-3215.

Sincerely,

Jay Ludlam
Deputy Secretary

Enclosures

Attachment 3.1-A.1 Page 15a.2-C.3

Staff qualifications for each specific service. (Continued)

| Service  | Age                      |   | Staff Qualifications |   |   |   |  |  |
|--|--------------------------|---|----------------------|---|---|---|--|--|
|  | Qualifications  Licensed |   | Authorization        | See Definitions for QP, AP, PP<br>in Text of SPA:  Service Ordered by: MD, Nurse<br>Practitioner, Physicians Assistant or<br>PhD Psychologist |   |   | Medical Coverage  Qualified Professional (QP), includes SA Professionals   |  |
|  |                          |   | Credentialed         |   |   |   |  |  |
| SA Non-<br>Medical<br>Community<br>Residential Tx  | X                        | X | Х                    | X   | X | X |  |  |
| SA Medically<br>Monitored<br>Residential Tx  | X                        | X | X                    | X   | X | X | X  | X  |
| Ambulatory<br>Detoxification   | X                        | Х | X                    | X   | X | X | X<br>(provides<br>assessment<br>w/n 24 hrs.)   | X<br>(provides<br>admission<br>assessment<br>/monitors<br>tx |
| Clinically<br>Managed<br>Residential<br>Withdrawal<br>Services                               |                          | Х | X                    | X   | X | X | X  | X  |
| Non-hospital<br>Medical<br>Detoxification  | X                        | X | X                    | X   | X | X | X<br>(provides<br>assessment<br>w/n 24 hrs.)   | X<br>(provides<br>admission<br>assessment<br>/monitors<br>tx |
| Medically Monitored or Alcohol Drug Addiction Tx Center Detoxification/ Crisis Stabilization | X                        | Х | X                    | X   | X | X | X Service delivered by medical and nursing staff/24 hour medically supervised evaluation and withdrawal management |  |

TN No: <u>23-0014</u>

Supersedes Approval Date: Effective Date:  $\underline{07/01/2023}$  TN No:  $\underline{\text{NEW}}$ 

## (xvi) Clinically Managed Residential Withdrawal Services - ASAM Level 3.2-WM

Clinically Managed Residential Withdrawal Services in ASAM Level 3.2-WM is an organized service that may be delivered by appropriately trained staff, who provide 24-hour supervision, observation, and support for individuals who are intoxicated or experiencing withdrawal. This service is designed to safely assist individuals through withdrawal without the need for on-site access to medical and nursing personnel. Programs are staffed to supervise self-administered medications for the management of withdrawal. Staffing includes a licensed physician and physician extender, licensed clinical addiction specialist, associate level licensed clinical addiction specialist or certified alcohol and drug counselor or certified substance abuse counselor and other appropriately credentialed personnel (qualified professionals, associate professionals, paraprofessionals, and certified peer support specialists). Services provided include clinical services to assess and address the needs of each individual, person centered plan development and implementation, appropriate medical services, individual and group counseling or therapy, withdrawal support, health education services, peer support services, and involvement of families and significant others as appropriate, and discharge or transfer planning (referral and linkage to counseling, medical, psychiatric, and continuing care). Documentation must include: a service note that includes the recipient's name, Medicaid identification number, date of service, purpose of contact, describes the provider's interventions, time spent performing the intervention, effectiveness of the intervention, and the signature of the staff providing the service. Concurrent review may occur after 72 hours of service has been rendered to determine on-going medical necessity. This service must be ordered by a medical doctor, PhD psychologist, nurse practitioner, or physician assistant.

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Attachment 4.19-B Section 13, Page 28

MEDICAL ASSISTANCE State: North Carolina

## PAYMENTS FOR MEDICAL AND REMEDIAL CARE AND SERVICE

28) Clinically Managed Residential Withdrawal Services (Adult – H0011)

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of Clinically Managed Residential Withdrawal Services. The agency's fee schedule rate of \$248.51 per diem was set as of July 1, 2023 and is effective for services provided on or after that date. The fee schedule is published on the agency's website at <a href="https://ncdhhs.servicenowservices.com/fee\_schedules">https://ncdhhs.servicenowservices.com/fee\_schedules</a>.

This service will be provided by direct enrolled Medicaid providers who may be either private or governmental. This service is not cost settled for any provider. This service is provided in accordance with Attachment 3.1-A.1 Page 15a. 12-B.

NC Medicaid is not reimbursing room and board for this service.

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