



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**  
Division of Health Benefits

**ROY COOPER** • Governor  
**KODY H. KINSLEY** • Secretary  
**JAY LUDLAM** • Deputy Secretary, NC Medicaid

**SIGNATURE REQUEST MEMORANDUM**

**TO:** Jay Ludlam <sup>DS</sup>  
**FROM:** Betty J. Staton, SPA Manager  
**RE:** State Plan Amendment  
  
Title XIX, Social Security Act  
Transmittal #2024-0023

**Purpose**

Attached for your review and signature is a Medicaid State Plan Amendment (Medically Monitored Intensive Inpatient Services) summarized below, and submitted on April 17, 2024, with a due date of April 25, 2024.

**Clearance**

This amendment has been reviewed for both accuracy and completeness by:

*Betty J. Staton, Emma Sandoe, Melanie Bush, Lotta Crabtree, Adam Levinson*

**Background and Summary of Request**

It is recommended that you sign this State Plan Amendment submission per Centers for Medicare and Medicaid Services (CMS) protocol as head of the Single State Agency administering the Medicaid program.

Please find attached a State Plan Amendment (SPA) that amends the Medicaid State Plan to expand the service to the adolescent population and align with ASAM Criteria, Level 3.7 (2013). This service is for an adult or adolescent beneficiary with a substance use disorder who needs intensive medical or psychological monitoring in a 24-hour setting. Medically Monitored Intensive Inpatient Services, The American Society of Addiction Medicine (ASAM) Criteria, Level 3.7 (2013), is a service included in the 1115 SUD Demonstration Waiver approved in October 2018.

The proposed effective date of the SPA is July 01, 2024.

Your approval of this State Plan Amendment is requested. If you have any questions or concerns, please contact me or Betty J. Staton at 919-538-3215.

13. d. Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services (continued)  
Description of Services

(xiv) Medically Monitored Intensive Inpatient Services ASAM Level 3.7  
(formerly known as Substance Abuse Medically Monitored Residential Treatment)

Medically Monitored Intensive Inpatient Services, for adults and Medically Monitored High-Intensity Inpatient Services for adolescents are services provided in a 24-hour non-hospital rehabilitation facility with intensive medical or psychological monitoring. Medically Monitored Intensive Inpatient Services is an American Society of Addiction Medicine (ASAM) Level 3.7 service that functions under a defined set of policies, procedures, and clinical protocols for a beneficiary whose biomedical and emotional, behavioral, or cognitive problems are so severe that they require subacute inpatient treatment, but who do not need the full resources of an acute care general hospital or a medically managed inpatient treatment program. This service is provided by a multidisciplinary team.

This service includes:

- Physical examination
- Alcohol and drug focused nursing evaluation
- Comprehensive clinical assessment
- Access to all approved Federal Drug Administration (FDA) medications for Medication Assisted Treatment (MAT) for a beneficiary that meets medical necessity for that service. MAT may be provided on-site by the provider or through a memorandum of agreement (MOA) or memorandum of understanding (MOU) with an off-site provider that is no further than 60 minutes from the facility
- Monitoring of the beneficiary to include the beneficiary's general condition and vital signs
- Monitoring of the beneficiary's progress and medication administration
- 24-hour access to emergency medical consultation services
- Behavioral health crisis interventions
- Laboratory and toxicology tests
- Education regarding prescribed medications, potential drug interactions and side effects
- Health education services
- Reproductive health education
- Individual and group counseling
- Specialized psychological and psychiatric consultation and supervision
- Peer support services
- Involvement and education of family members or individuals identified by the beneficiary as being important to their care and recovery, services that involve family or other collaterals are provided for the direct benefit of the beneficiary
- Assistance in accessing transportation services
- Linkage and referral for counseling, medical and psychiatric services for continued treatment, discharge, and transfer planning.

For adolescents, this service also includes:

- Initial withdrawal assessment within 24 hours of admission, or earlier if clinically warranted
- Daily withdrawal monitoring assessments and continuous availability of nursing evaluations
- Daily availability of medical evaluation, with continuous on-call coverage
- Coordination with other agencies and entities involved in the beneficiary's care (social services, juvenile justice, medical providers, care management providers)
- Coordinate with other agencies and entities involved in the beneficiary's care (social services, juvenile justice, medical providers, care management providers)
- Nursing or medical monitoring
- Pharmacologic therapies as needed
- Individual and group therapy specific to withdrawal, and withdrawal support.

This service is staffed by physicians, physician assistants, nurse practitioners, registered nurses, licensed practical nurses, Certified Clinical Supervisor (CCS), Licensed Clinical Addiction Specialist (LCAS), associate level LCAS, and Certified Substance Abuse Counselors (CSAC), certified alcohol and drug counselors (CADC), CADC-Intens (a CADC applicant who has passed the International Certification & Reciprocity Consortium (IC & RC) Alcohol and Drug Counselor Exam and completed 300 hours of supervised work with a Certified Clinical Supervisor (CCS) or Clinical Supervisor Intern (CSI) at a ratio of 1 hour of supervision per 10 hours of work), qualified professionals (QPs), associate professionals (APs) and paraprofessionals, and certified peer support specialists (CPSS). This service must be ordered by a physician, physician assistant, or nurse practitioner.

MEDICAL ASSISTANCE

State: North Carolina

PAYMENTS FOR MEDICAL AND REMEDIAL CARE AND SERVICE

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10) Medically Monitored Intensive Inpatient Services

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of Medically Monitored Intensive Inpatient Services. The agency's fee schedule rate of \$241.81 per diem (day) was set as of July 1, 2012 and is effective for services provided on or after that date. The fee schedule is published on the agency's website at [https://ncdhhs.servicenowservices.com/fee\\_schedules](https://ncdhhs.servicenowservices.com/fee_schedules)

Effective July 1, 2024, the agency's published Enhanced Mental Health Services fee schedule rates are effective for services provided on or after that date. The Enhanced Mental Health Services fee schedule is published on the Division of Health Benefits website at [https://ncdhhs.servicenowservices.com/fee\\_schedules](https://ncdhhs.servicenowservices.com/fee_schedules)

This service will be provided by direct enrolled Medicaid providers who may be either private or governmental. This service is not cost settled for any provider. This service is provided in accordance with Attachment 3.1-A.1 Page 15a.11-A, Paragraph 13.D, subparagraph (xiv).

The facilities providing this service are not IMD facilities and NC Medicaid is not reimbursing room and board for this service.

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TN No: 24-0023

Approval Date:

Effective Date: 07/01/2024

Supersedes

TN No: 14-032